

MCAL CHAMPIONSHIP MEET RECORDS

GIRLS

100	Lilla McMillan	T	11.94	2011
200	Lilla McMillan	T	24.89	2011
400	Alesia Sweeney	T	54.14c	1979
800	Eileen Brennan	MC	2:14.74c	1979
1600	Julia Maxwell	B	4:54.48	2014
3200	Robyn MacSwain (Berry)	TL	10:48.64c	1980
100 Meter Hurdles (30")	Alesia Sweeney	T	14.34c	1979
100 Meter Hurdles (33")	Ariel Dunbar	SM	15.43	2016
300 Meter Hurdles	Karen Brown	T	44.54c	1984
4x100 Meter Relay	Tamalpais		48.64c	1978
4x400 Meter Relay	Drake		4:02.34c	1978
Pole Vault	Isabella DeBruin	JS	11-3	2016
High Jump	Lisa Greenfield	R	5-8	1980
Long Jump	Lisa Greenfield	R	19-3½	1979
Triple Jump	Crissy Cerkel	R	37-4½	1985
Shotput	Shajana Steele	N	39-7½	2014
Discus	Emily Ethington	TL	125-7	1985
	Shajana Steele	N	125-7	2014

BOYS

100	Dean Lazzarini	D	10.74c	1966
200	Daniel Fortenko	TL	21.63	2012
400	Jeff Meteer	SM	49.94c	1975
800	Ray Green	SR	1:53.74c	1975
1600	Erik Olson	N	4:08.54	2010
3200	Hal Schulz	R	9:17.34c	1976
110 Meter Hurdles	Gulliver Perry	TL	14.49	2002
300 Meter Hurdles	August Kiles	T	39.11	2014
4X100 Meter Relay	Novato		42.21	2014
4x400 Meter Relay	San Marin		3:24.74c	1975
Pole Vault	August Kiles	T	15-8	2014
High Jump	Jim O'Sullivan	D	7-0	1989
Long Jump	Stacey Bailey	TL	23-8¼	1978
Triple Jump	Ivory Small	T	48-1	1979
Shotput	Ken Flax	R	56-9	1981
Discus	Darrell Elder	R	186-3	1974