

**2017 MCAL Swimming and Diving Championships****Congratulations to the graduating Seniors!**

SC Yards

05/05/2017 - 05/06/2017

**FEMALE TEAM SCORES (For Events 1 - 24)**

| <b>PLACE</b> | <b>TEAM</b>          | <b>INITIALS</b> | <b>SCORE</b> |
|--------------|----------------------|-----------------|--------------|
| 1            | Tamalpais High Schoo | TAMA            | 402.00       |
| 2            | Redwood High School  | REDW            | 396.00       |
| 3            | Sir Francis Drake    | SRFD            | 330.00       |
| 4            | Terra Linda          | TERR            | 247.00       |
| 5            | Marin Catholic       | MC              | 146.00       |
| 6            | Justin Siena         | SIEN            | 144.00       |
| 7            | Novato               | NOVA            | 142.00       |
| 8            | Branson              | BRAN            | 134.00       |
| 8            | San Marin            | SM              | 134.00       |
| 10           | SRHS Bulldogs        | SARA            | 99.00        |
| Total Points |                      |                 | 2,174.00     |

**MALE TEAM SCORES (For Events 1 - 24)**

| <b>PLACE</b> | <b>TEAM</b>          | <b>INITIALS</b> | <b>SCORE</b> |
|--------------|----------------------|-----------------|--------------|
| 1            | Redwood High School  | REDW            | 420.50       |
| 2            | Sir Francis Drake    | SRFD            | 367.00       |
| 3            | Tamalpais High Schoo | TAMA            | 341.50       |
| 4            | Terra Linda          | TERR            | 284.50       |
| 5            | Novato               | NOVA            | 177.00       |
| 6            | San Marin            | SM              | 170.00       |
| 7            | Branson              | BRAN            | 145.00       |
| 8            | Justin Siena         | SIEN            | 82.00        |
| 9            | Marin Catholic       | MC              | 63.50        |
| 10           | SRHS Bulldogs        | SARA            | 36.00        |
| Total Points |                      |                 | 2,087.00     |

