

2023 MCAL Wrestling Schedule  
7 Team Schedule

Wednesday, January 04, 2023				Wednesday, January 11, 2023				Wednesday, January 18, 2023				Wednesday, January 25, 2023			
TL	AW	vs	T	SM	SM	vs	AW	SR	SR	vs	N	Z	T	vs	R
	TL	vs	T		N	vs	AW		TL	vs	N		N	vs	R
	AW	vs	TL		N	vs	SM		TL	vs	SR		T	vs	N
R	R	@	SM	TL @ R				SM @ T				TL @ SM			
	SR	@	SM	T @ SR				R @ AW				SR @ AW			
	SR	vs	R												
BYE															

TIME: weigh-ins 4 pm Match starts @ 5 pm

2022 Dual Finish used TIEBREAKING

1	Novato	5
2	Tamalpais	7
3	Redwood	4
4	San Marin	3
5	Terra Linda	2
6	Archie Williams	6
7	San Rafael	1

Starting Date: October 31, 2022  
 Maximum number of contests: 40  
 Official weigh in: Oct. 15, 2021 to January 15, 2022  
 Novice Tournament WED. NOV. 23RD @ TBD  
 MCAL Tournament: FEBRUARY 11TH

NCS team Championships FEBRUARY 4TH  
 NCS Individual Championship: FEBRUARY 17 - 18  
 CIF State Championships: FEBRUARY 23-25

Pre-season Meeting:  
 Post Season Meeting: