

2010 MCAL Swimming And Diving Championsh

Tamalpais High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

Event # 1 GIRLS 200Y MEDLEY RELAY				Event # 2 BOYS 200Y MEDLEY RELAY			
MCAL LEAGUE/NCS: Redwood 1:47.09 2009				MCAL LEAGUE/NCS: Marin Catholic 1:37.27 2007			
MCAL MEET: Redwood 1:47.09 2009				MCAL MEET: Marin Catholic 1:38.68 2007			
AUTOMATIC 1:53.48a				AUTOMATIC 1:42.46a			
CONSIDER. 2:03.99b				CONSIDER. 1:51.09b			
A FINAL RESULTS				A FINAL RESULTS			
1 REDWOOD HIGH SCHOOL A	REDW	1:47.74	a	1 TERRA LINDA A	TERR	1:38.01	*a
1 ROTH,DEBORAH 12	2 JOSEF,EMILY 10			1 WINDER,ALAN	2 DICKENS,LANE		
3 DEMONT,DEVON 12	4 SLATER,LAURA 12			3 WILLIAMS,TRENT	4 HEIM,ROBERT		
Splits: 26.51 31.70 26.43 23.10				Splits: 24.53 29.20 22.95 21.33			
2 TAMALPAIS A	TAMA	1:48.51	a	2 REDWOOD HIGH SCHOOL A	REDW	1:41.26	a
1 SCHLUETER,ERIN	2 WINKLER,BRIGITTE 9			1 JABRI,ALLAN 11	2 JAIME,IAN 9		
3 FINEMAN,MELISSA 10	4 WINKLER,MATTIE 12			3 DAVISON,RICHARD 10	4 FARAHMAND,MARCO 12		
Splits: 27.78 30.05 25.48 25.20				Splits: 25.99 29.50 23.87 21.90			
3 SIR FRANCIS DRAKE A	SFRD	1:49.11	a	3 SAN MARIN A	SMHS	1:42.17	a
1 LO,KAITLYN 12	2 ALVAREZ,LILIANA 12			1 CASTRO-ABRAMS,KENN 9	2 MERCURIO,THOMAS 10		
3 ALVAREZ,JULIA 12	4 KINSOLVING,BAILEY 10			3 NIELSEN,CHRIS 12	4 WINTER,CHARLIE 10		
Splits: 28.29 28.60 26.98 25.24				Splits: 25.66 27.53 25.39 23.59			
4 SAN MARIN A	SMHS	1:50.84	a	4 MARIN CATHOLIC A	MCAT	1:42.41	a
1 COCHRANE,SABRINA 18	2 BACA,KIM 9			1 SINNETT,JAMIE	2 HARTWIG,BRAD		
3 WILLIAMS,ASHLEY 18	4 BACA,KATIE 9			3 PATINO,NICK	4 DILSWORTH,ANDREW		
Splits: 28.19 31.13 25.60 25.92				Splits: 27.62 27.46 25.00 22.33			
5 NOVATO HIGH SCHOOL A	NOVA	1:57.03	b	5 TAMALPAIS A	TAMA	1:44.08	b
1 CUTTS,HANNAH	2 YAMAGATA,TAYLOR 12			1 WEBER,JOE	2 MCDONALD,RILEY		
3 EVERS,JUSTUS 9	4 COOPER,MEGAN			3 MATTOX,MIGUEL	4 LATIMER,BRENNAN		
Splits: 31.66 30.90 27.68 26.79				Splits: 26.71 29.75 25.24 22.38			
6 MARIN CATHOLIC A	MCAT	1:57.12	b	6 JUSTIN-SIENA A	JUST	1:49.08	b
1 GERRITY,REBECCA 11	2 NARO,LAUREN			1 STARR,SAM	2 CORLEY,HAYDEN		
3 FORD,RILEY	4 THOMASON,ALI			3 SEMIEN,ALEX	4 MEDAN,ILIIA		
Splits: 30.85 32.68 28.18 25.41				Splits: 26.12 29.45 28.04 25.47			
7 JUSTIN-SIENA A	JUST	2:05.31		7 SIR FRANCIS DRAKE A	SFRD	1:54.03	
1 GEYER,TEAL	2 GOLD,LAURA			1 RICHARDSON,CIAN 10	2 SCHWARTZ,ANDREW 11		
3 MENDIETA,XIMENA	4 KREUZBERGER,KIMMIE			3 AYRES,CHRIS 12	4 JUSTICE,ROBBIE 12		
Splits: 33.23 39.28 28.21 24.59				Splits: 29.57 31.12 28.55 24.79			
8 TERRA LINDA A	TERR	2:05.68		8 NOVATO HIGH SCHOOL A	NOVA	2:05.65	
1 HENRY,STEPHANIE 10	2 SALING,MORGAN			1 SHEETS,ANDREW 9	2 CLARK-VILASENOR,JAS		
3 CHARTON,KATIE 9	4 PEDLAR,EMMA			3 ADLER-IVANBROOK,BR 9	4 FORT,JORDAN 10		
Splits: 32.25 35.60 29.51 28.32				Splits: 29.63 34.45 34.66 26.91			
9 BULLDOGS A	SRAF	2:11.71		9 BULLDOGS A	SRAF	2:14.36	
1 VON DER LIPPE,JULIE	2 GRAY,ANNIE 12			1 HUINAC,ELVIS	2 IRWIN,RAFAEL		
3 HUINAC,CHABELI	4 SHARPE,SAMANTHA 12			3 HUINAC,JOHNNY	4 RIOS-MERWIN,KYLE		
Splits: 33.50 33.97 34.60 29.64				Splits: 37.53 38.01 30.87 27.95			
10 BRANSON A	BRAN	2:15.44		10 BRANSON A	BRAN	2:14.71	
1 DAVID,OLIVIA 9	2 BATTEY,EMMA 9			1 NAMDAR,CYRUS 9	2 SOLOMON,MATTHEW 11		
3 BURNAM,ROSE 9	4 BUEHLER,KATE 9			3 KUNSTLER,JOSHUA 12	4 BUIE,ANDREW 9		
Splits: 35.03 39.85 32.26 28.30				Splits: 35.15 39.91 28.50 31.15			
PRELIM RESULTS				PRELIM RESULTS			
1 TAMALPAIS A	TAMA	1:51.32	a	1 TERRA LINDA A	TERR	1:39.04	a
Splits: 28.58 30.05 27.14				Splits: 24.76 29.03 23.68			
2 SIR FRANCIS DRAKE A	SFRD	1:51.35	a	2 REDWOOD HIGH SCHOOL A	REDW	1:42.66	b
Splits: 28.71 29.80 27.08				Splits: 26.75 29.76 23.68 22.47			
3 SAN MARIN A	SMHS	1:52.90	a				
Splits: 28.83 31.42 26.60 26.05							
4 MARIN CATHOLIC A	MCAT	1:56.61	b				
Splits: 31.08 32.33 28.14 25.06							
5 NOVATO HIGH SCHOOL A	NOVA	1:57.33	b				
Splits: 30.80 31.70 27.39							
6 REDWOOD HIGH SCHOOL A	REDW	2:01.04	b				
Splits: 29.68 36.75 29.04							

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

3	SAN MARIN A				SMHS	1:42.73	b	2	BRIGITTE WINKLER	9	TAMA	1:57.84	b				
	Splits:	25.77	27.36	25.70	23.90				Splits:	27.33	57.98	[30.65]	1:28.66	[30.68]	1:57.84	[29.18]	
4	MARIN CATHOLIC A				MCAT	1:43.63	b	3	HANNAH CUTTS	10	NOVA	1:58.73	b				
	Splits:	27.87	28.21	25.06	22.49				Splits:	27.44	57.52	[30.08]	1:28.67	[31.15]	1:58.73	[30.06]	
5	TAMALPAIS A				TAMA	1:45.43	b	4	KIM BACA	9	SMHS	1:59.49	b				
	Splits:	26.46	30.22	26.04					Splits:	27.45	57.37	[29.92]	1:28.29	[30.92]			
6	JUSTIN-SIENA A				JUST	1:48.75	b	5	KIMMIE WINDER	10	TERR	2:00.63	b				
	Splits:	26.08	29.63	27.81	25.23				Splits:	28.07	58.17	[30.10]	1:29.39	[31.22]	2:00.63	[31.24]	
7	SIR FRANCIS DRAKE A				SFRD	1:56.20		6	SAMANTHA DAME	11	SRAF	2:02.38	b				
	Splits:	29.83	31.42	28.89					Splits:	27.65	58.46	[30.81]	1:30.24	[31.78]			
8	NOVATO HIGH SCHOOL A				NOVA	2:06.50		7	EMILY JOSEF	10	REDW	2:04.06					
	Splits:	30.15	32.47	34.99					Splits:	28.64	59.66	[31.02]	1:31.65	[31.99]			
9	BULLDOGS A				SRAF	2:19.08		8	JULIANA RIOS	12	REDW	2:04.33					
	Splits:	37.77	45.10	25.30					Splits:	27.94	59.34	[31.40]	1:31.86	[32.52]			
10	BRANSON A				BRAN	9:59.99		9	ALI COOPERSMITH	10	TAMA	2:07.02					
	Splits:	35.14	40.04	28.92					Splits:	28.57	1:00.03	[31.46]	1:33.56	[33.53]			
Event # 3 GIRLS 200Y FREESTYLE																	
MCAL LEAGUE/NCS:D.Roth Redwood 1:48.64 2009																	
MCAL MEET:D.Roth Redwood 1:52.54 2009																	
AUTOMATIC 1:56.05a																	
CONSIDER. 2:02.79b																	
A FINAL RESULTS																	
1	DEBORAH ROTH				12	REDW	1:54.73	a	14	EMILY DE SURVILLE	10	MCAT	2:13.33				
	Splits:	27.08	56.15	[29.07]	1:25.50	[29.35]	1:54.73	[29.23]		Splits:	31.08	1:05.03	[33.95]	1:39.71	[34.68]		
2	KIM BACA				9	SMHS	1:56.23	b	15	PAIGE LYONS	10	MCAT	2:15.48				
	Splits:	27.62	57.12	[29.50]	1:26.86	[29.74]	1:56.23	[29.37]		Splits:	29.28	1:02.54	[33.26]	2:15.48	[1:12.94]		
3	BRIGITTE WINKLER				9	TAMA	1:57.74	b	16	HANNAH HEYWORTH	11	SFRD	2:16.66				
	Splits:	27.51	57.42	[29.91]	1:27.78	[30.36]	1:57.74	[29.96]		Splits:	29.93	1:03.88	[33.95]	1:39.89	[36.01]	2:16.66	[36.77]
4	HANNAH CUTTS				10	NOVA	2:00.33	b	17	LESLIE SCHMITZ	9	SFRD	2:16.70				
	Splits:	27.73	58.08	[30.35]	1:30.01	[31.93]	2:00.33	[30.32]		Splits:	30.52	1:05.00	[34.48]	1:41.20	[36.20]	2:16.70	[35.50]
5	KIMMIE WINDER				10	TERR	2:00.60	b	18	CECILIA CACCIATORE	12	MCAT	2:16.96				
	Splits:	27.48	58.23	[30.75]	1:29.91	[31.68]	2:00.60	[30.69]		Splits:	30.75	1:05.28	[34.53]	1:41.06	[35.78]	2:16.96	[35.90]
6	JULIANA RIOS				12	REDW	2:02.87		19	RACHEL SMITH	10	SMHS	2:17.59				
	Splits:	28.85	59.85	[31.00]	1:31.66	[31.81]	2:02.87	[31.21]		Splits:	30.73	1:06.09	[35.36]	1:42.59	[36.50]		
7	SAMANTHA DAME				11	SRAF	2:03.96		20	KARA NORTON	11	REDW	2:19.15				
	Splits:	27.96	58.68	[30.72]	1:31.03	[32.35]	2:03.96	[32.93]		Splits:	30.91	1:05.56	[34.65]	1:42.10	[36.54]		
8	EMILY JOSEF				10	REDW	2:06.33		21	ISABELLA SALMI	9	BRAN	2:20.83				
	Splits:	29.07	1:00.99	[31.92]	1:33.65	[32.66]	2:06.33	[32.68]		Splits:	31.20	1:06.88	[35.68]	1:43.97	[37.09]	2:20.83	[36.86]
B FINAL RESULTS																	
9	ALI COOPERSMITH				10	TAMA	2:05.51		22	IZZY FLAX	10	TAMA	2:20.89				
	Splits:	28.76	1:00.24	[31.48]	1:33.53	[33.29]	2:05.51	[31.98]		Splits:	31.09	1:06.72	[35.63]	1:44.08	[37.36]	2:20.89	[36.81]
10	MICHELLE KANNE				12	REDW	2:08.14		23	KYRA MANGAN	10	REDW	2:28.85				
	Splits:	29.65	1:01.75	[32.10]	1:35.07	[33.32]	2:08.14	[33.07]		Splits:	35.20	1:14.34	[39.14]	1:53.22	[38.88]	2:28.85	[35.63]
11	NINA WHEELER				10	SFRD	2:08.98		24	CAROLYN MONTALADO	12	SRAF	2:28.87				
	Splits:	28.70	1:00.34	[31.64]	1:34.38	[34.04]	2:08.98	[34.60]		Splits:	32.26	1:09.68	[37.42]	1:50.36	[40.68]	2:28.87	[38.51]
12	REBECCA GERRITY				11	MCAT	2:09.34		25	LILY FRANCIS	12	SRAF	2:29.53				
	Splits:	29.09	1:00.90	[31.81]	1:35.39	[34.49]	2:09.34	[33.95]		Splits:	32.52	1:10.05	[37.53]	1:49.79	[39.74]		
13	CARLY OHMART				9	TERR	2:09.37		26	STEPHANIE GRIFFIN	11	REDW	2:32.61				
	Splits:	30.27	1:03.17	[32.90]	1:36.71	[33.54]	2:09.37	[32.66]		Splits:	33.68	1:12.28	[38.60]	1:52.69	[40.41]	2:32.61	[39.92]
14	EMILY DE SURVILLE				10	MCAT	2:12.90		27	SALLY BRANSCUM	12	SMHS	2:32.90				
	Splits:	30.82	1:03.94	[33.12]	1:38.69	[34.75]	2:12.90	[34.21]		Splits:	33.28	1:10.99	[37.71]	1:52.19	[41.20]	2:32.90	[40.71]
15	HANNAH HEYWORTH				11	SFRD	2:14.35		28	EMMA MACKIE	9	SFRD	2:33.36				
	Splits:	29.93	1:03.79	[33.86]	1:38.87	[35.08]	2:14.35	[35.48]		Splits:	33.25	1:12.15	[38.90]	1:53.04	[40.89]		
16	PAIGE LYONS				10	MCAT	2:14.41		29	MARISA MCDONALD	10	TAMA	2:33.77				
	Splits:	1:04.79	1:39.67	[34.88]	2:14.41	[34.74]			Splits:	32.85	1:10.72	[37.87]	1:51.98	[41.26]	2:33.77	[41.79]	
PRELIM RESULTS																	
1	DEBORAH ROTH				12	REDW	1:56.33	b	30	ERIN BROUGHAN	11	REDW	2:35.96				
	Splits:	27.45	58.01	[30.56]	1:26.27	[28.26]			Splits:	34.87	1:15.56	[40.69]	1:56.84	[41.28]	2:35.96	[39.12]	
									31	MIRISA BOOTH	11	REDW	2:36.37				
									Splits:	35.24	1:15.82	[40.58]	1:56.87	[41.05]			

2010 MCAL Swimming And Diving Championsh

Tamalpais High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

32 ERIN BROWNE	9	REDW	2:40.97	5 JON BEVILACQUA	10	SFRD	1:50.01	b
Splits: 34.34 1:14.21 [39.87] 1:57.54 [43.33] 2:40.97 [43.43]				Splits: 25.70 53.13 [27.43] 1:21.87 [28.74]				
33 LILY LU	12	NOVA	2:42.55	6 LUKE SOHN	10	TAMA	1:51.13	
Splits: 34.90 1:15.87 [40.97] 1:59.43 [43.56]				Splits: 26.02 54.80 [28.78] 1:23.63 [28.83]				
34 TAYLOR SAUNDERS	9	NOVA	2:45.02	7 ALLAN JABRI	11	REDW	1:51.21	
Splits: 36.69 1:17.84 [41.15] 2:02.05 [44.21]				Splits: 25.56 53.65 [28.09] 1:22.49 [28.84]				
35 GENEVIEVE KEMP	12	NOVA	2:50.55	8 TANNER NAGY	11	TAMA	1:51.26	
Splits: 37.20 1:20.81 [43.61] 2:06.89 [46.08]				Splits: 24.83 52.32 [27.49] 1:21.75 [29.43]				
SF JACKIE GANNON	12	REDW	2:12.78	9 DAVID ZIMMERMAN	12	SRAF	1:51.80	
Splits: 29.71 1:02.23 [32.52] 1:37.52 [35.29] 2:12.78 [35.26]				Splits: 26.29 54.69 [28.40] 1:23.53 [28.84] 1:51.80 [28.27]				
				10 SPENCER DOMINY	9	NOVA	1:52.92	
				Splits: 25.17 53.05 [27.88] 1:22.54 [29.49] 1:52.92 [30.38]				
				11 ALEX HENRY	9	TERR	1:54.26	
				Splits: 26.72 55.32 [28.60] 1:24.64 [29.32]				
				12 RILEY SHINE	12	TAMA	1:58.24	
				Splits: 25.93 54.58 [28.65] 1:25.25 [30.67]				
				13 JOE PEGUERO	12	MCAT	1:58.34	
				Splits: 26.73 56.33 [29.60] 1:27.38 [31.05]				
				14 NICK PATINO	10	MCAT	1:58.37	
				Splits: 26.63 56.81 [30.18] 1:28.30 [31.49]				
				15 ZACK COHEN	9	REDW	2:01.02	
				Splits: 28.02 58.88 [30.86] 1:30.13 [31.25]				
				16 KIRK WARNER	12	MCAT	2:04.33	
				Splits: 27.86 59.10 [31.24] 1:31.49 [32.39]				
				17 CHRIS AYRES	12	SFRD	2:05.36	
				Splits: 28.65 1:00.41 [31.76] 1:32.87 [32.46]				
				18 JEREMY TSYPORIN	10	TAMA	2:06.26	
				Splits: 28.83 1:00.67 [31.84] 1:34.03 [33.36]				
				19 ROBBIE JUSTICE	12	SFRD	2:06.44	
				Splits: 28.95 1:00.48 [31.53] 1:33.42 [32.94]				
				20 ANDREW KULP	10	SMHS	2:07.33	
				Splits: 28.88 1:00.59 [31.71] 1:34.23 [33.64]				
				21 SPENCER GALLI	9	SFRD	2:08.18	
				Splits: 28.25 1:00.72 [32.47] 1:34.84 [34.12]				
				22 SEAN RULE	10	TERR	2:09.25	
				Splits: 28.82 1:00.61 [31.79] 1:35.09 [34.48]				
				23 JOHN WINSOR	9	SMHS	2:14.55	
				Splits: 30.08 1:03.32 [33.24] 2:14.55 [1:11.23]				
				24 SAM MAXIM	12	TERR	2:15.51	
				Splits: 28.50 1:01.21 [32.71] 1:37.71 [36.50]				
				25 ZACH SOHN	11	TAMA	2:16.01	
				Splits: 28.53 1:02.73 [34.20] 1:40.25 [37.52]				
				26 GAREN MAHMOUDI	9	NOVA	2:24.50	
				Splits: 32.99 1:09.17 [36.18] 1:47.04 [37.87]				
				27 CYRUS NAMDAR	9	BRAN	2:25.12	
				Splits: 31.39 1:08.12 [36.73] 1:47.23 [39.11]				

Event # 4 BOYS 200Y FREESTYLE

MCAL LEAGUE/NCS:C.Hennessy Sir Francis Drake 1:39.99 2007

MCAL MEET:C.Packer Branson 1:40.26 2009

AUTOMATIC 1:45.77a

CONSIDER. 1:50.99b

A FINAL RESULTS

1 ALAN WINDER	10	TERR	1:41.82	a
Splits: 24.02 50.23 [26.21] 1:15.53 [25.30] 1:41.82 [26.29]				
2 SHINTARO NOGUCHI	12	REDW	1:42.93	a
Splits: 23.95 50.38 [26.43] 1:16.64 [26.26] 1:42.93 [26.29]				
3 SCOTT STASKUS	12	SFRD	1:47.98	b
Splits: 24.94 51.86 [26.92] 1:19.67 [27.81] 1:47.98 [28.31]				
4 THOMAS CARROLL	9	MCAT	1:48.47	b
Splits: 25.11 52.55 [27.44] 1:20.87 [28.32] 1:48.47 [27.60]				
5 ALLAN JABRI	11	REDW	1:49.61	b
Splits: 25.52 53.11 [27.59] 1:21.28 [28.17] 1:49.61 [28.33]				
6 TANNER NAGY	11	TAMA	1:50.61	b
Splits: 24.75 52.12 [27.37] 1:21.52 [29.40] 1:50.61 [29.09]				
7 LUKE SOHN	10	TAMA	1:51.59	
Splits: 26.01 54.00 [27.99] 1:23.28 [29.28]				
8 JON BEVILACQUA	10	SFRD	1:51.75	
Splits: 25.60 53.60 [28.00] 1:22.47 [28.87] 1:51.75 [29.28]				

B FINAL RESULTS

9 DAVID ZIMMERMAN	12	SRAF	1:51.34	
Splits: 26.23 54.25 [28.02] 1:22.93 [28.68] 1:51.34 [28.41]				
10 SPENCER DOMINY	9	NOVA	1:54.06	
Splits: 25.66 54.06 [28.40] 1:24.18 [30.12] 1:54.06 [29.88]				
11 ALEX HENRY	9	TERR	1:54.78	
Splits: 27.51 56.15 [28.64] 1:25.73 [29.58] 1:54.78 [29.05]				
12 RILEY SHINE	12	TAMA	1:55.77	
Splits: 26.54 55.14 [28.60] 1:25.27 [30.13] 1:55.77 [30.50]				
13 NICK PATINO	10	MCAT	1:56.14	
Splits: 27.00 56.38 [29.38] 1:26.57 [30.19] 1:56.14 [29.57]				
14 JOE PEGUERO	12	MCAT	1:59.20	
Splits: 27.57 58.46 [30.89] 1:29.29 [30.83] 1:59.20 [29.91]				
15 ZACK COHEN	9	REDW	1:59.67	
Splits: 28.13 59.44 [31.31] 1:30.23 [30.79] 1:59.67 [29.44]				
16 KIRK WARNER	12	MCAT	2:03.68	
Splits: 27.93 58.16 [30.23] 1:30.57 [32.41] 2:03.68 [33.11]				

PRELIM RESULTS

1 SHINTARO NOGUCHI	12	REDW	1:43.28	a
Splits: 23.71 49.24 [25.53] 1:15.89 [26.65]				
2 ALAN WINDER	10	TERR	1:44.71	a
Splits: 23.92 50.51 [26.59] 1:17.72 [27.21] 1:44.71 [26.99]				
3 THOMAS CARROLL	9	MCAT	1:48.22	b
Splits: 24.65 51.94 [27.29] 1:20.12 [28.18]				
4 SCOTT STASKUS	12	SFRD	1:49.12	b
Splits: 25.63 52.98 [27.35] 1:21.36 [28.38]				

Event # 5 GIRLS 200Y INDIVIDUAL MEDLEY

MCAL LEAGUE/NCS:B.Hanley San Rafael 2:01.45 1989

MCAL MEET:B.Hanley San Rafael 2:08.33 1989

AUTOMATIC 2:09.68a

CONSIDER. 2:18.69b

A FINAL RESULTS

1 SABRINA COCHRANE	12	SMHS	2:09.10	a
Splits: 27.75 59.77 [32.02] 1:37.44 [37.67] 2:09.10 [31.66]				
2 JULIA ALVAREZ	12	SFRD	2:10.82	b
Splits: 28.21 1:02.06 [33.85] 1:39.60 [37.54] 2:10.82 [31.22]				
3 LILIANA ALVAREZ	12	SFRD	2:10.94	b
Splits: 29.06 1:03.96 [34.90] 1:40.12 [36.16] 2:10.94 [30.82]				

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

4	MADISON LIVINGSTON	11	REDW	2:12.36	b	17	ROSE BURNAM	9	BRAN	2:38.07				
	Splits:	28.99	1:03.18	[34.19]	1:41.05	[37.87]	2:12.36	[31.31]	Splits:	32.65	1:14.18	[41.53]	1:59.30	[45.12]
5	ERIN SCHLUETER	12	TAMA	2:12.43	b	18	NICOLE HARRINGTON	12	NOVA	2:38.26				
	Splits:	28.87	1:01.14	[32.27]	1:40.52	[39.38]	2:12.43	[31.91]	Splits:	32.79	1:13.18	[40.39]	2:01.49	[48.31]
6	TAYLOR YAMAGATA	12	NOVA	2:19.34		19	EMMA JONES	9	SFRD	2:38.73				
	Splits:	29.20	1:05.14	[35.94]	1:44.66	[39.52]	2:19.34	[34.68]	Splits:	32.34	1:11.96	[39.62]	2:01.78	[49.82]
7	BAILEY KINSOLVING	10	SFRD	2:22.39		20	DANIELLE CARLOS	12	SMHS	2:38.80				
	Splits:	30.50	1:05.39	[34.89]	1:48.44	[43.05]	2:22.39	[33.95]	Splits:	31.92	1:12.87	[40.95]	1:59.80	[46.93]
8	KIMMY PELFINI	10	REDW	2:23.75		21	Yael ZOKEN	9	SRAF	2:44.23				
	Splits:	29.23	1:05.55	[36.32]	1:48.75	[43.20]	2:23.75	[35.00]	Splits:	35.15	1:18.74	[43.59]	2:07.60	[48.86]

B FINAL RESULTS

9	XIMENA MENDIETA	9	JUST	2:24.89		22	LILLY KONTTINEN	9	REDW	2:50.06				
	Splits:	30.39	1:07.68	[37.29]	1:52.16	[44.48]	2:24.89	[32.73]	Splits:	37.52	1:20.29	[42.77]	2:10.35	[50.06]
10	SAMANTHA SHARPE	12	SRAF	2:26.63		23	OPHELIA PEDERSEN	11	SMHS	2:54.66				
	Splits:	32.08	1:09.77	[37.69]	1:52.88	[43.11]	2:26.63	[33.75]	Splits:	38.53	1:17.87	[39.34]	2:10.71	[52.84]
11	KAYLIN CLAYPOOL	11	MCAT	2:28.60		24	EMMALINE MEILL	9	REDW	2:55.65				
	Splits:	31.58	1:09.44	[37.86]	1:53.12	[43.68]	2:28.60	[35.48]	Splits:	36.72	1:24.16	[47.44]	2:14.96	[50.80]
12	ELIZABETH CASTRO-ABRAMS	12	SMHS	2:28.86		25	CHABELI HUINAC	9	SRAF	2:55.88				
	Splits:	31.29	1:07.66	[36.37]	1:54.31	[46.65]	2:28.86	[34.55]	Splits:	35.57	1:21.80	[46.23]	2:12.57	[50.77]
13	JEANNE SHEPHERD	9	TAMA	2:30.69		26	CELIA DATTELS	10	BRAN	3:05.29				
	Splits:	31.42	1:10.67	[39.25]	1:56.60	[45.93]	2:30.69	[34.09]	Splits:	42.07	1:30.16	[48.09]	2:24.97	[54.81]
14	CAITLIN JACOBS	9	REDW	2:32.24		27	MADISON WILSON	9	MCAT	3:05.63				
	Splits:	33.64	1:13.69	[40.05]	1:57.51	[43.82]	2:32.24	[34.73]	Splits:	41.58	1:29.25	[47.67]	2:23.75	[54.50]
15	KATIE CHARTON	9	TERR	2:33.46		28	LEAH GULIASI	12	TERR	3:07.66				
	Splits:	32.69	1:11.99	[39.30]	1:59.37	[47.38]	2:33.46	[34.09]	Splits:	42.05	1:30.70	[48.65]	2:24.58	[53.88]
16	SAMI HARVEY	10	TAMA	2:35.24			JEANETTE DENNY	10	NOVA	DQ				
	Splits:	32.99	1:09.71	[36.72]	1:58.02	[48.31]	2:35.24	[37.22]	Splits:	44.27	1:38.07	[53.80]	2:32.91	[54.84]

PRELIM RESULTS

1	SABRINA COCHRANE	12	SMHS	2:10.27	b	
	Splits:	28.47	1:01.62	[33.15]	1:38.97	[37.35]
2	JULIA ALVAREZ	12	SFRD	2:12.61	b	
	Splits:	28.43	1:03.83	[35.40]	1:41.21	[37.38]
3	LILIANA ALVAREZ	12	SFRD	2:15.22	b	
	Splits:	30.14	1:05.83	[35.69]	1:42.14	[36.31]
4	ERIN SCHLUETER	12	TAMA	2:17.14	b	
	Splits:	29.43	1:04.07	[34.64]	1:44.05	[39.98]
4	MADISON LIVINGSTON	11	REDW	2:17.14	b	
	Splits:	30.30	1:05.33	[35.03]	1:45.54	[40.21]
6	TAYLOR YAMAGATA	12	NOVA	2:17.54	b	
	Splits:	29.11	1:05.46	[36.35]	1:44.13	[38.67]
7	BAILEY KINSOLVING	10	SFRD	2:22.53		
	Splits:	31.02	1:05.66	[34.64]	1:48.57	[42.91]
8	KIMMY PELFINI	10	REDW	2:22.63		
	Splits:	29.35	1:07.79	[38.44]	1:48.68	[40.89]
9	XIMENA MENDIETA	9	JUST	2:26.09		
	Splits:	31.12	1:08.68	[37.56]	1:52.89	[44.21]
10	KAYLIN CLAYPOOL	11	MCAT	2:28.75		
	Splits:	31.37	1:08.48	[37.11]	1:52.23	[43.75]
11	KATIE CHARTON	9	TERR	2:29.34		
	Splits:	31.46	1:09.19	[37.73]	1:55.64	[46.45]
12	SAMANTHA SHARPE	12	SRAF	2:29.42		
	Splits:	32.95	1:11.17	[38.22]	1:55.34	[44.17]
13	JEANNE SHEPHERD	9	TAMA	2:31.06		
	Splits:	31.02	1:10.19	[39.17]	1:55.52	[45.33]
14	ELIZABETH CASTRO-ABRAMS	12	SMHS	2:31.55		
	Splits:	31.27	1:08.28	[37.01]	1:56.77	[48.49]
15	CAITLIN JACOBS	9	REDW	2:36.83		
	Splits:	33.64	1:15.40	[41.76]	2:00.67	[45.27]
16	SAMI HARVEY	10	TAMA	2:37.45		
	Splits:	33.36	1:10.74	[37.38]	2:00.07	[49.33]

Event # 6 BOYS 200Y INDIVIDUAL MEDLEY

MCAL LEAGUE/NCS:J.Smith Drake 1:51.79 2003

MCAL MEET:A.Morrill San Marin 1:52.30 1975

AUTOMATIC 2:00.71a

CONSIDER. 2:08.69b

A FINAL RESULTS

1	SANDY BOLE	11	REDW	1:56.77	a	
	Splits:	25.35	54.73	[29.38]	1:28.62	[33.89]
2	KENNETH CASTRO-ABRAMS	9	SMHS	2:02.48	b	
	Splits:	25.77	54.89	[29.12]	1:32.76	[37.87]
3	THOMAS MERCURIO	10	SMHS	2:02.69	b	
	Splits:	26.80	59.25	[32.45]	1:33.98	[34.73]
4	HAYDEN CORLEY	9	JUST	2:06.11	b	
	Splits:	28.11	59.95	[31.84]	1:35.96	[36.01]
5	JOE WEBER	10	TAMA	2:07.27	b	
	Splits:	27.34	59.66	[32.32]	1:38.46	[38.80]
6	IAN JAIME	9	REDW	2:09.27		
	Splits:	27.89	59.95	[32.06]	1:37.64	[37.69]
7	RILEY SYKES	10	TAMA	2:11.15		
	Splits:	27.02	1:00.20	[33.18]	1:39.82	[39.62]
8	JAKE SEIJAS	11	MCAT	2:12.68		
	Splits:	28.41	1:03.81	[35.40]	1:42.67	[38.86]

B FINAL RESULTS

9	LANE DICKENS	12	TERR	2:12.80		
	Splits:	28.90	1:04.60	[35.70]	1:41.05	[36.45]
10	BRENDAN SANGSTER	12	TERR	2:14.44		
	Splits:	28.96	1:00.89	[31.93]	1:43.32	[42.43]
11	ANDREW SCHWARTZ	11	SFRD	2:19.03		
	Splits:	29.37	1:06.83	[37.46]	1:46.38	[39.55]
12	CIAN RICHARDSON	10	SFRD	2:19.49		
	Splits:	30.39	1:04.95	[34.56]	1:47.95	[43.00]
13	NICK WHITEHEAD	11	TERR	2:19.62		
	Splits:	31.22	1:07.12	[35.90]	1:46.92	[39.80]

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10

14	SASHA LEIDMAN	12	TAMA	2:19.95	
	Splits: 30.64 1:06.24 [35.60]		1:46.03 [39.79]	2:19.95 [33.92]	
15	DANIEL CASTAGNOLA	9	MCAT	2:23.28	
	Splits: 29.83 1:06.12 [36.29]		1:50.75 [44.63]	2:23.28 [32.53]	
16	JOSHUA KUNSTLER	12	BRAN	2:29.07	
	Splits: 30.41 1:08.50 [38.09]		1:52.41 [43.91]	2:29.07 [36.66]	
PRELIM RESULTS					
1	SANDY BOLE	11	REDW	2:01.37 b	
	Splits: 25.69 56.47 [30.78]		1:31.70 [35.23]		
2	KENNETH CASTRO-ABRAMS	9	SMHS	2:02.00 b	
	Splits: 25.71 54.89 [29.18]		1:32.47 [37.58]		
3	THOMAS MERCURIO	10	SMHS	2:03.20 b	
	Splits: 26.88 59.42 [32.54]		1:33.83 [34.41]		
4	HAYDEN CORLEY	9	JUST	2:07.14 b	
	Splits: 28.10 59.99 [31.89]		1:36.64 [36.65]		
5	JOE WEBER	10	TAMA	2:09.74	
	Splits: 26.98 1:00.36 [33.38]		1:40.45 [40.09]	2:09.74 [29.29]	
6	IAN JAIME	9	REDW	2:09.77	
	Splits: 27.66 1:00.26 [32.60]		1:37.52 [37.26]	2:09.77 [32.25]	
7	RILEY SYKES	10	TAMA	2:10.32	
	Splits: 27.05 59.49 [32.44]		1:39.44 [39.95]		
8	JAKE SEIJAS	11	MCAT	2:13.05	
	Splits: 28.67 1:04.38 [35.71]		1:43.24 [38.86]		
9	LANE DICKENS	12	TERR	2:14.60	
	Splits: 27.43 1:04.77 [37.34]		1:40.81 [36.04]	2:14.60 [33.79]	
10	BRENDAN SANGSTER	12	TERR	2:14.88	
	Splits: 29.54 1:02.02 [32.48]		1:43.79 [41.77]	2:14.88 [31.09]	
11	ANDREW SCHWARTZ	11	SFRD	2:18.09	
	Splits: 29.65 1:05.47 [35.82]		1:45.66 [40.19]		
12	NICK WHITEHEAD	11	TERR	2:20.12	
	Splits: 30.83 1:06.57 [35.74]		1:46.64 [40.07]		
13	CIAN RICHARDSON	10	SFRD	2:20.34	
	Splits: 30.31 1:04.91 [34.60]		1:47.94 [43.03]		
14	SASHA LEIDMAN	12	TAMA	2:22.93	
	Splits: 31.05 1:08.47 [37.42]		1:48.96 [40.49]	2:22.93 [33.97]	
15	JOSHUA KUNSTLER	12	BRAN	2:26.46	
	Splits: 29.79 1:07.90 [38.11]		1:50.84 [42.94]		
16	DANIEL CASTAGNOLA	9	MCAT	2:26.60	
	Splits: 29.79 1:06.94 [37.15]		1:52.76 [45.82]	2:26.60 [33.84]	
17	NICK FARR	12	TAMA	2:29.00	
	Splits: 32.42 1:09.38 [36.96]		1:54.33 [44.95]		
18	JOHNNY HUINAC	12	SRAF	2:37.24	
	Splits: 31.34 1:15.88 [44.54]		2:00.48 [44.60]		
19	DANNY LOFTUS	10	MCAT	2:37.45	
	Splits: 32.48 1:13.52 [41.04]		1:59.16 [45.64]		
20	BRONIMI ADLER-IVANBROOK	9	NOVA	2:53.63	
	Splits: 35.63 1:20.79 [45.16]		2:11.02 [50.23]		
21	MICHAEL STOMPE	10	SMHS	2:58.28	
	Splits: 40.10 1:31.45 [51.35]		2:19.29 [47.84]		
	STEPHEN GAVNEY	9	MCAT	DQ	
	Splits: 34.10 1:15.58 [41.48]		1:58.62 [43.04]	2:32.85 [34.23]	
	RYAN MORSHEAD	10	SFRD	DQ	
	Splits: 31.71 1:11.53 [39.82]		1:54.84 [43.31]	2:38.02 [43.18]	

Event # 7 GIRLS 50Y FREESTYLE

MCAL LEAGUE/NCS:K.Murphy Marin Catholic :22.89 2009

MCAL MEET:K.Murphy Marin Catholic :23.03 2009

AUTOMATIC :24.32a

CONSIDER. :25.99b

A FINAL RESULTS

1	KATHRYN MURPHY	12	MCAT	23.20 a
2	LAURA SLATER	12	REDW	23.91 a
3	ASHLEY WILLIAMS	12	SMHS	24.21 a
4	KIMMIE KREUZBERGER	10	JUST	24.58 b
5	ALEXIS LEE	10	MCAT	24.96 b
6	DEVON DEMONT	12	REDW	25.62 b
7	BECCA ROTH	10	REDW	25.67 b
8	ALYSSA SANDNER	12	REDW	25.94 b

B FINAL RESULTS

9	RILEY FORD	11	MCAT	25.81 b
10	ALI THOMASON	10	MCAT	25.94 b
11	JULIA WHITLEY	9	SFRD	26.85
12	CLAIRE LANG	10	SRAF	26.98
13	BROOKIE HOLLANDER	10	SFRD	27.23
14	JENNA WALLACE	10	TAMA	27.31
15	KRISTIN SATO	11	TAMA	27.44
16	JULIETTE RETORNAZ	10	TERR	27.76

PRELIM RESULTS

1	KATHRYN MURPHY	12	MCAT	24.22 a
2	LAURA SLATER	12	REDW	24.29 a
3	KIMMIE KREUZBERGER	10	JUST	24.66 b
4	ASHLEY WILLIAMS	12	SMHS	25.06 b
5	ALEXIS LEE	10	MCAT	25.26 b
6	BECCA ROTH	10	REDW	25.66 b
7	ALYSSA SANDNER	12	REDW	25.69 b
8	DEVON DEMONT	12	REDW	25.79 b
9	RILEY FORD	11	MCAT	26.00
10	ALI THOMASON	10	MCAT	26.07
11	JULIA WHITLEY	9	SFRD	26.99
12	CLAIRE LANG	10	SRAF	27.10
12	KRISTIN SATO	11	TAMA	27.10
14	JENNA WALLACE	10	TAMA	27.32
15	BROOKIE HOLLANDER	10	SFRD	27.39
16	JULIETTE RETORNAZ	10	TERR	27.86
17	MEGAN COOPER	12	NOVA	28.03
18	AMY HIGGINS	9	TERR	28.29
19	JAZMIN GARDNER	9	SFRD	28.41
20	TEAL GEYER	11	JUST	28.49
21	BROOKE WOLFORD	10	TERR	28.60
22	WHITNEY NELSON	10	TAMA	28.76
23	EMMA PEDLAR	10	TERR	28.81
24	KATE BUEHLER	9	BRAN	28.82
25	HANNAH GABLE	10	TERR	28.96
26	NORA DIVJAK	10	SMHS	29.05
27	VIDA MCCAHEY	12	NOVA	29.27
28	LAURA GOLD	10	JUST	29.28
29	MARGARET WHALEN	9	TAMA	29.53
30	ELENA PIOTTER	10	TAMA	29.56
30	HELENE ERLER	9	SRAF	29.56
32	KELLI WHEELER	12	SMHS	29.59
33	ALISON CURTIS	11	TAMA	29.74
33	MORGAN SALING	9	TERR	29.74
35	ALLY BLUECHEL	11	SFRD	30.03

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

35	TAYLOR DYKMAN	9	MCAT	30.03	97	ANNA RAMOS	10	REDW	34.81
37	RACHEL DENAGILIS	9	SFRD	30.07	98	ONWYN HEALY	10	TAMA	34.89
38	HALEY JACOMBSON	9	TERR	30.19	99	EMILY CARAKER	9	TAMA	35.00
39	ALEX ABLE	10	TERR	30.21	100	BONNIE SMITH	9	TERR	35.21
40	DEMI MEDINA-HURTADO	10	SRAF	30.26	101	SYDNEY FRANK	9	SMHS	35.23
41	OLIVIA ASHMORE	10	SFRD	30.36	102	CHLOE LATTIN	9	JUST	35.24
41	SARAH COOPER	10	NOVA	30.36	103	CELLA CHUNG	10	TERR	35.27
43	REGAN BRADSHAW	11	TERR	30.41	104	ALI WEST	10	SMHS	35.44
44	LEISKA VAN STAAVEREN	10	JUST	30.44	105	MADISON LONG	9	JUST	35.62
45	PAULINA BATTEGAZZORE	10	JUST	30.49	106	KATIE WEIDMAN	10	TAMA	35.95
46	KELSEY FALK	11	TAMA	30.54	107	ALEXANDRA JANKIEWICZ	9	JUST	36.11
47	MEGHAN GALLAGHER	10	JUST	30.73	108	AMI BENAVIDEZ	9	JUST	36.20
48	PAULINE HAUZY	9	TAMA	30.75	109	DANIELLE LANDRESS	11	BRAN	36.36
49	RABECA PLATONI	9	TERR	30.78	110	MOLLY BAER	9	REDW	36.50
50	ELIZAEBETH FERNWOOD	9	SFRD	30.79	111	VERONICA RUSSELL	9	TAMA	36.78
51	ISSY BARZAKOV	9	SMHS	30.81	112	MAYA BULKELEY-KRANE	11	BRAN	37.03
52	CHELSEA WALKER	11	REDW	31.06	113	MIRIAM LESTER	9	TAMA	37.14
53	SARAH MELBOSTAD	10	SFRD	31.13	114	MB PECHA	9	JUST	37.30
54	MADDIE OSGOOD	9	JUST	31.22	115	BROOKE WENIG	10	TAMA	38.80
54	NATASHA SHARPE	9	SRAF	31.22	116	ANNA LIPMAN	9	TAMA	39.39
56	MARINA ADRIANZEN	9	TAMA	31.24	117	ALEXIS LEVIE	9	REDW	39.41
57	KRISTINA STEINMETZ	11	SMHS	31.27	118	PAIGE ADASKAVEG	9	REDW	39.58
58	NICOLE LOVE	9	JUST	31.31	119	SOSHANA FELD-SOBEL	9	REDW	39.84
59	ALISON PUGASH	11	BRAN	31.40	120	ALLYX WILLIAMS	9	JUST	40.37
60	KATE O'BRIEN	10	TAMA	31.56	121	HANNAH GREEN	9	JUST	40.72
61	KAITLYN LEONARD	10	SMHS	31.84	122	ANA BARRIOS	9	JUST	41.10
62	ARELYS DESOUZA	9	REDW	31.91	123	SARAH DENIS	9	REDW	41.24
63	KELSEY LONG	10	SMHS	31.97	124	CAT WU	9	SMHS	41.44
64	GABRIELLE HAUZY	9	TAMA	32.04	125	LEONIE HARMS	11	JUST	44.71
65	KARA HART	9	JUST	32.12	SF	AZITA SAYADI	12	REDW	25.88 b
66	MARIANA CARRILLO	10	NOVA	32.18	SF	MADDIE CASEY	12	REDW	25.99 b
67	DANA EMBUSCH	10	TERR	32.50	SF	JENNY GONZALEZ	12	REDW	27.53
68	EMILY PERMAN	9	REDW	32.54	SF	MEGAN MCGUIRE	12	MCAT	27.68
69	EMMA BATTEY	9	BRAN	32.55	SF	MAUREEN MCGUIRE	9	MCAT	27.81
70	JAZMIN PROSCH	9	SFRD	32.57					
71	PAIGE CONNAUGHTON	9	MCAT	32.75					
72	ANNIKA GALLANI	9	SMHS	32.82					
73	MOLLY MCCLURE	12	JUST	32.84					
74	KRISTIE LEE	9	TAMA	32.87					
75	ERIN SOSKIN	11	TERR	32.92					
76	JENNIFER STRYKER	9	REDW	32.97					
77	SHANNON WILLS	10	JUST	33.09					
78	TRINI MAK	9	REDW	33.14					
79	SUSANNAH JENNINGS	9	JUST	33.16					
80	BECCA HARNCORNE	9	TERR	33.31					
81	CLAIRE PACKER	10	BRAN	33.53					
82	LAUREN PEY	11	SFRD	33.54					
83	GENEVIEVE KEMP	12	NOVA	33.68					
84	CHARLOTTE ROSENFELD	11	TAMA	33.71					
85	ALI GILBERT	10	BRAN	33.90					
87	EMMA ELLIS	10	TAMA	33.93					
88	NICOLE ARATA	10	MCAT	34.09					
89	TASSIA HUQ	9	TAMA	34.10					
90	MORGAN THELANDER	9	TAMA	34.14					
91	JULIA EPSTEIN-NORRIS	9	TAMA	34.29					
92	GRACIE NEISENDORF	11	TAMA	34.31					
93	SOPHIE MCGUINNESS	10	TAMA	34.33					
94	KEMMER TONNE	10	REDW	34.42					
95	SAMANTHA HELBIG	10	SFRD	34.51					
96	ALLIE VANDERHEYM	12	NOVA	34.63					

Event # 8 BOYS 50Y FREESTYLE

MCAL LEAGUE/NCS:A.Latimer Tamalpais :20.32 2009

MCAL MEET:A.Latimer Tamalpais :20.32 2009

AUTOMATIC :21.80a

CONSIDER. :22.89b

A FINAL RESULTS

1	TRENT WILLIAMS	12	TERR	21.86 b
2	ROBERT HEIM	10	TERR	21.91 b
3	CHASE JARRETT	11	SFRD	22.00 b
4	JAKE WEBER	11	TAMA	22.16 b
5	MARCO FARAHMAND	12	REDW	22.57 b
6	CODY NAGY	12	TAMA	22.94
7	GAVIN PAULEY	10	TERR	23.01
8	BRENNAN LATIMER	10	TAMA	23.21

B FINAL RESULTS

9	CHRIS NIELSEN	12	SMHS	23.26
10	KEENAN DUBOIS	11	SFRD	23.41
11	JAMIE SINNETT	12	MCAT	23.79
12	JIMMY REIZMAN	11	MCAT	23.84
13	EVAN ANDREWSON	12	NOVA	23.94
14	WILL JACOBUS	12	REDW	24.17
15	DEVON MILLER-GOWAN	11	TAMA	24.36
16	JASTEN CLARK-VILASENOR	11	NOVA	24.94

PRELIM RESULTS

1	TRENT WILLIAMS	12	TERR	22.18 b
---	----------------	----	------	---------

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

2	ROBERT HEIM	10	TERR	22.52	b
3	JAKE WEBER	11	TAMA	22.61	b
4	CHASE JARRETT	11	SFRD	22.66	b
5	MARCO FARAHMAND	12	REDW	22.81	b
6	GAVIN PAULEY	10	TERR	23.04	
7	CODY NAGY	12	TAMA	23.12	
8	BRENNAN LATIMER	10	TAMA	23.28	
9	CHRIS NIELSEN	12	SMHS	23.53	
10	JAMIE SINNETT	12	MCAT	23.71	
11	JIMMY REIZMAN	11	MCAT	23.79	
12	KEENAN DUBOIS	11	SFRD	23.94	
13	EVAN ANDREWSON	12	NOVA	24.02	
14	WILL JACOBUS	12	REDW	24.37	
15	DEVON MILLER-GOWAN	11	TAMA	24.44	
16	JASTEN CLARK-VILASENOR	11	NOVA	24.65	
17	STEVEN SPALDING	11	TERR	24.95	
18	TOMMY DAVIS	10	MCAT	25.07	
19	BRIAN DICK	12	NOVA	25.18	
20	ALEX SEMIEN	10	JUST	25.49	
21	ANDREW SHEETS	9	NOVA	25.61	
22	SAM PANNEPACKER	11	REDW	25.70	
23	JAKE ORONA	10	SMHS	25.78	
24	DANNY GAVNEY	10	MCAT	25.87	
25	J.P. CAMPBELL	10	TERR	25.90	
26	CHANDLER DAVIS-PHELPS	11	REDW	26.10	
27	AUSTIN WIMBERLEY	9	TAMA	26.16	
28	JASON BRISSON	11	REDW	26.17	
29	ALEX CLAIBORNE	10	TERR	26.30	
30	ILIJA MEDAN	10	JUST	26.35	
31	GRIFFIN CHERICI	11	SFRD	26.46	
32	MATT RISSO	10	JUST	26.50	
32	LEO THOMAS	9	TAMA	26.50	
34	INGMAR BASTIAN	9	TAMA	26.71	
34	TREVOR WILLIAMS	10	TAMA	26.71	
36	DYLAN GLAVE	10	TAMA	26.76	
37	JOHN WARE	10	REDW	26.79	
38	TOMMY HOLT	10	MCAT	26.82	
39	KYLE RIOS-MERWIN	11	SRAF	26.95	
40	GIO GRAZIOSE	11	TAMA	27.02	
41	JUSTAS RESKEVICIUS	11	SFRD	27.17	
42	RYAN SMITH	10	TAMA	27.38	
43	EVAN ROSCOE	11	JUST	27.65	
44	JOE BROOKES	12	TAMA	27.66	
45	SEAN BETZNER	12	TAMA	27.81	
46	JACK SANDAGE	10	TAMA	27.91	
46	ELVIS HUINAC	10	SRAF	27.91	
48	WILL SALE	10	SFRD	27.94	
49	DAVID MIRAMONTES	9	MCAT	28.04	
50	PETER SANDERS	11	TAMA	28.31	
51	JACKSON LUNDGREN	10	TAMA	28.59	
52	PATRICK MCCONNELL	12	REDW	28.62	
53	JORDAN FORT	10	NOVA	28.82	
54	SCOTT YOUNG	10	SFRD	29.17	
55	DANTE GRAZIOSE	11	TAMA	29.30	
56	KENN GRANDI	10	SMHS	29.38	
57	PETER CRESALIA	11	MCAT	29.52	
58	AIDAN MCGUINNESS	9	TAMA	29.70	
59	JONATHAN MOGANNAM	10	MCAT	29.73	
60	JUSTIN SCHMIDT	9	TAMA	29.94	
61	CONNOR THURGATE	10	SFRD	30.04	

62	MATTHEW SOLOMON	11	BRAN	30.69	
63	RAFAEL IRWIN	9	SRAF	31.22	
64	AUGUSTINE APODACA	9	MCAT	31.25	
65	ANDREW BUIE	9	BRAN	31.83	
66	ALEC BARTON	9	TAMA	33.55	
67	SAM LEVIN	9	TAMA	33.85	
SF	LUKE SHEPHERD	9	TAMA	25.07	

Event # 9 GIRLS 1Y DIVING

DIVING RESULTS

1	ALEXA DAVIDSON		SFRD	363.20	
2	KATHERINE DAVIS	12	MCAT	349.95	
3	SHANNON GERRITY	9	TERR	341.65	
4	JAMIE EDDY		TAMA	334.75	
5	HALEY BLOUNT		SMHS	293.70	
6	SHOSHANNA HERZOG		TAMA	271.15	
7	SHELBY KARDEL	12	REDW	253.25	
8	KATHERINE TAKESHITA	10	TAMA	249.50	
9	SKYLAR MCCORMIACK		TAMA	237.80	
10	LISA RODLER		REDW	226.65	
11	ANNA YELTCHEV	10	MCAT	216.45	

Event # 10 BOYS 1Y DIVING

DIVING RESULTS

1	CHRIS LEONARD	12	SFRD	455.70	
2	TOMMY DEMARTINI		TERR	340.10	
3	KAI BREWER	11	TAMA	249.05	
4	KIRK WONG	10	TAMA	225.70	
5	BRENTON SHEA		TERR	222.90	
6	AARON HILL		TERR	215.65	
7	CONNOR GOODWIN		SFRD	187.45	

Event # 11 GIRLS 100Y BUTTERFLY

MCAL LEAGUE/NCS:K.Parsons Redwood :55.48 2009

MCAL MEET:K.Parsons Redwood :56.19 2009

AUTOMATIC :57.68a

CONSIDER. 1:03.69b

A FINAL RESULTS

1	MELISSA FINEMAN	10	TAMA	57.67	a
Splits: 27.29 57.67 [30.38]					
2	ASHLEY WILLIAMS	12	SMHS	57.82	b
Splits: 27.31 57.82 [30.51]					
3	LAURA SLATER	12	REDW	58.26	b
Splits: 26.96 58.26 [31.30]					
4	DEVON DEMONT	12	REDW	1:01.14	b
Splits: 27.93 1:01.14 [33.21]					
5	CELESTE MALATESTA	9	SMHS	1:01.19	b
Splits: 28.49 1:01.19 [32.70]					
6	KIMMY PELFINI	10	REDW	1:02.66	b
Splits: 29.50 1:02.66 [33.16]					
7	JUSTUS EVERS	9	NOVA	1:02.83	b
Splits: 28.67 1:02.83 [34.16]					
8	XIMENA MENDIETA	9	JUST	1:03.33	b
Splits: 29.36 1:03.33 [33.97]					

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

B FINAL RESULTS

9	KAITLYN LO	12	SFRD	1:01.97	b	22	GIGI GREENE	12	REDW	1:13.11
	Splits: 28.85	1:01.97	[33.12]				Splits: 33.01			
10	MATTIE WINKLER	12	TAMA	1:03.58	b	23	Yael ZOKEN	9	SRAF	1:14.60
	Splits: 29.28	1:03.58	[34.30]				Splits: 34.65	1:14.60	[39.95]	
11	RILEY FORD	11	MCAT	1:03.88		24	BRIANNA CASTALDO	12	MCAT	1:14.90
	Splits: 29.20	1:03.88	[34.68]				Splits: 33.35	1:14.90	[41.55]	
12	ALI THOMASON	10	MCAT	1:04.81		25	IZZY FLAX	10	TAMA	1:15.01
	Splits: 29.75	1:04.81	[35.06]				Splits: 33.41			
13	JOSIE NORDRUM	9	REDW	1:06.11		26	ALEXANDRA HOOD	9	REDW	1:15.75
	Splits: 30.79	1:06.11	[35.32]				Splits: 34.23	1:15.75	[41.52]	
14	KATIE BACA	9	SMHS	1:06.13		27	VIDA MCCAHEY	12	NOVA	1:16.28
	Splits: 30.53	1:06.13	[35.60]				Splits: 33.86			
15	STEPHANIE HENRY	10	TERR	1:07.44		28	KELLI WHEELER	12	SMHS	1:16.42
	Splits: 30.45	1:07.44	[36.99]				Splits: 35.31			
16	KATIE CHARTON	9	TERR	1:08.27		29	SALLY BRANSCUM	12	SMHS	1:20.03
	Splits: 32.60	1:08.27	[35.67]				Splits: 36.88			
PRELIM RESULTS						30	ERIN BROUGHAN	11	REDW	1:21.24
1	LAURA SLATER	12	REDW	58.77	b		Splits: 37.68			
	Splits: 27.07	58.77	[31.70]			31	LILLY KONTTINEN	9	REDW	1:24.83
2	ASHLEY WILLIAMS	12	SMHS	59.53	b		Splits: 38.89	1:24.83	[45.94]	
	Splits: 28.10	59.53	[31.43]				Splits: 39.17	1:25.61	[46.44]	
3	MELISSA FINEMAN	10	TAMA	59.94	b	33	ERIN SOSKIN	11	TERR	1:28.63
	Splits: 28.00	59.94	[31.94]				Splits: 39.53	1:28.63	[49.10]	
4	DEVON DEMONT	12	REDW	1:00.40	b		ANNIKA GALLANI	9	SMHS	DQ
	Splits: 28.08						Splits: 38.71	1:28.63	[49.92]	
5	CELESTE MALATESTA	9	SMHS	1:00.89	b	SF	JENNY GONZALEZ	12	REDW	1:09.35
	Splits: 28.60	1:00.89	[32.29]				Splits: 30.81			
6	KIMMY PELFINI	10	REDW	1:01.53	b	<hr/> Event # 12 BOYS 100Y BUTTERFLY <hr/>				
	Splits: 29.11					MCAL LEAGUE/NCS:M.Fiorito Redwood :48.49 1986				
7	JUSTUS EVERS	9	NOVA	1:01.55	b	MCAL MEET:M.Fiorito Redwood :50.12 1986				
	Splits: 28.73					AUTOMATIC :52.57a				
8	XIMENA MENDIETA	9	JUST	1:02.58	b	CONSIDER. :57.29b				
	Splits: 29.28					A FINAL RESULTS				
9	KAITLYN LO	12	SFRD	1:02.86	b	1	ALAN WINDER	10	TERR	50.00 *a
	Splits: 28.61	1:02.86	[34.25]				Splits: 23.24	50.00	[26.76]	
10	ALI THOMASON	10	MCAT	1:03.99		2	SHINTARO NOGUCHI	12	REDW	50.85 a
	Splits: 29.38	1:03.99	[34.61]				Splits: 23.68	50.85	[27.17]	
11	RILEY FORD	11	MCAT	1:04.28		3	RICHARD DAVISON	10	REDW	52.21 a
	Splits: 29.61						Splits: 24.17	52.21	[28.04]	
12	MATTIE WINKLER	12	TAMA	1:05.08		4	TRENT WILLIAMS	12	TERR	53.98 b
	Splits: 29.72						Splits: 25.17	53.98	[28.81]	
13	STEPHANIE HENRY	10	TERR	1:05.28		5	ANDREW DILSWORTH	11	MCAT	54.82 b
	Splits: 29.90						Splits: 25.34	54.82	[29.48]	
14	KATIE BACA	9	SMHS	1:06.83		6	NICK PATINO	10	MCAT	55.95 b
	Splits: 31.15	1:06.83	[35.68]				Splits: 26.03	55.95	[29.92]	
15	JOSIE NORDRUM	9	REDW	1:07.46		7	AUSTIN OAKES	11	TERR	56.39 b
	Splits: 31.24						Splits: 25.93	56.39	[30.46]	
16	KATIE CHARTON	9	TERR	1:07.90		8	TOMMY DAVIS	10	MCAT	58.34
	Splits: 32.74	1:07.90	[35.16]				Splits: 27.83	58.34	[30.51]	
17	SAMANTHA SHARPE	12	SRAF	1:08.29		B FINAL RESULTS				
	Splits: 32.39					9	KEENAN DUBOIS	11	SFRD	57.50
18	EMMA JONES	9	SFRD	1:09.41			Splits: 26.16	57.50	[31.34]	
	Splits: 31.83					10	LUKE SHEPHERD	9	TAMA	59.72
19	JENNA WALLACE	10	TAMA	1:09.60			Splits: 27.28	59.72	[32.44]	
	Splits: 32.08	1:09.60	[37.52]			11	MAX SIECK	11	TAMA	59.83
20	WENDY BARBERO	11	SFRD	1:11.72			Splits: 27.35	59.83	[32.48]	
	Splits: 32.68	1:11.72	[39.04]			12	IAN JAIME	9	REDW	1:00.17
21	CAITLIN JACOBS	9	REDW	1:12.87			Splits: 27.79	1:00.17	[32.38]	
	Splits: 33.68	1:12.87	[39.19]							

