

### MCAL Championships Top 10 All-Time Relay Teams

(as of 2023)

<u>GIRLS</u>					<u>4 x 50 Medley Relay</u>					<u>BOYS</u>					
1	Simkins	Morris	Jasko	Boyle	TERR	1:45.81	2017	1	Matthews	Green	Wait	Scruton	REDW	1:34.45	2022
2	Greenberg	Birchenough	Ayan-Eaton	Dohoney	REDW	1:46.74	2018	2	Albers	Manwaring-Muell	Parker	Foehr	TERR	1:34.85	2019
3	Sears	Birchenough	Duncan	McCarthy	REDW	1:46.84	2015	3	Mason	Horky	Schuman	Anderson	SRFD	1:35.52	2019
4	Cunnam	Morris	Jasko	Boyle	TERR	1:46.96	2016	4	Gattnar	Goldstein	Conklin	Glenn	TAMA	1:35.91	2022
5	Roth, D	Josef	Parsons	Slater	REDW	1:47.09	2009	5	Ma	Todebush	Fredrich	Dahlke	TAMA	1:35.92	2018
6	Roth, D	Josef	DeMont	Slater	REDW	1:47.74	2010	6	Lewczyk	Kurakin	Sowa	Schoenlein	REDW	1:36.02	2017
7	Dresel	Sullivan	Dalporto	Raukar	MCAT	1:47.76	2014	7	Gattnar	Goldstein	Sternfels	Gustavson	TAMA	1:36.07	2023
8	Cunnam	Morris	Jasko	Boyle	TERR	1:48.11	2015	8	Sullivan	Mason	Hanson	Hanson	SFRD	1:36.35	2018
9	Turner	Solomon	Wank	Loiacono	REDW	1:48.16	2023	9	Sowa	Kurakin	Collins	Scruton	REDW	1:36.48	2018
10	Schlueter	Winkler, B	Fineman	Winkler, M	TAMA	1:48.51	2010	10	Castro-Abrams	Mercurio	Campbell	Corbridge	SMHS	1:37.01	2012
<u>GIRLS</u>					<u>4 x 50 Freestyle Relay</u>					<u>BOYS</u>					
1	Watrous	Greenberg	Solomon	Ayan-Easton	REDW	1:37.37	2019	1	Cunnam	Turner	Lechner	Foehr	TERR	1:25.89	2017
2	Roth, D	Slater	Parsons	DeMont	REDW	1:37.37	2013	2	Cribben	Manwaring-Muell	Albers	Foehr	TERR	1:26.12	2019
3	Raukar	Dresel	Dalporto	Schlafer	MCAT	1:37.58	2013	3	Claypool	Keller	Sangster	Eggert	MCAT	1:26.86	2007
4	Morris	Jasko	Boyle	Simkins	TERR	1:37.87	2017	4	Glenn	Hettler	Andrews	Dahlke	TAMA	1:26.98	2016
5	Slater	Roth, B	Roth, D	DeMont	REDW	1:37.92	2010	5	Lechner	Mueller	Foehr	Cribbin	TERR	1:27.37	2018
6	Kreuzberger	Lee	Dresel	Thomason	MCAT	1:38.17	2012	6	Gustavson	Blacher	Stanford	Gattnar	TAMA	1:27.38	2023
7	Jasko	Boyle	Naftzger	Juarez	TERR	1:38.68	2018	7	Krilanovich	Manning	Anderson	Sher	AW	1:27.43	2023
8	Simkins	Boyle	Gerhold	Jasko	TERR	1:39.01	2016	8	Bigot	Williams	Love	Heim	TERR	1:27.45	2012
9	Kooy	Kiriakis	Tarantino	Quay	MCAT	1:39.17	2023	9	Venne	Sears	Mano	Young	SFRD	1:27.47	2014
10	Bellinger	Trautner	Sayadi	Kamal	REDW	1:39.33	2007	10	Andrews	Dahlke	Hettler	Carroll	TAMA	1:27.50	2015
<u>GIRLS</u>					<u>4 x 100 Freestyle Relay</u>					<u>BOYS</u>					
1	Raukar	Dresel	Dalporto	Schlafer	MCAT	3:32.69	2013	1	De Somma	Sowa	Collins	Kurakin	REDW	3:09.96	2016
2	Ayan-Eaton	Kallmeyer	Watrous	Greenberg	REDW	3:33.01	2019	2	Sullivan	Anderson	Mason	Hanson	SFRD	3:10.26	2018
3	Dohoney	Greenberg	Ayan-Easton	Birchenough	REDW	3:33.05	2018	3	Cunnam	Turner	Lechner	Mueller	TERR	3:10.59	2017
4	Kreuzberger	Lee	Dresel	Thomason	MCAT	3:33.34	2012	4	Scruton	Finnegan	Harlow	Collins	REDW	3:11.42	2019
5	Gerhold	Simkins	Cunnam	Morris	TERR	3:33.58	2016	5	Bigot	Farbman	Sambell	Gehlen	TERR	3:12.02	2013
6	Schlafer	Dresel	Dalporto	Raukar	MCAT	3:33.59	2014	6	De Somma	Racich	Peterson	Kurakin	REDW	3:12.03	2015
7	Parsons	Livingston	Karnai	Slater	REDW	3:34.75	2008	7	Collins	Sowa	Lewczyk	Kurakin	REDW	3:12.76	2017
8	Baca, Ki.	Whalen	Dahlke	Winkler, B	TAMA	3:35.19	2013	8	Andrews	Fredrich	Hettler	Dahlke	TAMA	3:13.20	2016
9	Roth, B	Livingston	DeMont	Sayadi	REDW	3:35.68	2009	9	Winder	Farbman	Bigot	Gehlen	TERR	3:13.31	2012
10	Slater	Roth, D	Bellinger	Trautner	REDW	3:36.12	2007	10	Bigot	Sambell	Turner	Gehlen	TERR	3:13.43	2014