

North Bay League  
Joe Ellwood, Commissioner  
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10/11/23

# REDWOOD EMPIRE CONFERENCE FOOTBALL 2024 BAY DIVISION

Preseason Coaches Meeting:	TBA
First Day of Football Acclimation Period:	July 24th
First Day of Practice:	August 12th
First Date schools can play in a scrimmage, provided individuals have had at least ten days of practice.	August 23rd or 24th
First date schools can play in a game, provided the team has had at least 14 days of practice and individuals have had at least 10 days of practice.	August 28th
Number of games: 10 games. One (1) scrimmage is permissible prior to the first interscholastic contest (league or non-league) of the season.	
Post season/all-league selection meeting:	TBA

## FRIDAY, OCTOBER 11

Maria Carrillo at Analy  
Montgomery at Ukiah  
St. Vincent at Santa Rosa

## FRIDAY/SATURDAY, OCTOBER 18 OR 19

Analy at St. Vincent  
Ukiah at Santa Rosa  
Maria Carrillo at Montgomery

## FRIDAY, OCTOBER 25

Montgomery at Analy  
Santa Rosa at Maria Carrillo  
St. Vincent at Ukiah

## FRIDAY/SATURDAY, NOVEMBER 1 OR 2

Montgomery at St. Vincent  
Maria Carrillo at Ukiah  
Analy at Santa Rosa

## FRIDAY, NOVEMBER 8

St. Vincent at Maria Carrillo  
Ukiah at Analy  
Santa Rosa at Montgomery

### NCS/Les Schwab Tires Championships

Final date for leagues to determine qualifiers: November 9  
Final date for games other than NCS Championships: November 9  
NCS Entry forms due November 9 by 10:00 PM  
At Large meeting: November 10  
NCS Championships: November 15-16; 22-23; 29-30  
CIF Nor-Cal Regional Games: December 6-7  
CIF State Bowl Games: December 13-14  
Official ball sponsor: Wilson, NCS Staff Liaison: Bri Niemi, [bniemi@cifnccs.org](mailto:bniemi@cifnccs.org)