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

13 DANIEL FARBMAN	10	TERR	1:00.98	2 KIMMIE KREUZBERGER	10	JUST	52.64	a	
Splits: 28.54 1:00.98 [32.44]				Splits: 25.12 52.64 [27.52]					
14 LEO THOMAS	9	TAMA	1:02.14	3 SABRINA COCHRANE	12	SMHS	53.29	a	
Splits: 29.05 1:02.14 [33.09]				Splits: 25.71 53.29 [27.58]					
15 CHARLIE WINTER	10	SMHS	1:02.70	4 ALEXIS LEE	10	MCAT	53.63	b	
Splits: 29.33 1:02.70 [33.37]				Splits: 25.77 53.63 [27.86]					
16 ALEX SEMIEN	10	JUST	1:03.44	5 BECCA ROTH	10	REDW	55.15	b	
Splits: 29.01 1:03.44 [34.43]				Splits: 26.50 55.15 [28.65]					
PRELIM RESULTS									
1 ALAN WINDER	10	TERR	50.39	a	6 KIMMIE WINDER	10	TERR	55.19	b
Splits: 23.52 50.39 [26.87]				Splits: 26.79 55.19 [28.40]					
2 SHINTARO NOGUCHI	12	REDW	50.62	a	7 SAMANTHA DAME	11	SRAF	55.46	b
Splits: 23.68 50.62 [26.94]				Splits: 26.71 55.46 [28.75]					
3 RICHARD DAVISON	10	REDW	53.27	b	8 AZITA SAYADI	12	REDW	55.82	b
Splits: 25.34 53.27 [27.93]				Splits: 27.05 55.82 [28.77]					
4 ANDREW DILSWORTH	11	MCAT	54.58	b	B FINAL RESULTS				
Splits: 25.89 54.58 [28.69]				9 MADDIE CASEY	12	REDW	56.76	b	
5 TRENT WILLIAMS	12	TERR	54.68	b	Splits: 26.94 56.76 [29.82]				
Splits: 25.39 54.68 [29.29]				10 KATIE BACA	9	SMHS	57.66		
6 NICK PATINO	10	MCAT	56.14	b	Splits: 28.08 57.66 [29.58]				
Splits: 26.04 56.14 [30.10]				11 LAUREN NARO	10	MCAT	58.38		
7 AUSTIN OAKES	11	TERR	57.84		Splits: 27.91 58.38 [30.47]				
Splits: 26.47 57.84 [31.37]				12 KENZA SALEM	9	REDW	59.10		
8 TOMMY DAVIS	10	MCAT	58.53		Splits: 28.50 59.10 [30.60]				
Splits: 27.73 58.53 [30.80]				13 KRISTIN SATO	11	TAMA	59.60		
9 MAX SIECK	11	TAMA	58.78		Splits: 28.21 59.60 [31.39]				
Splits: 27.28 58.78 [31.50]				14 KATIE CARAMUCCI	9	NOVA	59.78		
10 IAN JAIME	9	REDW	59.98		Splits: 28.31 59.78 [31.47]				
Splits: 27.44 59.98 [32.54]				15 CLAIRE LANG	10	SRAF	1:00.88		
11 LUKE SHEPHERD	9	TAMA	1:00.20		Splits: 29.41 1:00.88 [31.47]				
Splits: 27.58				16 JEANNE SHEPHERD	9	TAMA	1:01.91		
12 KEENAN DUBOIS	11	SFRD	1:00.44		Splits: 29.57 1:01.91 [32.34]				
Splits: 27.75				PRELIM RESULTS					
13 DANIEL FARBMAN	10	TERR	1:00.59	1 KIMMIE KREUZBERGER	10	JUST	53.02	a	
Splits: 27.51				2 KATHRYN MURPHY	12	MCAT	53.87	b	
14 LEO THOMAS	9	TAMA	1:02.73	3 SABRINA COCHRANE	12	SMHS	53.94	b	
Splits: 30.15 1:02.73 [32.58]				4 ALEXIS LEE	10	MCAT	54.36	b	
15 CHARLIE WINTER	10	SMHS	1:03.04	5 SAMANTHA DAME	11	SRAF	55.26	b	
Splits: 28.65				6 BECCA ROTH	10	REDW	55.73	b	
16 ALEX SEMIEN	10	JUST	1:03.64	7 KIMMIE WINDER	10	TERR	55.75	b	
Splits: 29.26 1:03.64 [34.38]				8 AZITA SAYADI	12	REDW	56.22	b	
17 CHRIS AYRES	12	SFRD	1:04.67	9 MADDIE CASEY	12	REDW	57.06	b	
Splits: 29.84 1:04.67 [34.83]				10 LAUREN NARO	10	MCAT	57.97		
18 DYLAN GLAVE	10	TAMA	1:06.30	11 KATIE BACA	9	SMHS	58.67		
Splits: 29.75				12 KENZA SALEM	9	REDW	58.69		
19 SEAN RULE	10	TERR	1:06.92	13 KRISTIN SATO	11	TAMA	59.75		
Splits: 30.55 1:06.92 [36.37]				14 KATIE CARAMUCCI	9	NOVA	1:00.12		
20 JASON BRISSON	11	REDW	1:07.74	15 JEANNE SHEPHERD	9	TAMA	1:00.74		
Splits: 30.33 1:07.74 [37.41]				16 CLAIRE LANG	10	SRAF	1:01.36		
21 JAKE ORONA	10	SMHS	1:10.77	17 MEGAN MCGUIRE	12	MCAT	1:02.51		
Splits: 31.07 1:10.77 [39.70]				18 JULIETTE RETORNAZ	10	TERR	1:03.42		
Event # 13 GIRLS 100Y FREESTYLE									
MCAL LEAGUE/NCS:K.Murphy Marin Catholic :50.12 2009									
MCAL MEET:D.Becks San Marin :50.79 2000									
AUTOMATIC :53.45a									
CONSIDER. :57.09b									
A FINAL RESULTS									
1 KATHRYN MURPHY	12	MCAT	50.94	a	19 MEGAN COOPER	12	NOVA	1:03.66	
Splits: 24.38 50.94 [26.56]				20 JAZMIN GARDNER	9	SFRD	1:03.69		
				21 OLIVIA DAVID	9	BRAN	1:04.29		
				22 EMMA PEDLAR	10	TERR	1:04.74		
				23 BROOKE WOLFORD	10	TERR	1:05.24		
				Splits: 31.13					
				24 WHITNEY NELSON	10	TAMA	1:05.94		
				Splits: 31.76 1:05.94 [34.18]					

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

25	KATIE GILL	9	REDW	1:05.96	57	ERIN BROWNE	9	REDW	1:13.53
	Splits: 31.62 1:05.96 [34.34]					Splits: 35.33			
26	MAUREEN MCGUIRE	9	MCAT	1:06.03	58	KELSEY LONG	10	SMHS	1:13.77
27	HANNAH GABLE	10	TERR	1:06.16		Splits: 35.28 1:13.77 [38.49]			
28	REGAN BRADSHAW	11	TERR	1:06.17	59	RABECCA PLATONI	9	TERR	1:14.05
	Splits: 31.37					Splits: 34.04			
29	ELENA PIOTTER	10	TAMA	1:06.52	60	TRINI MAK	9	REDW	1:14.22
30	SARAH COOPER	10	NOVA	1:06.75		Splits: 35.90			
	Splits: 32.15 1:06.75 [34.60]				61	ALISON PUGASH	11	BRAN	1:14.54
31	SOFIA SOBRERO	9	REDW	1:06.92		Splits: 35.69			
	Splits: 33.34 1:06.92 [33.58]				62	MAXIME MONTOYA	9	REDW	1:14.61
32	SARAH MCKINNEY	10	NOVA	1:07.67		Splits: 35.59 1:14.61 [39.02]			
	Splits: 31.28 1:07.67 [36.39]				63	BECCA HARNCORNE	9	TERR	1:14.96
33	TAYLOR DYKMAN	9	MCAT	1:07.68		Splits: 36.39 1:14.96 [38.57]			
	Splits: 31.40 1:07.68 [36.28]				64	TAYLOR SAUNDERS	9	NOVA	1:15.84
34	KATE BUEHLER	9	BRAN	1:07.72		Splits: 37.02 1:15.84 [38.82]			
	Splits: 30.54 1:07.72 [37.18]				65	SHANNON WILLS	10	JUST	1:15.90
35	CARLY JACKSON-CLARK	9	SRAF	1:08.53		Splits: 36.93 1:15.90 [38.97]			
	Splits: 34.22				66	KARA HART	9	JUST	1:16.73
36	ANYA LUKIANCHIKOV	9	REDW	1:09.10	67	EMILY PERMAN	9	REDW	1:17.33
	Splits: 32.36					Splits: 35.27			
37	LAURA GOLD	10	JUST	1:09.39	68	NICOLE ARATA	10	MCAT	1:17.48
38	MADDIE OSGOOD	9	JUST	1:09.51		Splits: 35.58			
	Splits: 33.18				69	SOPHIE MCGUINNESS	10	TAMA	1:17.97
39	ALLY BLUECHEL	11	SFRD	1:09.60		Splits: 37.37 1:17.97 [40.60]			
	Splits: 33.05 1:09.60 [36.55]				70	ALI WEST	10	SMHS	1:18.04
40	PAULINA BATTEGAZZORE	10	JUST	1:09.68		Splits: 37.03			
	Splits: 32.03 1:09.68 [37.65]				71	KATIE WEIDMAN	10	TAMA	1:18.65
41	SARAH MELBOSTAD	10	SFRD	1:10.60		Splits: 37.21 1:18.65 [41.44]			
	Splits: 33.67 1:10.60 [36.93]				72	EMMA ELLIS	10	TAMA	1:19.01
42	PAULINE HAUZY	9	TAMA	1:10.61		Splits: 37.86			
	Splits: 32.38 1:10.61 [38.23]				73	ALI GILBERT	10	BRAN	1:19.17
43	LEISKA VAN STAAVEREN	10	JUST	1:10.92		Splits: 35.25			
	Splits: 31.39 1:10.92 [39.53]				73	SAMANTHA HELBIG	10	SFRD	1:19.17
44	DEMI MEDINA-HURTADO	10	SRAF	1:10.99		Splits: 37.54			
	Splits: 33.96 1:10.99 [37.03]				75	MIRANDA WOOD	10	NOVA	1:19.18
45	SARA MARIN	9	JUST	1:11.18		Splits: 36.26			
	Splits: 34.07				76	MORGAN THELANDER	9	TAMA	1:19.49
46	MEGHAN GALLAGHER	10	JUST	1:11.24		Splits: 37.47			
	Splits: 33.49				77	EMILY CARAKER	9	TAMA	1:19.53
47	LOES VAN DAM	9	SMHS	1:11.41		Splits: 36.53			
	Splits: 34.45				78	TASSIA HUQ	9	TAMA	1:19.95
48	SARAH ANDREWSON	12	NOVA	1:11.51		Splits: 38.63 1:19.95 [41.32]			
	Splits: 33.96				79	MOLLY MCCLURE	12	JUST	1:20.23
49	KATIE GREENFIELD	11	BRAN	1:11.53		Splits: 40.14			
	Splits: 34.03				80	ELENA KAUFMAN	9	REDW	1:21.30
50	MIRISA BOOTH	11	REDW	1:11.65		Splits: 36.59			
	Splits: 34.84 1:11.65 [36.81]				81	ANNA RAMOS	10	REDW	1:21.47
51	CHELSEA WALKER	11	REDW	1:11.91		Splits: 37.73			
	Splits: 32.83 1:11.91 [39.08]				82	ALLIE VANDERHEYM	12	NOVA	1:21.66
52	NICOLE LOVE	9	JUST	1:12.45		Splits: 38.40 1:21.66 [43.26]			
53	SUSANNAH JENNINGS	9	JUST	1:12.56		Splits: 39.83			
	Splits: 34.21				83	SYDNEY FRANK	9	SMHS	1:22.32
54	STEPHANIE GRIFFIN	11	REDW	1:12.61		Splits: 38.91			
	Splits: 34.51 1:12.61 [38.10]				84	CHLOE LATTIN	9	JUST	1:23.13
55	KRISTINA STEINMETZ	11	SMHS	1:13.48		Splits: 38.23 1:23.61 [45.38]			
	Splits: 34.01				85	MADISON LONG	9	JUST	1:23.61
56	MARIANA CARRILLO	10	NOVA	1:13.51		Splits: 38.30 1:23.75 [45.45]			
	Splits: 34.12				86	MOLLY BAER	9	REDW	1:23.75

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

87	AMI BENAVIDEZ	9	JUST	1:24.61	2	ROBERT HEIM	10	TERR	49.47	b
	Splits: 38.20 1:24.61 [46.41]					Splits: 23.58 49.47 [25.89]				
88	MAYA BULKELEY-KRANE	11	BRAN	1:24.71	3	JAKE WEBER	11	TAMA	49.60	b
	Splits: 39.67 1:24.71 [45.04]					Splits: 23.75 49.60 [25.85]				
89	DANIELLE LANDRESS	11	BRAN	1:26.49	4	SAM STARR	10	JUST	50.35	b
	Splits: 40.39					Splits: 24.09 50.35 [26.26]				
90	SARAH DENIS	9	REDW	1:29.05	5	GAVIN PAULEY	10	TERR	50.38	b
91	PAIGE ADASKAVEG	9	REDW	1:36.34		Splits: 24.04 50.38 [26.34]				
	Splits: 44.27				6	CODY NAGY	12	TAMA	51.00	
92	HANNAH GREEN	9	JUST	1:36.73		Splits: 24.13 51.00 [26.87]				
	Splits: 48.54 1:36.73 [48.19]				7	BRENNAN LATIMER	10	TAMA	51.60	
93	ANA BARRIOS	9	JUST	1:37.87		Splits: 24.75 51.60 [26.85]				
	Splits: 44.91				8	BRAD HARTWIG	10	MCAT	51.62	
94	ALLYX WILLIAMS	9	JUST	1:47.83		Splits: 24.51 51.62 [27.11]				
	Splits: 40.60				9	MARCO FARAHMAND	12	REDW	51.84	
SF	RAQUEL NEWMAN	11	REDW	1:01.59		Splits: 24.76 51.84 [27.08]				
SF	KARA NORTON	11	REDW	1:03.03	10	CHRIS NIELSEN	12	SMHS	51.95	
						Splits: 24.79 51.95 [27.16]				

Event # 14 BOYS 100Y FREESTYLE

MCAL LEAGUE/NCS:C.Packer Branson :44.80 2009

MCAL MEET:C.Packer Branson :45.12 2009

AUTOMATIC :48.31a

CONSIDER. :50.49b

A FINAL RESULTS

1	ROBERT HEIM	10	TERR	48.41	b	14	GABE PATINO	9	REDW	53.44
	Splits: 23.16 48.41 [25.25]						Splits: 25.28 53.44 [28.16]			
2	JAKE WEBER	11	TAMA	49.13	b	15	BRIAN DICK	12	NOVA	56.96
	Splits: 23.52 49.13 [25.61]						Splits: 27.46 56.96 [29.50]			
3	CHASE JARRETT	11	SFRD	49.33	b	16	DANNY GAVNEY	10	MCAT	57.36
	Splits: 23.98 49.33 [25.35]						Splits: 27.34 57.36 [30.02]			
4	BRAD HARTWIG	10	MCAT	49.60	b	17	MATT RISSO	10	JUST	J 57.36
	Splits: 23.52 49.60 [26.08]						Splits: 27.56			
5	CODY NAGY	12	TAMA	50.21	b	19	GRIFFIN CHERICI	11	SFRD	57.83
	Splits: 24.20 50.21 [26.01]						Splits: 27.57 57.83 [30.26]			
6	SAM STARR	10	JUST	50.29	b	20	MAURICE BRADY	9	TERR	57.85
	Splits: 23.62 50.29 [26.67]						Splits: 26.75 57.85 [31.10]			
7	GAVIN PAULEY	10	TERR	50.76		21	TREVOR GOETZ	10	MCAT	58.52
	Splits: 24.13 50.76 [26.63]						Splits: 28.63 58.52 [29.89]			
8	BRENNAN LATIMER	10	TAMA	51.58		22	CHRISTIAN FOX	10	TERR	58.92
	Splits: 24.76 51.58 [26.82]						Splits: 28.38 58.92 [30.54]			
B FINAL RESULTS						23	AUSTIN WIMBERLEY	9	TAMA	59.08
9	MARCO FARAHMAND	12	REDW	49.66	b		Splits: 28.43 59.08 [30.65]			
	Splits: 23.59 49.66 [26.07]					24	INGMAR BASTIAN	9	TAMA	59.13
10	CHRIS NIELSEN	12	SMHS	51.44			Splits: 27.54 59.13 [31.59]			
	Splits: 24.69 51.44 [26.75]					25	NICK GIBBS	9	REDW	59.55
11	RILEY SHINE	12	TAMA	51.91			Splits: 28.13 59.55 [31.42]			
	Splits: 25.29 51.91 [26.62]					26	SAM PANNEPACKER	11	REDW	59.57
12	JIMMY REIZMAN	11	MCAT	52.43			Splits: 28.50			
	Splits: 25.45 52.43 [26.98]					27	ANDREW FROST	10	TAMA	59.64
13	EVAN ANDREWSON	12	NOVA	52.55			Splits: 27.79 59.64 [31.85]			
	Splits: 24.89 52.55 [27.66]					28	J.P. CAMPBELL	10	TERR	59.85
14	GABE PATINO	9	REDW	54.57			Splits: 28.45 59.85 [31.40]			
	Splits: 25.46 54.57 [29.11]					29	ILJA MEDAN	10	JUST	1:00.03
15	DANNY GAVNEY	10	MCAT	56.50			Splits: 28.63			
	Splits: 26.46 56.50 [30.04]					30	JOHN WARE	10	REDW	1:00.70
16	BRIAN DICK	12	NOVA	57.00			Splits: 27.99 1:00.70 [32.71]			
	Splits: 26.51 57.00 [30.49]					31	KYLE RIOS-MERWIN	11	SRAF	1:01.05
							Splits: 28.22			
PRELIM RESULTS						32	DANNY LOFTUS	10	MCAT	1:01.09
1	CHASE JARRETT	11	SFRD	49.39	b		Splits: 28.54			
	Splits: 23.74 49.39 [25.65]									

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10				May 14-15, 2010				SC Yards			
33	JOE BROOKES	12	TAMA	1:02.13							
	Splits: 29.34										
34	ZACH SOHN	11	TAMA	1:02.51							
	Splits: 29.32										
35	JACK SANDAGE	10	TAMA	1:02.81							
	Splits: 30.42 1:02.81 [32.39]										
36	JACKSON LUNDGREN	10	TAMA	1:03.05							
	Splits: 29.95										
37	RYAN SMITH	10	TAMA	1:03.37							
	Splits: 30.86										
38	GIO GRAZIOSE	11	TAMA	1:03.76							
	Splits: 30.69 1:03.76 [33.07]										
39	PATRICK MCCONNELL	12	REDW	1:03.85							
	Splits: 29.73 1:03.85 [34.12]										
40	DAVID MIRAMONTES	9	MCAT	1:03.89							
	Splits: 30.29 1:03.89 [33.60]										
41	REESE BUTLER	10	TAMA	1:03.95							
	Splits: 30.36 1:03.95 [33.59]										
42	CHANDLER DAVIS-PHELPS	11	REDW	1:04.58							
	Splits: 30.43										
43	SCOTT YOUNG	10	SFRD	1:05.54							
	Splits: 30.40										
44	PETER SANDERS	11	TAMA	1:06.46							
	Splits: 32.16										
45	JONATHAN MOGANNAM	10	MCAT	1:06.52							
	Splits: 30.97										
46	AGUSTINE MELENDEZ	9	SMHS	1:06.58							
	Splits: 31.92										
47	SEAN BETZNER	12	TAMA	1:06.70							
	Splits: 30.68 1:06.70 [36.02]										
48	KENN GRANDI	10	SMHS	1:07.06							
	Splits: 30.97										
49	PETER CRESALIA	11	MCAT	1:07.40							
	Splits: 31.40										
50	JORDAN FORT	10	NOVA	1:07.55							
	Splits: 30.90										
51	DANTE GRAZIOSE	11	TAMA	1:07.67							
	Splits: 31.22 1:07.67 [36.45]										
52	AIDAN MCGUINNESS	9	TAMA	1:08.43							
	Splits: 33.19										
53	ANDREW BUIE	9	BRAN	1:15.36							
	Splits: 33.94										
54	MATTHEW SOLOMON	11	BRAN	1:18.91							
	Splits: 35.74 1:18.91 [43.17]										
55	SAM LEVIN	9	TAMA	1:20.51							
	Splits: 37.53										
SF	RILEY MCDONALD	12	TAMA	53.81							
	Splits: 25.22 53.81 [28.59]										
SF	NICK FARR	12	TAMA	57.42							
	Splits: 27.50 57.42 [29.92]										
Event # 15 GIRLS 500Y FREESTYLE											
MCAL LEAGUE/NCS:E.Parker San Marin 5:00.97 2002											
MCAL MEET:E.Parker San Marin 5:02.22 2002											
AUTOMATIC 5:07.87a											
CONSIDER. 5:32.09b											
A FINAL RESULTS											
1	KIM BACA	9	SMHS	5:12.01	b						
	Splits: 28.13 58.56 [30.43] 1:30.02 [31.46] 2:01.85 [31.83]										
	2:33.51 [31.66] 3:05.07 [31.56] 3:36.92 [31.85] 4:09.00 [32.08]										
	4:41.08 [32.08] 5:12.01 [30.93]										
2	MADISON LIVINGSTON	11	REDW	5:18.17	b						
	Splits: 28.64 59.58 [30.94] 1:31.32 [31.74] 2:03.56 [32.24]										
	2:35.87 [32.31] 3:08.32 [32.45] 3:41.10 [32.78] 4:13.87 [32.77]										
	4:46.47 [32.60] 5:18.17 [31.70]										
3	HANNAH CUTTS	10	NOVA	5:29.45	b						
	Splits: 29.33 1:01.36 [32.03] 1:34.41 [33.05] 2:07.67 [33.26]										
	2:41.32 [33.65] 3:14.99 [33.67] 3:49.00 [34.01] 4:22.79 [33.79]										
	4:56.87 [34.08] 5:29.45 [32.58]										
4	JULIANA RIOS	12	REDW	5:31.56	b						
	Splits: 30.09 1:02.75 [32.66] 1:35.88 [33.13] 2:09.22 [33.34]										
	2:43.06 [33.84] 3:17.07 [34.01] 3:51.60 [34.53] 4:25.59 [33.99]										
	4:59.13 [33.54] 5:31.56 [32.43]										
5	ALI COOPERSMITH	10	TAMA	5:39.74							
	Splits: 30.00 1:03.07 [33.07] 1:36.93 [33.86] 2:11.44 [34.51]										
	2:45.96 [34.52] 3:21.00 [35.04] 3:55.93 [34.93] 4:30.90 [34.97]										
	5:06.27 [35.37] 5:39.74 [33.47]										
6	NINA WHEELER	10	SFRD	5:41.51							
	Splits: 31.10 1:05.23 [34.13] 1:39.99 [34.76] 2:15.28 [35.29]										
	2:50.50 [35.22] 3:25.63 [35.13] 4:00.01 [34.38] 4:34.07 [34.06]										
	5:08.77 [34.70] 5:41.51 [32.74]										
7	JUSTUS EVERS	9	NOVA	5:42.25							
	Splits: 30.20 1:04.13 [33.93] 1:38.98 [34.85] 2:14.43 [35.45]										
	2:49.71 [35.28] 3:24.88 [35.17] 4:00.31 [35.43] 4:36.72 [36.41]										
	5:10.45 [33.73] 5:42.25 [31.80]										
8	CARLY OHMART	9	TERR	5:46.88							
	Splits: 31.92 1:06.31 [34.39] 1:41.53 [35.22] 2:17.00 [35.47]										
	2:52.12 [35.12] 3:26.99 [34.87] 4:02.02 [35.03] 4:37.05 [35.03]										
	5:12.71 [35.66] 5:46.88 [34.17]										
B FINAL RESULTS											
9	CECILIA CACCIATORE	12	MCAT	5:54.13							
	Splits: 31.93 1:06.68 [34.75] 1:41.30 [34.62] 2:17.37 [36.07]										
	2:53.43 [36.06] 3:29.66 [36.23] 4:06.27 [36.61] 4:42.96 [36.69]										
	5:19.98 [37.02] 5:54.13 [34.15]										
10	JULIE VON DER LIPPE	12	SRAF	5:54.80							
	Splits: 31.67 1:05.98 [34.31] 1:41.25 [35.27] 2:16.79 [35.54]										
	2:52.83 [36.04] 3:29.16 [36.33] 4:06.09 [36.93] 4:43.31 [37.22]										
	5:19.79 [36.48] 5:54.80 [35.01]										
11	LESLIE SCHMITZ	9	SFRD	5:56.42							
	Splits: 31.40 1:06.68 [35.28] 1:42.91 [36.23] 2:19.81 [36.90]										
	2:56.85 [37.04] 3:34.04 [37.19] 4:10.85 [36.81] 4:47.56 [36.71]										
	5:22.93 [35.37] 5:56.42 [33.49]										
12	ELIZABETH CASTRO-ABRAMS	12	SMHS	5:57.31							
	Splits: 32.19 1:07.99 [35.80] 1:44.36 [36.37] 2:21.53 [37.17]										
	2:58.39 [36.86] 3:34.56 [36.17] 4:10.03 [35.47] 4:46.26 [36.23]										
	5:21.61 [35.35] 5:57.31 [35.70]										
13	BROOKIE HOLLANDER	10	SFRD	6:01.09							
	Splits: 31.51 1:06.84 [35.33] 1:42.66 [35.82] 2:18.50 [35.84]										
	2:55.66 [37.16] 3:33.59 [37.93] 4:10.85 [37.26] 4:48.38 [37.53]										
	5:25.52 [37.14] 6:01.09 [35.57]										

2010 MCAL Swimming And Diving Champions

Tamalpais High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

14 JACKIE GANNON	12 REDW	6:02.56	12 JACKIE GANNON	12 REDW	6:02.24
Splits: 30.35 1:03.82 [33.47] 1:39.13 [35.31] 2:15.60 [36.47]			Splits: 31.71 1:06.73 [35.02] 1:42.65 [35.92] 2:19.23 [36.58]		
2:53.29 [37.69] 3:31.49 [38.20] 4:09.49 [38.00] 4:47.83 [38.34]			2:55.98 [36.75] 3:32.91 [36.93] 4:09.60 [36.69] 4:48.08 [38.48]		
5:26.21 [38.38] 6:02.56 [36.35]			5:26.23 [38.15]		
15 CASSIE COTTRELL	10 MCAT	6:04.25	13 LESLIE SCHMITZ	9 SFRD	6:04.96
Splits: 32.02 1:07.36 [35.34] 1:43.28 [35.92] 2:19.55 [36.27]			Splits: 32.80 1:08.71 [35.91] 1:46.27 [37.56] 2:23.72 [37.45]		
2:56.48 [36.93] 3:33.66 [37.18] 4:11.03 [37.37] 4:49.02 [37.99]			3:01.32 [37.60] 3:38.63 [37.31] 4:15.64 [37.01] 4:52.50 [36.86]		
5:27.29 [38.27] 6:04.25 [36.96]			5:29.49 [36.99] 6:04.96 [35.47]		
16 SASHA PERIGO	9 REDW	6:15.71	14 ELIZABETH CASTRO-ABRAMS	12 SMHS	6:05.29
Splits: 33.27 1:10.63 [37.36] 1:48.09 [37.46] 2:25.56 [37.47]			Splits: 33.03 1:10.42 [37.39] 1:47.91 [37.49] 2:25.97 [38.06]		
3:02.90 [37.34] 3:41.28 [38.38] 4:20.20 [38.92] 4:59.41 [39.21]			3:03.69 [37.72] 3:40.48 [36.79] 4:16.90 [36.42] 4:53.91 [37.01]		
5:38.84 [39.43] 6:15.71 [36.87]			5:29.81 [35.90]		
PRELIM RESULTS			15 SASHA PERIGO	9 REDW	6:08.53
1 KIM BACA	9 SMHS	5:17.58 b	Splits: 32.40 1:08.12 [35.72] 1:45.16 [37.04] 2:21.78 [36.62]		
Splits: 28.48 59.33 [30.85] 1:30.99 [31.66] 2:03.06 [32.07]			2:59.29 [37.51] 3:37.58 [38.29] 4:16.04 [38.46] 4:54.56 [38.52]		
2:35.43 [32.37] 3:07.87 [32.44] 3:40.65 [32.78] 4:13.47 [32.82]			5:32.22 [37.66]		
4:46.10 [32.63]			16 CASSIE COTTRELL	10 MCAT	6:10.14
2 HANNAH CUTTS	10 NOVA	5:25.46 b	Splits: 31.57 1:06.31 [34.74] 1:42.46 [36.15] 2:19.54 [37.08]		
Splits: 28.94 1:00.87 [31.93] 1:33.64 [32.77] 2:06.65 [33.01]			2:57.42 [37.88] 3:35.49 [38.07] 4:14.08 [38.59] 4:52.75 [38.67]		
2:40.36 [33.71] 3:13.42 [33.06] 3:46.81 [33.39] 4:20.48 [33.67]			5:31.66 [38.91]		
4:53.54 [33.06]			17 MONICA MURRAY	10 MCAT	6:16.66
3 MADISON LIVINGSTON	11 REDW	5:32.66	Splits: 30.92 1:05.87 [34.95] 1:43.46 [37.59] 2:22.20 [38.74]		
Splits: 28.56 59.16 [30.60] 1:30.94 [31.78] 2:02.90 [31.96]			3:01.11 [38.91] 3:40.47 [39.36] 4:19.82 [39.35] 4:58.71 [38.89]		
2:40.10 [37.20] 3:15.06 [34.96] 3:49.58 [34.52] 4:24.40 [34.82]			5:38.21 [39.50] 6:16.66 [38.45]		
4:59.02 [34.62] 5:32.66 [33.64]			18 NICOLE HARRINGTON	12 NOVA	6:21.85
4 JULIANA RIOS	12 REDW	5:33.98	Splits: 33.15 1:10.58 [37.43] 1:49.28 [38.70] 2:28.16 [38.88]		
Splits: 29.98 1:03.10 [33.12] 1:36.66 [33.56] 2:10.32 [33.66]			3:07.85 [39.69] 3:47.81 [39.96] 4:27.13 [39.32] 5:07.07 [39.94]		
2:44.08 [33.76] 3:18.58 [34.50] 3:53.35 [34.77] 4:27.68 [34.33]			5:46.00 [38.93] 6:21.85 [35.85]		
5:01.04 [33.36] 5:33.98 [32.94]			19 ISABELLA SALMI	9 BRAN	6:21.96
5 JUSTUS EVERS	9 NOVA	5:34.70	Splits: 33.69 1:12.23 [38.54] 1:50.42 [38.19] 2:30.17 [39.75]		
Splits: 29.57 1:02.09 [32.52] 1:36.46 [34.37] 2:11.09 [34.63]			3:09.94 [39.77] 3:49.71 [39.77] 4:28.43 [38.72] 5:07.23 [38.80]		
2:45.62 [34.53] 3:19.20 [33.58] 3:53.04 [33.84] 4:26.80 [33.76]			5:46.43 [39.20] 6:21.96 [35.53]		
5:01.06 [34.26] 5:34.70 [33.64]			20 HANNAH HEYWORTH	11 SFRD	6:23.49
6 ALI COOPERSMITH	10 TAMA	5:41.71	Splits: 33.35 1:10.81 [37.46] 1:49.36 [38.55] 2:28.23 [38.87]		
Splits: 29.25 1:01.95 [32.70] 1:35.94 [33.99] 2:10.44 [34.50]			3:07.45 [39.22] 3:46.61 [39.16] 4:26.22 [39.61] 5:05.75 [39.53]		
2:45.33 [34.89] 3:20.09 [34.76] 3:55.64 [35.55] 4:31.25 [35.61]			5:45.65 [39.90]		
5:07.30 [36.05] 5:41.71 [34.41]			21 KYRA MANGAN	10 REDW	6:44.39
7 NINA WHEELER	10 SFRD	5:51.39	Splits: 37.26 1:18.38 [41.12] 1:59.55 [41.17] 2:40.63 [41.08]		
Splits: 30.99 1:04.42 [33.43] 1:38.70 [34.28] 2:13.96 [35.26]			3:21.59 [40.96] 4:02.64 [41.05] 4:43.36 [40.72] 5:24.51 [41.15]		
2:50.10 [36.14] 3:26.10 [36.00] 4:02.34 [36.24] 4:39.02 [36.68]			6:05.32 [40.81]		
5:15.61 [36.59]			22 MARISA MCDONALD	10 TAMA	6:52.15
8 CARLY OHMART	9 TERR	5:51.92	Splits: 34.87 1:13.85 [38.98] 1:55.41 [41.56] 2:37.19 [41.78]		
Splits: 32.74 1:07.20 [34.46] 1:42.55 [35.35] 2:18.49 [35.94]			3:19.97 [42.78] 4:02.87 [42.90] 4:45.75 [42.88] 5:28.75 [43.00]		
2:54.21 [35.72] 3:29.07 [34.86] 4:05.24 [36.17] 4:41.70 [36.46]			6:11.52 [42.77]		
5:17.62 [35.92] 5:51.92 [34.30]			23 EMMA MACKIE	9 SFRD	6:53.33
9 JULIE VON DER LIPPE	12 SRAF	5:55.72	Splits: 35.28 1:15.21 [39.93] 1:56.01 [40.80] 2:37.21 [41.20]		
Splits: 31.94 1:06.20 [34.26] 1:41.51 [35.31] 2:17.21 [35.70]			3:19.39 [42.18] 4:02.21 [42.82] 4:45.34 [43.13] 5:29.10 [43.76]		
2:53.68 [36.47] 3:30.05 [36.37] 4:06.68 [36.63] 4:43.55 [36.87]			6:12.51 [43.41]		
5:20.02 [36.47] 5:55.72 [35.70]			24 ALISON GIBSON	11 SMHS	6:53.51
10 BROOKIE HOLLANDER	10 SFRD	6:00.65	Splits: 35.40 1:15.03 [39.63] 1:56.69 [41.66] 2:39.36 [42.67]		
Splits: 30.63 1:04.93 [34.30] 1:40.80 [35.87] 2:17.96 [37.16]			3:22.60 [43.24] 4:06.15 [43.55] 4:49.58 [43.43] 5:32.91 [43.33]		
2:54.95 [36.99] 3:31.90 [36.95] 4:08.86 [36.96] 4:46.79 [37.93]			6:14.97 [42.06] 6:56.91 [41.94]		
5:24.47 [37.68] 6:00.65 [36.18]			25 BRIANNA CASTALDO	12 MCAT	6:56.91
11 CECILIA CACCIATORE	12 MCAT	6:02.09	Splits: 35.40 1:15.03 [39.63] 1:56.69 [41.66] 2:39.36 [42.67]		
Splits: 32.86 1:09.09 [36.23] 1:44.78 [35.69] 2:21.45 [36.67]			3:22.60 [43.24] 4:06.15 [43.55] 4:49.58 [43.43] 5:32.91 [43.33]		
2:58.58 [37.13] 3:35.91 [37.33] 4:13.12 [37.21] 4:50.62 [37.50]			6:14.97 [42.06] 6:56.91 [41.94]		
5:27.22 [36.60]			26 LEAH GULIASI	12 TERR	7:09.82
			Splits: 39.31 1:20.55 [41.24] 2:03.26 [42.71] 2:46.66 [43.40]		
			3:30.41 [43.75] 4:14.17 [43.76] 4:58.12 [43.95] 5:42.92 [44.80]		
			6:26.71 [43.79] 7:09.82 [43.11]		

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

Event # 16 BOYS 500Y FREESTYLE										
MCAL LEAGUE/NCS:C.Hennessey Sir Francis Drake 4:31.78 2007										
MCAL MEET:M.Toepfer Novato 4:41.25 1985										
AUTOMATIC 4:48.06a										
CONSIDER. 5:08.99b										
A FINAL RESULTS										
1	SCOTT STASKUS	12	SFRD	4:49.31	b	14	ROBBIE JUSTICE	12	SFRD	5:39.77
	Splits: 25.83 53.81 [27.98]	1:22.76 [28.95]	1:51.65 [28.89]				Splits: 31.91 1:06.39 [34.48]	1:41.73 [35.34]	2:17.21 [35.48]	
	2:21.11 [29.46]	2:50.79 [29.68]	3:21.13 [30.34]	3:51.60 [30.47]			2:52.12 [34.91]	3:26.16 [34.04]	4:00.10 [33.94]	4:33.82 [33.72]
	4:21.28 [29.68]	4:49.31 [28.03]					5:07.91 [34.09]	5:39.77 [31.86]		
2	MIGUEL MATTOX	9	TAMA	4:49.51	b	15	NICK WHITEHEAD	11	TERR	5:40.22
	Splits: 26.41 54.77 [28.36]	1:23.36 [28.59]	1:52.57 [29.21]				Splits: 30.56 1:04.64 [34.08]	1:39.41 [34.77]	2:13.86 [34.45]	
	2:22.45 [29.88]	2:52.26 [29.81]	3:22.27 [30.01]	3:51.88 [29.61]			2:49.59 [35.73]	3:24.81 [35.22]	4:00.01 [35.20]	4:34.37 [34.36]
	4:21.45 [29.57]	4:49.51 [28.06]					5:09.45 [35.08]	5:40.22 [30.77]		
3	THOMAS CARROLL	9	MCAT	4:55.45	b	16	KIRK WARNER	12	MCAT	5:47.19
	Splits: 26.80 55.65 [28.85]	1:25.29 [29.64]	1:55.27 [29.98]				Splits: 30.71 1:03.32 [32.61]	1:37.25 [33.93]	2:11.58 [34.33]	
	2:25.01 [29.74]	2:55.03 [30.02]	3:25.05 [30.02]	3:55.30 [30.25]			2:46.46 [34.88]	3:22.22 [35.76]	3:58.12 [35.90]	4:34.24 [36.12]
	4:25.99 [30.69]	4:55.45 [29.46]					5:11.19 [36.95]	5:47.19 [36.00]		
4	JON BEVILACQUA	10	SFRD	4:56.03	b	PRELIM RESULTS				
	Splits: 26.52 55.19 [28.67]	1:24.72 [29.53]	1:54.93 [30.21]			1	SPENCER DOMINY	9	NOVA	4:52.26
	2:25.49 [30.56]	2:56.41 [30.92]	3:26.91 [30.50]	3:57.29 [30.38]			Splits: 13.87 43.34 [29.47]	1:13.03 [29.69]	1:43.22 [30.19]	
	4:27.35 [30.06]	4:56.03 [28.68]					2:13.76 [30.54]	2:44.68 [30.92]	3:15.42 [30.74]	
5	LUKE SOHN	10	TAMA	4:56.53	b	2	SCOTT STASKUS	12	SFRD	4:52.51
	Splits: 28.08 57.68 [29.60]	1:28.16 [30.48]	1:58.25 [30.09]				Splits: 15.40 44.83 [29.43]	1:14.81 [29.98]	1:44.80 [29.99]	
	2:28.71 [30.46]	2:58.82 [30.11]	3:28.55 [29.73]	3:58.47 [29.92]			2:14.82 [30.02]	2:45.95 [31.13]	3:16.72 [30.77]	
	4:27.82 [29.35]	4:56.53 [28.71]				3	THOMAS CARROLL	9	MCAT	4:55.48
6	RICHARD DAVISON	10	REDW	4:57.09	b		Splits: 27.17 56.34 [29.17]	1:26.50 [30.16]	1:56.60 [30.10]	
	Splits: 26.67 55.55 [28.88]	1:24.75 [29.20]	1:54.31 [29.56]				2:26.82 [30.22]	2:56.95 [30.13]	3:27.12 [30.17]	3:57.33 [30.21]
	2:24.89 [30.58]	2:55.61 [30.72]	3:27.06 [31.45]	3:57.89 [30.83]		4	JON BEVILACQUA	10	SFRD	4:57.68
	4:28.32 [30.43]	4:57.09 [28.77]					Splits: 16.02 45.89 [29.87]	1:15.90 [30.01]	1:45.97 [30.07]	
7	ALEX HENRY	9	TERR	5:06.59	b		2:16.46 [30.49]	2:46.89 [30.43]	3:17.40 [30.51]	3:46.83 [29.43]
	Splits: 28.76 58.58 [29.82]	1:28.76 [30.18]	1:59.55 [30.79]			5	MIGUEL MATTOX	9	TAMA	4:58.96
	2:30.37 [30.82]	3:01.47 [31.10]	3:33.29 [31.82]	4:05.30 [32.01]			Splits: 27.83 57.64 [29.81]	1:27.76 [30.12]	1:57.93 [30.17]	
	4:37.09 [31.79]	5:06.59 [29.50]					2:28.03 [30.10]	2:58.06 [30.03]	3:27.93 [29.87]	3:57.81 [29.88]
8	SPENCER DOMINY	9	NOVA	5:06.64	b		4:28.17 [30.36]	4:58.96 [30.79]		
	Splits: 25.84 54.45 [28.61]	1:24.37 [29.92]	1:55.23 [30.86]			6	LUKE SOHN	10	TAMA	4:59.23
	2:26.65 [31.42]	2:58.38 [31.73]	3:30.13 [31.75]	4:02.33 [32.20]			Splits: 28.11 59.18 [31.07]	1:30.31 [31.13]	2:00.47 [30.16]	
	4:34.63 [32.30]	5:06.64 [32.01]					2:31.13 [30.66]	3:00.93 [29.80]	3:31.02 [30.09]	4:01.24 [30.22]
						4:30.61 [29.37]				
B FINAL RESULTS						7	RICHARD DAVISON	10	REDW	5:04.12
9	MAX SIECK	11	TAMA	5:19.63			Splits: 27.33 57.01 [29.68]	1:27.71 [30.70]	1:58.08 [30.37]	
	Splits: 28.93 1:00.55 [31.62]	1:33.54 [32.99]	2:06.63 [33.09]				2:29.16 [31.08]	2:59.97 [30.81]	3:30.56 [30.59]	4:01.73 [31.17]
	2:39.34 [32.71]	3:12.03 [32.69]	3:44.56 [32.53]	4:16.81 [32.25]		8	ALEX HENRY	9	TERR	5:05.44
	4:49.53 [32.72]	5:19.63 [30.10]					Splits: 28.65 57.61 [28.96]	1:27.40 [29.79]	1:57.73 [30.33]	
10	ZACK COHEN	9	REDW	5:20.96			2:28.74 [31.01]	2:59.83 [31.09]	3:31.34 [31.51]	4:03.30 [31.96]
	Splits: 29.62 1:02.33 [32.71]	1:35.64 [33.31]	2:08.70 [33.06]				4:34.74 [31.44]			
	2:41.68 [32.98]	3:14.45 [32.77]	3:46.71 [32.26]	4:18.78 [32.07]		9	MAX SIECK	11	TAMA	5:19.18
	4:50.45 [31.67]	5:20.96 [30.51]					Splits: 28.40 59.20 [30.80]	1:30.89 [31.69]	2:02.76 [31.87]	
11	GABE PATINO	9	REDW	5:25.46			2:35.54 [32.78]	3:08.29 [32.75]	3:40.89 [32.60]	4:13.83 [32.94]
	Splits: 29.18 1:02.54 [33.36]	1:35.64 [33.10]	2:09.42 [33.78]				4:47.51 [33.68]			
	2:43.46 [34.04]	3:15.95 [32.49]	3:48.32 [32.37]	4:20.88 [32.56]		10	JOE PEGUERO	12	MCAT	5:20.40
	4:50.45 [29.57]	5:25.46 [35.01]					Splits: 28.26 58.87 [30.61]	1:30.31 [31.44]	2:02.54 [32.23]	
12	JOE PEGUERO	12	MCAT	5:27.96			2:35.31 [32.77]	3:08.39 [33.08]	3:41.93 [33.54]	4:16.42 [34.49]
	Splits: 28.41 1:00.52 [32.11]	1:33.56 [33.04]	2:07.03 [33.47]				4:49.27 [32.85]			
	2:40.34 [33.31]	3:12.67 [32.33]	3:45.96 [33.29]	4:19.80 [33.84]		11	GABE PATINO	9	REDW	5:21.02
	4:54.24 [34.44]	5:27.96 [33.72]					Splits: 23.52 56.60 [33.08]	1:30.11 [33.51]	2:03.74 [33.63]	
13	JEREMY TSYPORIN	10	TAMA	5:30.52			2:37.21 [33.47]	3:10.23 [33.02]	3:43.28 [33.05]	
	Splits: 29.52 1:01.24 [31.72]	1:34.92 [33.68]	2:08.73 [33.81]			12	ZACK COHEN	9	REDW	5:26.84
	2:42.50 [33.77]	3:16.19 [33.69]	3:49.56 [33.37]	4:23.60 [34.04]			Splits: 28.96 1:01.25 [32.29]	1:35.05 [33.80]	2:08.56 [33.51]	
	4:57.77 [34.17]	5:30.52 [32.75]					2:42.25 [33.69]	3:16.09 [33.84]	3:48.99 [32.90]	4:22.31 [33.32]
							4:55.45 [33.14]	5:26.84 [31.39]		

2010 MCAL Swimming And Diving Championsh

Tamalpais High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10									
13	JEREMY TSYPORIN	10	TAMA	5:32.77					
	Splits: 30.33 1:03.21 [32.88] 1:37.15 [33.94] 2:10.84 [33.69]								
	2:44.16 [33.32] 3:18.12 [33.96] 3:52.45 [34.33] 4:26.29 [33.84]								
	5:00.06 [33.77] 5:32.77 [32.71]								
14	NICK WHITEHEAD	11	TERR	5:41.10					
	Splits: 31.06 1:05.46 [34.40] 1:40.21 [34.75] 2:15.86 [35.65]								
	2:51.85 [35.99] 3:26.95 [35.10] 4:00.52 [33.57] 4:34.66 [34.14]								
	5:08.58 [33.92]								
15	KIRK WARNER	12	MCAT	5:43.86					
	Splits: 28.02 1:02.23 [34.21] 1:37.16 [34.93] 2:12.20 [35.04]								
	2:48.01 [35.81] 3:24.29 [36.28] 4:00.95 [36.66]								
16	ROBBIE JUSTICE	12	SFRD	5:45.91					
	Splits: 32.08 1:07.97 [35.89] 1:43.06 [35.09] 2:18.12 [35.06]								
	2:52.40 [34.28] 3:26.89 [34.49] 4:01.22 [34.33]								
17	SPENCER GALLI	9	SFRD	5:50.50					
	Splits: 29.58 1:05.90 [36.32] 1:42.38 [36.48] 2:18.48 [36.10]								
	2:54.85 [36.37] 3:30.41 [35.56] 4:05.67 [35.26] 4:39.91 [34.24]								
	4:55.03 [15.12]								
18	ANDREW KULP	10	SMHS	5:54.11					
	Splits: 30.69 1:03.89 [33.20] 1:38.16 [34.27] 2:13.38 [35.22]								
	2:49.05 [35.67] 3:26.31 [37.26] 4:03.71 [37.40] 4:41.10 [37.39]								
	5:18.67 [37.57]								
19	STEPHEN GAVNEY	9	MCAT	5:59.18					
	Splits: 31.08 1:06.20 [35.12] 1:41.89 [35.69] 2:18.15 [36.26]								
	2:54.76 [36.61] 3:32.06 [37.30] 4:09.66 [37.60] 4:46.93 [37.27]								
	5:23.79 [36.86]								
20	EVAN ROSCOE	11	JUST	5:59.45					
	Splits: 31.51 1:07.52 [36.01] 1:44.44 [36.92] 2:21.20 [36.76]								
	2:58.37 [37.17] 3:34.77 [36.40] 4:11.58 [36.81] 4:49.50 [37.92]								
	5:27.16 [37.66]								
21	CONNOR NEVITT	9	REDW	5:59.51					
	Splits: 30.53 1:05.78 [35.25] 2:20.20 [1:14.42] 2:57.85 [37.65]								
	3:35.37 [37.52] 4:50.35 [1:14.98] 5:26.07 [35.72]								
22	JOHN WINSOR	9	SMHS	6:03.87					
	Splits: 1:05.08 2:16.36 [1:11.28] 2:54.24 [37.88] 4:48.20 [1:53.96]								
	6:03.87 [1:15.67]								
23	TOMMY HOLT	10	MCAT	6:08.06					
	Splits: 29.78 1:04.76 [34.98] 1:41.10 [36.34] 2:18.82 [37.72]								
	2:56.66 [37.84] 3:35.26 [38.60] 4:14.51 [39.25] 4:53.51 [39.00]								
	5:32.69 [39.18]								
24	NICK RUSSO	10	TERR	6:11.43					
25	SAM MAXIM	12	TERR	6:13.84					
	Splits: 29.69 1:03.57 [33.88] 1:39.90 [36.33] 2:17.89 [37.99]								
	2:55.42 [37.53] 3:34.78 [39.36] 4:15.05 [40.27] 4:55.16 [40.11]								
	5:35.63 [40.47] 6:13.84 [38.21]								
26	GAREN MAHMOUDI	9	NOVA	6:24.28					
	Splits: 41.01 1:20.72 [39.71] 2:00.53 [39.81] 2:41.04 [40.51]								
	3:20.00 [38.96] 4:00.26 [40.26] 4:39.83 [39.57]								
27	CYRUS NAMDAR	9	BRAN	6:41.03					
	Splits: 35.02 1:13.51 [38.49] 1:55.01 [41.50] 2:36.15 [41.14]								
	3:18.82 [42.67] 3:59.59 [40.77] 4:41.42 [41.83] 5:22.92 [41.50]								
	6:04.01 [41.09]								

Event # 17 GIRLS 200Y FREESTYLE RELAY

MCAL LEAGUE/NCS: Redwood 1:34.94 2009

MCAL MEET: Redwood 1:37.37 2009

AUTOMATIC 1:42.21a

CONSIDER. 1:51.09b

A FINAL RESULTS

1	REDWOOD HIGH SCHOOL A	REDW	1:37.92	a
	1 SLATER,LAURA 12	2 ROTH,BECCA 10		
	3 ROTH,DEBORAH 12	4 DEMONT,DEVON 12		
	Splits: 25.74 23.82 23.66 24.70			
2	MARIN CATHOLIC A	MCAT	1:40.04	a
	1 LEE,ALEXIS	2 FORD,RILEY		
	3 THOMASON,ALI	4 MURPHY,KATHRYN		
	Splits: 25.22 25.65 26.20 22.97			
3	SAN MARIN A	SMHS	1:40.61	a
	1 COCHRANE,SABRINA 18	2 BACA,KATIE 9		
	3 BACA,KIM 9	4 WILLIAMS,ASHLEY 18		
	Splits: 25.10 25.66 25.37 24.48			
4	TAMALPAIS A	TAMA	1:48.28	b
	1 SATO,KRISTIN	2 WALLACE,JENNA		
	3 SHEPHERD,JEANNE	4 COOPERSMITH,ALI		
	Splits: 27.20 26.99 27.59 26.50			
5	BULLDOGS A	SRAF	1:49.16	b
	1 DAME,SAMANTHA	2 SHARPE,SAMANTHA 12		
	3 LANG,CLAIRE	4 GRAY,ANNIE 12		
	Splits: 25.68 28.56 26.83 28.09			
6	SIR FRANCIS DRAKE A	SFRD	1:49.42	b
	1 WHITLEY,JULIA 9	2 WHEELER,NINA 10		
	3 HOLLANDER,BROOKIE 10	4 SCHMITZ,LESLIE 9		
	Splits: 26.59 27.63 28.29 26.91			
7	TERR LINDA A	TERR	1:49.60	b
	1 WINDER,KIMMIE	2 OHMART,CARLY 9		
	3 HIGGINS,AMY 9	4 RETORNAZ,JULIETTE 10		
	Splits: 25.51 27.77 28.07 28.25			
8	NOVATO HIGH SCHOOL A	NOVA	1:53.38	
	1 CARAMUCCI,KATIE	2 MCCAHEY,VIDA		
	3 HARRINGTON,NICOLE	4 COOPER,MEGAN		
	Splits: 28.56 28.70 28.86 27.26			
9	BRANSON A	BRAN	2:00.56	
	1 PUGASH,ALISON 11	2 DATTELS,CELIA 10		
	3 BATTEY,EMMA 9	4 SALMI,ISABELLA 9		
	Splits: 30.76 31.14 31.19 27.47			
	JUSTIN-SIENA A	JUST		DQ
	1 KREUZBERGER,KIMMIE	2 MENDIETA,XIMENA		
	3 GEYER,TEAL	4 GOLD,LAURA		
	Splits: 25.30 26.67 30.15 28.37			
	PRELIM RESULTS			
1	TAMALPAIS A	TAMA	1:41.71	a
	Splits: 26.07 25.83 25.65 24.16			
2	MARIN CATHOLIC A	MCAT	1:41.87	a
	Splits: 25.55 26.30 26.09 23.93			
3	SAN MARIN A	SMHS	1:42.38	b
	Splits: 25.05 27.17 25.63			
4	BULLDOGS A	SRAF	1:48.40	b
	1 DAME,SAMANTHA	2 SHARPE,SAMANTHA 12		
	3 LANG,CLAIRE	4 GRAY,ANNIE 12		
	Splits: 25.65 28.43 26.61			
5	REDWOOD HIGH SCHOOL A	REDW	1:49.18	b
	Splits: 25.92 26.26 28.48			

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10

6 JUSTIN-SIENA A	JUST	1:49.90	b	6 TAMALPAIS A	TAMA	1:36.05	b
Splits: 25.38 28.90 26.72 28.90				Splits: 24.08 23.78 25.28			
7 SIR FRANCIS DRAKE A	SFRD	1:50.15	b	7 NOVATO HIGH SCHOOL A	NOVA	1:37.82	b
Splits: 27.27 27.04 28.46				Splits: 25.54 24.55 24.24 23.49			
8 TERRA LINDA A	TERR	1:51.01	b	8 BRANSON A	BRAN	2:03.23	
Splits: 25.83 28.83 31.80				Splits: 27.82 34.03 32.07			
9 NOVATO HIGH SCHOOL A	NOVA	1:53.88					
Splits: 27.93 29.77 28.42 27.76							
10 BRANSON A	BRAN	2:08.62					
Splits: 31.83 [43.29] [21.03]							

Event # 18 BOYS 200Y FREESTYLE RELAY

MCAL LEAGUE/NCS: Drake 1:25.91 2000
 MCAL MEET: Marin Catholic 1:26.86 2007
 AUTOMATIC 1:30.03a
 CONSIDER. 1:38.09b

A FINAL RESULTS

1 TERRA LINDA A	TERR	1:29.20	a
1 HEIM,ROBERT	2 PAULEY,GAVIN		
3 SANGSTER,BRENDAN	4 WILLIAMS,TRENT		
Splits: 21.78 22.94 22.78 21.70			
2 TAMALPAIS A	TAMA	1:30.97	b
1 WEBER,JAKE	2 NAGY,TANNER		
3 NAGY,CODY	4 LATIMER,BRENNAN		
Splits: 22.20 23.03 22.91 22.83			
3 MARIN CATHOLIC A	MCAT	1:31.08	b
1 HARTWIG,BRAD	2 CARROLL,THOMAS		
3 REIZMAN,JIMMY	4 DILSWORTH,ANDREW		
Splits: 22.65 22.96 23.20 22.27			
4 SIR FRANCIS DRAKE A	SFRD	1:31.93	b
1 JARRETT,CHASE 11	2 DUBOIS,KEENAN 11		
3 BEVILACQUA,JON 10	4 STASKUS,SCOTT 12		
Splits: 22.47 23.18 23.68 22.60			
5 SAN MARIN A	SMHS	1:35.53	b
1 CASTRO-ABRAMS,KENN 9	2 WINTER,CHARLIE 10		
3 MERCURIO,THOMAS 10	4 NIELSEN,CHRIS 12		
Splits: 23.74 24.41 23.68 23.70			
6 NOVATO HIGH SCHOOL A	NOVA	1:37.07	b
1 DOMINY,SPENCER	2 CLARK-VILASENOR,JAS		
3 DICK,BRIAN	4 ANDREWSON,EVAN		
Splits: 24.31 24.88 24.55 23.33			
REDWOOD HIGH SCHOOL A	REDW	DQ	
1 BOLE,SANDY 11	2 PATINO,GABE		
3 FARAHMAND,MARCO 12	4 NOGUCHI,SHINTARO		
Splits: 21.93 22.33 24.02 21.38			
BRANSON A	BRAN	DQ	
1 KUNSTLER,JOSHUA 12	2 SOLOMON,MATTHEW 11		
3 BUIE,ANDREW 9	4 NAMDAR,CYRUS 9		
Splits: 27.28 30.62 31.92 29.72			

PRELIM RESULTS

1 REDWOOD HIGH SCHOOL A	REDW	1:30.29	b
Splits: 21.79 22.46 24.04			
2 TERRA LINDA A	TERR	1:31.60	b
Splits: 22.65 23.17 24.35 21.43			
3 MARIN CATHOLIC A	MCAT	1:32.20	b
Splits: 23.04 23.33 23.23			
4 SIR FRANCIS DRAKE A	SFRD	1:34.26	b
Splits: 24.33 23.78 22.61			
5 SAN MARIN A	SMHS	1:35.53	b
Splits: 23.77 24.31 23.54			

Event # 19 GIRLS 100Y BACKSTROKE

MCAL MEET:D.Roth Redwood :56.46 2009
 MCAL LEAGUE/NCS:D.Roth Redwood :53.33 2009
 AUTOMATIC :59.00a
 CONSIDER. 1:04.89b

A FINAL RESULTS

1 DEBORAH ROTH	12	REDW	55.88	*a
Splits: 27.19 55.88 [28.69]				
2 MELISSA FINEMAN	10	TAMA	59.36	b
Splits: 29.15 59.36 [30.21]				
3 ERIN SCHLUETER	12	TAMA	1:00.16	b
Splits: 28.84 1:00.16 [31.32]				
4 KAITLYN LO	12	SFRD	1:00.98	b
Splits: 29.42 1:00.98 [31.56]				
5 BAILEY KINSOLVING	10	SFRD	1:05.17	
Splits: 31.87 1:05.17 [33.30]				
6 JOSIE NORDRUM	9	REDW	1:05.73	
Splits: 31.65 1:05.73 [34.08]				
7 RACHEL SMITH	10	SMHS	1:05.78	
Splits: 31.98 1:05.78 [33.80]				
8 ALYSSA SANDNER	12	REDW	1:06.29	
Splits: 32.35 1:06.29 [33.94]				

B FINAL RESULTS

9 MONICA MURRAY	10	MCAT	1:06.17	
Splits: 31.93 1:06.17 [34.24]				
10 REBECCA GERRITY	11	MCAT	1:07.19	
Splits: 31.94 1:07.19 [35.25]				
11 SAMI HARVEY	10	TAMA	1:07.91	
Splits: 32.87 1:07.91 [35.04]				
12 MICHELLE KANNE	12	REDW	1:08.11	
Splits: 33.26 1:08.11 [34.85]				
13 STEPHANIE HENRY	10	TERR	1:09.32	
Splits: 33.28 1:09.32 [36.04]				
14 JULIA WHITLEY	9	SFRD	1:09.34	
Splits: 33.17 1:09.34 [36.17]				
15 KAYLIN CLAYPOOL	11	MCAT	1:10.23	
Splits: 33.87 1:10.23 [36.36]				
16 CASSIE COTTRELL	10	MCAT	1:10.98	
Splits: 33.10				

PRELIM RESULTS

1 DEBORAH ROTH	12	REDW	59.60	b
Splits: 28.76 59.60 [30.84]				
2 KAITLYN LO	12	SFRD	1:01.60	b
Splits: 29.85 1:01.60 [31.75]				
3 ERIN SCHLUETER	12	TAMA	1:02.04	b
Splits: 30.20				
4 MELISSA FINEMAN	10	TAMA	1:02.46	b
Splits: 30.38				
5 ALYSSA SANDNER	12	REDW	1:05.15	
Splits: 31.55				
6 RACHEL SMITH	10	SMHS	1:05.57	
Splits: 32.19				

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10				May 14-15, 2010				SC Yards			
7	BAILEY KINSOLVING	10	SFRD	1:05.92	39	MIRIAM LESTER	9	TAMA	1:33.15		
	Splits: 32.07 1:05.92 [33.85]					Splits: 44.94					
8	JOSIE NORDRUM	9	REDW	1:06.48	40	ELIZABETH MILOSKY	9	TAMA	1:34.58		
	Splits: 31.63				41	MAXIME MONTOYA	9	REDW	1:35.84		
9	MICHELLE KANNE	12	REDW	1:06.83		Splits: 46.48					
	Splits: 32.65 1:06.83 [34.18]					CAT WU	9	SMHS	DO		
10	REBECCA GERRITY	11	MCAT	1:07.92		Splits: 49.69 1:47.45 [57.76]					
	Splits: 32.32 1:07.92 [35.60]										
11	SAMI HARVEY	10	TAMA	1:08.27	Event # 20 BOYS 100Y BACKSTROKE						
	Splits: 32.76				MCAL MEET:R.Dougherty Redwood :52.10 1996						
12	STEPHANIE HENRY	10	TERR	1:08.61	MCAL LEAGUE/NCS:R.Dougherty Redwood :50.79 1999						
	Splits: 32.62 1:08.61 [35.99]				AUTOMATIC :54.65a						
13	CASSIE COTTRELL	10	MCAT	1:08.98	CONSIDER. :59.29b						
	Splits: 32.69 1:08.98 [36.29]				A FINAL RESULTS						
14	JULIA WHITLEY	9	SFRD	1:09.88	1	KENNETH CASTRO-ABRAMS	9	SMHS	54.48 a		
	Splits: 33.52 1:09.88 [36.36]					Splits: 26.81 54.48 [27.67]					
15	KAYLIN CLAYPOOL	11	MCAT	1:10.82	2	SAM STARR	10	JUST	55.25 b		
	Splits: 33.99 1:10.82 [36.83]					Splits: 26.81 55.25 [28.44]					
16	MONICA MURRAY	10	MCAT	1:10.91	3	ALLAN JABRI	11	REDW	55.56 b		
	Splits: 33.28 1:10.91 [37.63]					Splits: 26.55 55.56 [29.01]					
17	KATIE CARAMUCCI	9	NOVA	1:12.13	4	MIGUEL MATTOX	9	TAMA	56.52 b		
	Splits: 35.33					Splits: 27.81 56.52 [28.71]					
18	JULIE VON DER LIPPE	12	SRAF	1:12.56	5	JOE WEBER	10	TAMA	58.33 b		
	Splits: 35.17					Splits: 28.20 58.33 [30.13]					
19	SASHA PERIGO	9	REDW	1:13.43	6	TANNER NAGY	11	TAMA	58.45 b		
	Splits: 35.66					Splits: 28.82 58.45 [29.63]					
20	ALISON CURTIS	11	TAMA	1:14.44	7	BRENDAN SANGSTER	12	TERR	58.72 b		
	Splits: 35.15					Splits: 28.77 58.72 [29.95]					
21	SOFIA SOBRERO	9	REDW	1:16.58	8	RILEY SYKES	10	TAMA	1:00.88		
22	OPHELIA PEDERSEN	11	SMHS	1:16.98		Splits: 29.91 1:00.88 [30.97]					
	Splits: 36.99 1:16.98 [39.99]				B FINAL RESULTS						
23	OLIVIA DAVID	9	BRAN	1:17.25	9	AUSTIN OAKES	11	TERR	1:01.30		
	Splits: 39.04					Splits: 29.51 1:01.30 [31.79]					
24	TEAL GEYER	11	JUST	1:18.72	10	JAMIE SINNETT	12	MCAT	1:01.95		
25	ALEX ABLE	10	TERR	1:19.13		Splits: 29.49 1:01.95 [32.46]					
	Splits: 38.30				11	ANDREW SHEETS	9	NOVA	1:02.46		
26	LILY FRANCIS	12	SRAF	1:20.60		Splits: 30.30 1:02.46 [32.16]					
	Splits: 37.98 1:20.60 [42.62]				12	TREVOR GOETZ	10	MCAT	1:03.79		
27	SARAH MCKINNEY	10	NOVA	1:20.88		Splits: 31.41 1:03.79 [32.38]					
	Splits: 37.97 1:20.88 [42.91]				13	CIAN RICHARDSON	10	SFRD	1:03.88		
28	ALISON GIBSON	11	SMHS	1:21.02		Splits: 31.03 1:03.88 [32.85]					
	Splits: 39.66				14	DANIEL CASTAGNOLA	9	MCAT	1:05.40		
29	KATE O'BRIEN	10	TAMA	1:21.19		Splits: 31.69 1:05.40 [33.71]					
30	LOES VAN DAM	9	SMHS	1:21.31	15	CHARLIE WINTER	10	SMHS	1:06.50		
	Splits: 39.20					Splits: 31.48 1:06.50 [35.02]					
31	HALEY JACOMBSON	9	TERR	1:22.75	16	CONNOR NEVITT	9	REDW	1:10.32		
	Splits: 38.93 1:22.75 [43.82]				PRELIM RESULTS						
32	GABRIELLE HAUZY	9	TAMA	1:23.34	1	KENNETH CASTRO-ABRAMS	9	SMHS	54.72 b		
	Splits: 40.33					Splits: 26.51 54.72 [28.21]					
33	SARAH ANDREWSON	12	NOVA	1:24.75	2	ALLAN JABRI	11	REDW	55.55 b		
	Splits: 41.30 1:24.75 [43.45]					Splits: 26.89 55.55 [28.66]					
34	ALEXANDRA HOOD	9	REDW	1:26.11	3	SAM STARR	10	JUST	55.84 b		
	Splits: 41.32					Splits: 26.78 55.84 [29.06]					
35	CLAIRE PACKER	10	BRAN	1:27.58	4	MIGUEL MATTOX	9	TAMA	57.22 b		
	Splits: 41.61					Splits: 28.16 57.22 [29.06]					
36	MARINA ADRIANZEN	9	TAMA	1:27.81	5	JOE WEBER	10	TAMA	57.36 b		
	Splits: 41.55 1:27.81 [46.26]					Splits: 27.69 57.36 [29.67]					
37	PAIGE CONNAUGHTON	9	MCAT	1:30.91	6	TANNER NAGY	11	TAMA	59.57		
38	VERONICA RUSSELL	9	TAMA	1:31.25		Splits: 29.34 59.57 [30.23]					
	Splits: 42.85										

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

7	BRENDAN SANGSTER	12	TERR	59.60	11	KENZA SALEM	9	REDW	1:16.34
	Splits: 28.88 59.60 [30.72]					Splits: 34.94 1:16.34 [41.40]			
8	RILEY SYKES	10	TAMA	1:01.04	12	CARLY JACKSON-CLARK	9	SRAF	1:17.56
	Splits: 30.02					Splits: 36.96 1:17.56 [40.60]			
9	JAMIE SINNETT	12	MCAT	1:01.25	13	MORGAN SALING	9	TERR	1:17.96
	Splits: 29.06					Splits: 36.45 1:17.96 [41.51]			
10	AUSTIN OAKES	11	TERR	1:02.08	14	KATHERINE TAKESHITA	10	TAMA	1:20.92
	Splits: 29.66					Splits: 38.21 1:20.92 [42.71]			
11	CIAN RICHARDSON	10	SFRD	1:03.83	15	DANIELLE CARLOS	12	SMHS	1:21.21
	Splits: 30.67 1:03.83 [33.16]					Splits: 37.37 1:21.21 [43.84]			
12	TREVOR GOETZ	10	MCAT	1:05.51	16	ANYA LUKIANCHIKOV	9	REDW	1:22.59
	Splits: 32.25					Splits: 38.18 1:22.59 [44.41]			
13	ANDREW SHEETS	9	NOVA	1:06.15	PRELIM RESULTS				
	Splits: 31.97				1	LILIANA ALVAREZ	12	SFRD	1:05.33 a
14	DANIEL CASTAGNOLA	9	MCAT	1:06.31		Splits: 30.88			
	Splits: 31.75				2	JULIA ALVAREZ	12	SFRD	1:06.33 a
15	CHARLIE WINTER	10	SMHS	1:06.55		Splits: 31.52			
	Splits: 31.93				3	BRIGITTE WINKLER	9	TAMA	1:06.99 b
16	CONNOR NEVITT	9	REDW	1:16.09		Splits: 31.64 1:06.99 [35.35]			
	Splits: 37.29				4	CELESTE MALATESTA	9	SMHS	1:08.79 b
17	BRONIMI ADLER-IVANBROOK	9	NOVA	1:20.61		Splits: 32.86 1:08.79 [35.93]			
SF	CHRISTIAN FOX	10	TERR	1:09.39	5	TAYLOR YAMAGATA	12	NOVA	1:08.94 b
	Splits: 33.79					Splits: 31.80 1:08.94 [37.14]			
SF	KAI BREWER	11	TAMA	1:09.55	6	EMILY JOSEF	10	REDW	1:09.36 b
	Splits: 33.52					Splits: 32.93			
SF	MAURICE BRADY	9	TERR	1:10.45	7	MATTIE WINKLER	12	TAMA	1:11.58 b
	Splits: 33.36					Splits: 33.51			
SF	REESE BUTLER	10	TAMA	1:13.50	8	LAUREN NARO	10	MCAT	1:11.79 b
	Splits: 35.86					Splits: 33.40 1:11.79 [38.39]			
SF	KIRK WONG	10	TAMA	1:15.02	9	RAQUEL NEWMAN	11	REDW	1:12.24
	Splits: 36.29					Splits: 34.55			

Event # 21 GIRLS 100Y BREASTSTROKE

MCAL MEET:T.Yamagata Novato 1:04.91 2009

MCAL LEAGUE/NCS:B.Hanley San Rafael 1:03.13 1989

AUTOMATIC 1:06.57a

CONSIDER. 1:11.79b

A FINAL RESULTS

1	LILIANA ALVAREZ	12	SFRD	1:03.46 *a	11	KENZA SALEM	9	REDW	1:16.07
	Splits: 30.75 1:03.46 [32.71]					Splits: 36.26			
2	JULIA ALVAREZ	12	SFRD	1:03.88 *a	12	CARLY JACKSON-CLARK	9	SRAF	1:16.78
	Splits: 30.23 1:03.88 [33.65]					Splits: 36.53 1:16.78 [40.25]			
3	BRIGITTE WINKLER	9	TAMA	1:05.49 a	13	ANYA LUKIANCHIKOV	9	REDW	1:20.26
	Splits: 30.91 1:05.49 [34.58]					Splits: 37.82			
4	TAYLOR YAMAGATA	12	NOVA	1:07.66 b	14	MORGAN SALING	9	TERR	1:20.45
	Splits: 31.76 1:07.66 [35.90]					Splits: 38.03			
5	CELESTE MALATESTA	9	SMHS	1:08.93 b	15	KATHERINE TAKESHITA	10	TAMA	1:20.49
	Splits: 33.15 1:08.93 [35.78]					Splits: 37.84			
6	EMILY JOSEF	10	REDW	1:09.07 b	16	DANIELLE CARLOS	12	SMHS	1:20.55
	Splits: 32.72 1:09.07 [36.35]					Splits: 37.70			
7	MATTIE WINKLER	12	TAMA	1:11.22 b	17	MARGARET WHALEN	9	TAMA	1:20.59
	Splits: 33.55 1:11.22 [37.67]					Splits: 37.23			
8	LAUREN NARO	10	MCAT	1:12.20	18	AMY HIGGINS	9	TERR	1:21.10
	Splits: 33.60 1:12.20 [38.60]					Splits: 37.86			

B FINAL RESULTS

9	RAQUEL NEWMAN	11	REDW	1:11.73 b	19	GIGI GREENE	12	REDW	1:21.27
	Splits: 33.73 1:11.73 [38.00]					Splits: 38.51			
10	ANNIE GRAY	12	SRAF	1:15.73	20	RACHEL CANTOR	9	SMHS	1:23.29
	Splits: 35.98 1:15.73 [39.75]					Splits: 39.55			
					21	ROSE BURNAM	9	BRAN	1:23.59
						Splits: 39.10			
					22	EMMA ELLISON	11	TAMA	1:23.74
						Splits: 39.74 1:23.74 [44.00]			
					23	NATASHA SHARPE	9	SRAF	1:24.42
						Splits: 40.16			

2010 MCAL Swimming And Diving Championsh

Tamalpias High School

May 14-15, 2010

05/14/10 -05/15/10

SC Yards

24 ELIZABETH FERNWOOD	9	SFRD	1:24.71	2 THOMAS MERCURIO	10	SMHS	1:00.87	b	
Splits: 39.60 1:24.71 [45.11]				Splits: 28.74 1:00.87 [32.13]					
25 EMILY DE SURVILLE	10	MCAT	1:24.91	3 BRAD HARTWIG	10	MCAT	1:02.04	b	
Splits: 40.25 1:24.91 [44.66]				Splits: 28.50 1:02.04 [33.54]					
26 KATIE GILL	9	REDW	1:25.10	4 HAYDEN CORLEY	9	JUST	1:04.29	b	
Splits: 40.23				Splits: 30.69 1:04.29 [33.60]					
27 JAZMIN PROSCH	9	SFRD	1:25.20	5 LANE DICKENS	12	TERR	1:04.41	b	
Splits: 40.10				Splits: 30.06 1:04.41 [34.35]					
28 JENNIFER STRYKER	9	REDW	1:25.22	6 RILEY MCDONALD	12	TAMA	1:05.10		
Splits: 40.39				Splits: 30.55 1:05.10 [34.55]					
29 WENDY BARBERO	11	SFRD	1:25.46	7 ANDREW SCHWARTZ	11	SFRD	1:08.98		
Splits: 39.43				Splits: 31.65 1:08.98 [37.33]					
30 NORA DIVJAK	10	SMHS	1:25.62	8 ANDREW DILSWORTH	11	MCAT	1:09.72		
Splits: 40.23 1:25.62 [45.39]				Splits: 33.07 1:09.72 [36.65]					
31 HELENE ERLER	9	SRAF	1:25.83	B FINAL RESULTS					
Splits: 40.44 1:25.83 [45.39]				9 SASHA LEIDMAN	12	TAMA	1:07.75		
32 RACHEL DENAGILIS	9	SFRD	1:27.08	Splits: 31.28 1:07.75 [36.47]					
Splits: 42.07				10 DANIEL FARBMAN	10	TERR	1:09.72		
33 OLIVIA ASHMORE	10	SFRD	1:27.54	Splits: 32.41 1:09.72 [37.31]					
Splits: 41.38				11 DEVON MILLER-GOWAN	11	TAMA	1:10.00		
34 KRISTIE LEE	9	TAMA	1:28.49	Splits: 31.58 1:10.00 [38.42]					
Splits: 42.31				12 RYAN MORSHEAD	10	SFRD	1:10.03		
35 DANA EMBUSCH	10	TERR	1:29.19	Splits: 32.51 1:10.03 [37.52]					
Splits: 42.39				13 TREVOR WILLIAMS	10	TAMA	1:10.89		
36 EMMA BATTEY	9	BRAN	1:29.80	Splits: 33.10 1:10.89 [37.79]					
Splits: 42.45 1:29.80 [47.35]				14 JAKE SEIJAS	11	MCAT	1:12.74		
37 EMMALINE MEILL	9	REDW	1:32.21	Splits: 34.43 1:12.74 [38.31]					
Splits: 44.73				15 JASTEN CLARK-VILASENOR	11	NOVA	1:12.86		
38 KEMMER TONNE	10	REDW	1:32.54	Splits: 33.83 1:12.86 [39.03]					
Splits: 42.85				16 JOSHUA KUNSTLER	12	BRAN	1:14.05		
39 ARELYS DESOUSA	9	REDW	1:33.43	Splits: 34.75 1:14.05 [39.30]					
40 CELIA DATTELS	10	BRAN	1:33.86	PRELIM RESULTS					
Splits: 43.73 1:33.86 [50.13]				1 THOMAS MERCURIO	10	SMHS	1:01.94	b	
41 LAUREN PEY	11	SFRD	1:34.02	Splits: 29.06 1:01.94 [32.88]					
Splits: 42.89				2 BRAD HARTWIG	10	MCAT	1:01.96	b	
42 JEANETTE DENNY	10	NOVA	1:35.54	Splits: 29.22 1:01.96 [32.74]					
Splits: 44.37				3 SANDY BOLE	11	REDW	1:02.26	b	
43 MIRANDA WOOD	10	NOVA	1:35.73	Splits: 29.41					
Splits: 45.29 1:35.73 [50.44]				4 HAYDEN CORLEY	9	JUST	1:04.18	b	
44 MADISON WILSON	9	MCAT	1:35.83	Splits: 30.40					
Splits: 45.30 1:35.83 [50.53]				5 LANE DICKENS	12	TERR	1:05.46		
45 LILY LU	12	NOVA	1:36.33	Splits: 30.37					
Splits: 46.18				6 RILEY MCDONALD	12	TAMA	1:06.73		
46 KATIE GREENFIELD	11	BRAN	1:36.63	Splits: 31.28 1:06.73 [35.45]					
Splits: 45.44 1:36.63 [51.19]				7 ANDREW DILSWORTH	11	MCAT	1:07.80		
47 BONNIE SMITH	9	TERR	1:37.26	Splits: 32.18 1:07.80 [35.62]					
Splits: 46.58				8 ANDREW SCHWARTZ	11	SFRD	1:09.29		
48 LEONIE HARMS	11	JUST	1:49.39	Splits: 32.08					
Splits: 48.94				9 SASHA LEIDMAN	12	TAMA	1:09.58		
KAITLYN LEONARD	10	SMHS	DQ	Splits: 32.36					
Splits: 45.83 1:37.84 [52.01]				10 DANIEL FARBMAN	10	TERR	1:10.17		
				Splits: 33.57					

Event # 22 BOYS 100Y BREASTSTROKE

MCAL MEET:A.Latimer Tamalpais :58.28 2009
 MCAL LEAGUE/NCS:S.Schwartz Tamalpais :56.19 1985
 AUTOMATIC 1:00.06a
 CONSIDER. 1:04.49b

A FINAL RESULTS

1 SANDY BOLE	11	REDW	1:00.67	b	14 RYAN MORSHEAD	10	SFRD	1:12.52
Splits: 28.40 1:00.67 [32.27]					Splits: 33.53			

2010 MCAL Swimming And Diving Championsh

Tamalpais High School

May 14-15, 2010

SC Yards

05/14/10 -05/15/10				May 14-15, 2010				SC Yards			
15	JASTEN CLARK-VILASENOR	11	NOVA	1:14.30	6	TERRA LINDA A	TERR	4:03.80	b		
	Splits: 34.71					1 CHARTON,KATIE	9	2 HENRY,STEPHANIE	10		
16	JOSHUA KUNSTLER	12	BRAN	1:15.82		3 OHMART,CARLY	9	4 WINDER,KIMMIE			
	Splits: 35.82 1:15.82 [40.00]					Splits: 29.43 1:00.48 [31.05]		Splits: 29.90 1:03.42 [33.52]			
17	NICK GIBBS	9	REDW	1:16.18		Splits: 29.33 1:02.26 [32.93]		Splits: 27.50 57.64 [30.14]			
	Splits: 35.43					7 SAN MARIN A	SMHS	4:17.70			
18	JOHNNY HUINAC	12	SRAF	1:16.39		1 BRANSCUM,SALLY	18	2 SMITH,RACHEL	16		
	Splits: 34.93					3 CARLOS,DANIELLE	18	4 MALATESTA,CELESTE	9		
19	ELVIS HUINAC	10	SRAF	1:17.00		Splits: 31.05 1:06.82 [35.77]		Splits: 30.67 1:04.90 [34.23]			
	Splits: 35.89					Splits: 30.66 1:05.71 [35.05]		Splits: 29.01 1:00.27 [31.26]			
20	ALEX CLAIBORNE	10	TERR	1:17.42		8 BRANSON A	BRAN	4:21.98			
	Splits: 36.49					1 DAVID,OLIVIA	9	2 SALMI,ISABELLA	9		
21	JUSTAS RESKEVICIUS	11	SFRD	1:18.81		3 BURNAM,ROSE	9	4 BUEHLER,KATE	9		
	Splits: 37.00 1:18.81 [41.81]					Splits: 30.88 1:04.50 [33.62]		Splits: 30.19 1:03.99 [33.80]			
22	AUGUSTINE APODACA	9	MCAT	1:20.01		Splits: 31.19 1:07.85 [36.66]		Splits: 29.92			
	Splits: 37.18					9 BULLDOGS A	SRAF	4:22.91			
23	WILL JACOBUS	12	REDW	1:20.27		1 DAME,SAMANTHA		2 VON DER LIPPE,JULIE			
	Splits: 37.20					3 HUINAC,CHABELI		4 VON SOEST,BAXTER	11		
24	RAFAEL IRWIN	9	SRAF	1:24.28		Splits: 26.74 55.94 [29.20]		Splits: 29.61 1:02.00 [32.39]			
	Splits: 40.20					Splits: 34.52 1:14.92 [40.40]		Splits: 15.93 1:10.05 [54.12]			
25	MICHAEL STOMPPE	10	SMHS	1:24.36		10 JUSTIN-SIENA A	JUST	4:35.15			
	Splits: 39.33					1 GALLAGHER,MEGHAN		2 VAN STAAVEREN,LEISK			
	STEVEN SPALDING	11	TERR	DQ		3 BATTEGAZZORE,PAULIN		4 GOLD,LAURA			
	Splits: 31.31 1:07.70 [36.39]					Splits: 33.44 1:10.95 [37.51]		Splits: 32.37 1:09.60 [37.23]			
SF	ANDREW FROST	10	TAMA	1:13.33		Splits: 32.10 1:19.37 [47.27]		Splits: 22.20 55.23 [33.03]			
	Splits: 33.74										

PRELIM RESULTS

1	MARIN CATHOLIC A	MCAT	3:49.72	b
	Splits: 27.12 55.49 [28.37]	Splits: 27.42 58.60 [31.18]		
	Splits: 27.39 57.81 [30.42]	Splits: 26.98 57.82 [30.84]		
2	REDWOOD HIGH SCHOOL A	REDW	3:55.34	b
	Splits: 28.00 57.27 [29.27]	Splits: 27.23 56.95 [29.72]		
	Splits: 28.11 59.02 [30.91]	Splits: 29.25		
3	NOVATO HIGH SCHOOL A	NOVA	3:57.05	b
	1 CUTTS,HANNAH			
	3 EVERS,JUSTUS	9		
	Splits: 27.31 56.48 [29.17]	Splits: 19.46 1:00.41 [40.95]		
	Splits: 27.37 58.62 [31.25]	Splits: 29.44		
4	SIR FRANCIS DRAKE A	SFRD	4:00.18	b
	Splits: 27.61 57.65 [30.04]	Splits: 20.68 1:00.52 [39.84]		
	Splits: 28.72 1:00.54 [31.82]	Splits: 28.76		
5	TERRA LINDA A	TERR	4:02.14	b
	Splits: 28.88 1:00.00 [31.12]	Splits: 28.48 1:00.25 [31.77]		
	Splits: 30.10 1:03.76 [33.66]	Splits: 28.00		
6	TAMALPAIS A	TAMA	4:04.26	b
	Splits: 28.36 2:03.12 [1:34.76]	2:31.72 [28.60]	Splits: 31.31	
	1:00.20 [28.89]			
7	SAN MARIN A	SMHS	4:14.64	
	Splits: 29.07 59.89 [30.82]	Splits: 31.87 1:08.88 [37.01]		
	Splits: 29.78 1:04.47 [34.69]	Splits: 29.22 1:01.40 [32.18]		
8	BRANSON A	BRAN	4:26.32	
	Splits: 31.55 1:05.47 [33.92]	Splits: 31.98 1:09.50 [37.52]		
	Splits: 31.02 1:05.65 [34.63]	Splits: 29.99		
9	BULLDOGS A	SRAF	4:36.53	
	Splits: 31.41 1:05.88 [34.47]	Splits: 33.32 1:13.42 [40.10]		
	Splits: 16.88 1:22.28 [1:05.40]	Splits: 20.01		
10	JUSTIN-SIENA A	JUST	4:51.29	
	Splits: 35.16 1:13.75 [38.59]	Splits: 32.19 1:09.85 [37.66]		
	Splits: 30.99 1:23.21 [52.22]	Splits: 24.64		

Event # 23 GIRLS 400Y FREESTYLE RELAY

MCAL MEET: Redwood 3:34.75 2008

MCAL LEAGUE/NCS: Redwood 3:28.65 2009

AUTOMATIC 3:43.81a

CONSIDER. 4:07.99b

A FINAL RESULTS

1	TAMALPAIS A	TAMA	3:40.14	a
	1 FINEMAN,MELISSA	10	2 WINKLER,MATTIE	12
	3 SCHLUETER,ERIN		4 WINKLER,BRIGITTE	9
	Splits: 26.17 53.64 [27.47]	Splits: 27.46 57.87 [30.41]		
	Splits: 26.54 55.10 [28.56]	Splits: 25.76 53.53 [27.77]		
2	REDWOOD HIGH SCHOOL A	REDW	3:41.44	a
	1 ROTH,BECCA	10	2 LIVINGSTON,MADISO	11
	3 SAYADI,AZITA	12	4 CASEY,MADDIE	12
	Splits: 26.98 56.33 [29.35]	Splits: 16.08 55.70 [39.62]		
	Splits: 26.30 54.59 [28.29]	Splits: 26.32 54.82 [28.50]		
3	MARIN CATHOLIC A	MCAT	3:43.64	a
	1 LEE,ALEXIS		2 GERRITY,REBECCA	11
	3 NARO,LAUREN		4 MURPHY,KATHRYN	
	Splits: 26.26 54.37 [28.11]	Splits: 16.43 1:00.05 [43.62]		
	Splits: 27.53 58.20 [30.67]	Splits: 23.88 51.02 [27.14]		
4	SIR FRANCIS DRAKE A	SFRD	3:51.68	b
	1 ALVAREZ,LILIANA	12	2 KINSOLVING,BAILEY	10
	3 LO,KAITLYN	12	4 ALVAREZ,JULIA	12
	Splits: 27.76 58.42 [30.66]	Splits: 28.25 59.54 [31.29]		
	Splits: 26.84 57.00 [30.16]	Splits: 26.76 56.72 [29.96]		
5	NOVATO HIGH SCHOOL A	NOVA	3:56.54	b
	1 CUTTS,HANNAH		2 CARAMUCCI,KATIE	
	3 EVERS,JUSTUS	9	4 WOOD,MIRANDA	
	Splits: 28.42 59.70 [31.28]	Splits: 15.52 59.91 [44.39]		
	Splits: 27.54 58.91 [31.37]	Splits: 27.59 58.02 [30.43]		

2010 MCAL Swimming And Diving Championsh

Tamalpais High School

05/14/10 -05/15/10

May 14-15, 2010

SC Yards

Event # 24 BOYS 400Y FREESTYLE RELAY		Event # 25 BOYS SENIOR 100Y FREESTYLE	
MCAL MEET: Marin Catholic 3:16.27 2007		SWIMOFF	
MCAL LEAGUE/NCS.: Terra Linda 3:10.22 1981		1 DANNY GAVNEY 10 MCAT 56.72	
AUTOMATIC 3:22.48a		2 MATT RISSO 10 JUST 57.04	
CONSIDER. 3:42.99b			
A FINAL RESULTS			
1 REDWOOD HIGH SCHOOL A	REDW 3:14.78 *a	3 SIR FRANCIS DRAKE A	SFRD 3:29.80 b
1 BOLE,SANDY 11	2 JABRI,ALLAN 11	Splits: 25.73 54.28 [28.55]	Splits: 25.26 53.83 [28.57]
3 DAVISON,RICHARD 10	4 NOGUCHI,SHINTARO	Splits: 23.71 49.89 [26.18]	Splits: 24.76 51.80 [27.04]
Splits: 23.02 48.29 [25.27]	Splits: 24.04 50.32 [26.28]	4 MARIN CATHOLIC A	MCAT 3:36.36 b
Splits: 22.66 48.70 [26.04]	Splits: 22.21 47.47 [25.26]	Splits: 26.17 55.02 [28.85]	Splits: 24.89 52.77 [27.88]
2 TERRA LINDA A	TERR 3:19.54 a	Splits: 26.30 54.60 [28.30]	Splits: 25.39
1 PAULEY,GAVIN	2 WINDER,ALAN	5 JUSTIN-SIENA A	JUST 3:41.96 b
3 SANGSTER,BRENDAN	4 OAKES,AUSTIN	Splits: 24.43 50.84 [26.41]	Splits: 27.65 1:01.01 [33.36]
Splits: 23.92 50.62 [26.70]	Splits: 21.77 46.49 [24.72]	Splits: 26.84 57.43 [30.59]	Splits: 25.07 52.68 [27.61]
Splits: 24.17 51.52 [27.35]	Splits: 23.72 50.91 [27.19]	6 TAMALPAIS A	TAMA 3:42.23 b
3 TAMALPAIS A	TAMA 3:21.36 a	Splits: 25.79 53.68 [27.89]	Splits: 26.65 56.66 [30.01]
1 WEBER,JOE	2 MATTOX,MIGUEL	Splits: 27.55 58.16 [30.61]	Splits: 25.78
3 NAGY,CODY	4 WEBER,JAKE	7 NOVATO HIGH SCHOOL A	NOVA 3:43.55
Splits: 24.35 50.52 [26.17]	Splits: 24.40 51.19 [26.79]	Splits: 26.93 57.41 [30.48]	Splits: 27.71 59.91 [32.20]
Splits: 23.30 50.43 [27.13]	Splits: 23.53 49.22 [25.69]	Splits: 25.51 53.95 [28.44]	Splits: 24.40
4 SIR FRANCIS DRAKE A	SFRD 3:23.77 b	8 BULLDOGS A	SRAF 4:00.58
1 DUBOIS,KEENAN 11	2 BEVILACQUA,ION 10	1 ZIMMERMAN,DAVID	2 HUINAC,ELVIS
3 STAKUS,SCOTT 12	4 JARRETT,CHASE 11	3 HUINAC,JOHNNY	4 RIOS-MERWIN,KYLE
Splits: 24.49 51.93 [27.44]	Splits: 24.51 52.16 [27.65]	Splits: 24.40 50.85 [26.45]	Splits: 16.28 1:07.68 [51.40]
Splits: 23.79 50.09 [26.30]	Splits: 23.52 49.59 [26.07]	Splits: 26.48 59.83 [33.35]	Splits: 28.87
5 MARIN CATHOLIC A	MCAT 3:28.99 b	9 SAN MARIN A	SMHS 4:22.23
1 PATINO,NICK	2 REIZMAN,JIMMY	Splits: 29.38 1:03.86 [34.48]	Splits: 24.02 55.09 [31.07]
3 SINNETT,JAMIE	4 CARROLL,THOMAS	Splits: 27.11 58.35 [31.24]	Splits: 1:08.20
Splits: 25.23 53.04 [27.81]	Splits: 24.40 51.95 [27.55]	10 BRANSON A	BRAN 4:46.67
Splits: 24.45 51.91 [27.46]	Splits: 24.58 52.09 [27.51]	Splits: 30.88 1:07.15 [36.27]	Splits: 35.06 1:17.51 [42.45]
6 JUSTIN-SIENA A	JUST 3:37.74 b	Splits: 35.73 1:20.41 [44.68]	Splits: 29.38 1:01.60 [32.22]
1 CORLEY,HAYDEN	2 RISSO,MATT	Event # 25 BOYS SENIOR 100Y FREESTYLE	
3 STARR,SAM	4 SEMIEN,ALEX	SWIMOFF	
Splits: 24.35 51.22 [26.87]	Splits: 27.60 58.24 [30.64]	1 DANNY GAVNEY 10 MCAT 56.72	
Splits: 26.20 56.29 [30.09]	Splits: 24.71 51.99 [27.28]	2 MATT RISSO 10 JUST 57.04	
7 NOVATO HIGH SCHOOL A	NOVA 3:39.53 b		
1 DOMINY,SPENCER	2 SHEETS,ANDREW 9		
3 DICK,BRIAN	4 ANDREWSON,EVAN		
Splits: 25.56 53.27 [27.71]	Splits: 26.48 56.41 [29.93]		
Splits: 26.62 57.49 [30.87]	Splits: 24.46 52.36 [27.90]		
8 BULLDOGS A	SRAF 3:55.98		
1 ZIMMERMAN,DAVID	2 HUINAC,ELVIS		
3 HUINAC,JOHNNY	4 RIOS-MERWIN,KYLE		
Splits: 24.92 51.43 [26.51]	Splits: 27.73 59.72 [31.99]		
Splits: 29.12 1:02.23 [33.11]	Splits: 28.84 1:02.60 [33.76]		
9 SAN MARIN A	SMHS 4:04.62		
1 KULP,ANDREW 16	2 MELENDEZ,AGUSTINE 14		
3 WINSOR,JOHN 15	4 ORONA,JAKE 16		
Splits: 27.78 58.86 [31.08]	Splits: 30.65 1:07.25 [36.60]		
Splits: 28.28 1:01.49 [33.21]	Splits: 26.00 57.02 [31.02]		
BRANSON A	BRAN SCR		
PRELIM RESULTS			
1 REDWOOD HIGH SCHOOL A	REDW 3:18.28 a		
Splits: 23.41 48.71 [25.30]	Splits: 24.51 51.62 [27.11]		
Splits: 24.07 50.69 [26.62]	Splits: 22.56		
2 TERRA LINDA A	TERR 3:21.85 a		
Splits: 23.95 51.23 [27.28]	Splits: 21.72 46.69 [24.97]		
Splits: 24.63 51.63 [27.00]	Splits: 24.19 52.30 [28.11]		