## 2017 MCAL Swimming and Diving Championships

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SC Yards

**Event # 1 WOMENS SENIOR 200Y MED.REL.**

| MCAL MEET                         | Redwood                | 1:46.84 |         |       |
|-----------------------------------|------------------------|---------|---------|-------|
| LEAGUE-NCS                        | Terra Linda            | 1:45.72 |         |       |
| ~ is a standard to mark achievers |                        |         |         |       |
| ~ NCS Automatic                   | NCS-A                  | 1:51.09 | a       |       |
| ~ NCS Consideration               | NCS-C                  | 2:03.59 | b       |       |
|                                   | SEED                   | MEET    | PTS     |       |
| 1 Terra Linda A                   | TERR                   | 1:51.78 | 1:45.81 | *a 40 |
| 1 Simkins,Savannah 0              | 2 Morris,Halle 18      |         |         |       |
| 3 Jasko,Nicolette 0               | 4 Boyle,Taylor 0       |         |         |       |
| 28.50                             | 28.17                  | 25.23   | 23.91   |       |
| 2 Redwood High School A           | REDW                   | 1:52.34 | 1:50.15 | a 34  |
| 1 Greenberg,Olivia 0              | 2 Birchenough,Claire 0 |         |         |       |
| 3 Ayan-Eaton,Juliana 0            | 4 Blickman,Aubrey 0    |         |         |       |
| 28.52                             | 29.58                  | 26.06   | 25.99   |       |
| 3 Tamalpais High School A         | TAMA                   | 1:58.00 | 1:53.53 | b 32  |
| 1 Carney,Kyra 14                  | 2 Dworak,Elena 13      |         |         |       |
| 3 Solomon,Summer 13               | 4 Firmage,Kalia 14     |         |         |       |
| 28.43                             | 32.10                  | 27.81   | 25.19   |       |
| 4 Marin Catholic A                | MC                     | 2:00.83 | 1:57.91 | b 30  |
| 1 Thomas,Jamie 0                  | 2 Ravina,Bella 0       |         |         |       |
| 3 Ward,Annie 0                    | 4 Sarganis,Kailah 0    |         |         |       |
| 31.59                             | 32.09                  | 27.50   | 26.73   |       |
| 5 San Marin A                     | SM                     | 1:59.99 | 1:58.02 | b 28  |
| 1 Ashley,Sierra 0                 | 2 Urban,Sasha 0        |         |         |       |
| 3 Schneider,Emilie C 0            | 4 Gonzalez,Ruby 0      |         |         |       |
| 32.11                             | 32.91                  | 27.76   | 25.24   |       |
| 6 Sir Francis Drake A             | SRFD                   | 1:54.96 | 1:59.96 | b 26  |
| 1 Smith,Marya 0                   | 2 Campbell,Serena 0    |         |         |       |
| 3 Ferris,Issa 0                   | 4 Gregory,Anna 0       |         |         |       |
| 32.62                             | 32.42                  | 28.70   | 26.22   |       |
| 7 Justin Siena A                  | SIEN                   | 2:01.59 | 2:00.12 | b 24  |
| 1 Schoene,Alexandra 0             | 2 Tapia,Verenice 0     |         |         |       |
| 3 Gardner,Kaitlyn 0               | 4 Hansen,Elizabeth 0   |         |         |       |
| 29.35                             | 34.87                  | 29.10   | 26.80   |       |
| 8 Novato A                        | NOVA                   | 2:05.22 | 2:02.67 | b 22  |
| 1 Martinez,Elyse 0                | 2 Jordan,Emmalee 0     |         |         |       |
| 3 McAuley,Maya 0                  | 4 Rossi,Kimi 0         |         |         |       |
| 31.61                             | 40.36                  | 25.28   | 25.42   |       |
| 9 SRHS Bulldogs A                 | SARA                   | 2:02.60 | 2:03.01 | b 18  |
| 1 Epstein,Adina 0                 | 2 Kamler,Lani 0        |         |         |       |
| 3 McGowan,Kendra 0                | 4 Schmitt,Christa 0    |         |         |       |
| 27.89                             | 38.31                  | 29.97   | 26.84   |       |
| 10 Branson A                      | BRAN                   | 2:26.00 | 2:25.57 | 14    |
| 1 Hebbberman,Zoe 0                | 2 Lester,Julia 0       |         |         |       |
| 3 McKinney,Maria 0                | 4 Khoo-Miller,Isabel 0 |         |         |       |
| 37.94                             | 39.34                  | 35.65   | 32.64   |       |

**Event # 2 MENS SENIOR 200Y MED.REL.**

| MCAL MEET                         | Terra Linda         | 1:35.50 |         |      |
|-----------------------------------|---------------------|---------|---------|------|
| LEAGUE-NCS                        | Terra Linda         | 1:34.28 |         |      |
| ~ is a standard to mark achievers |                     |         |         |      |
| ~ NCS Automatic                   | NCS-A               | 1:39.31 | a       |      |
| ~ NCS Consideration               | NCS-C               | 1:51.99 | b       |      |
|                                   | SEED                | MEET    | PTS     |      |
| 1 Redwood High School A           | REDW                | 1:38.13 | 1:36.02 | a 40 |
| 1 Lewczyk,Ethan 0                 | 2 Kurakin,Ivan 0    |         |         |      |
| 3 Sowa,Victor 0                   | 4 Schoenlein,Ryan 0 |         |         |      |
| 24.01                             | 27.01               | 23.44   | 21.56   |      |

|                           |                        |         |         |      |
|---------------------------|------------------------|---------|---------|------|
| 2 Sir Francis Drake A     | SRFD                   | NT      | 1:38.33 | a 34 |
| 1 Sullivan,Emerson 0      | 2 Hanson,Wyatt 0       |         |         |      |
| 3 Hanson,Spencer 0        | 4 Mason,Jackson 0      |         |         |      |
| 24.20                     | 27.37                  | 24.73   | 22.03   |      |
| 3 Tamalpais High School A | TAMA                   | 1:39.50 | 1:40.02 | b 32 |
| 1 Schultz,Wilton 15       | 2 Todebush,William 15  |         |         |      |
| 3 Wang,Zihao 14           | 4 Dahlke,Thomas 16     |         |         |      |
| 26.88                     | 27.63                  | 24.27   | 21.24   |      |
| 4 San Marin A             | SM                     | 1:43.21 | 1:40.13 | b 30 |
| 1 Prochnow,Noah 0         | 2 Luis,Nathan 0        |         |         |      |
| 3 Oga,Peyton 0            | 4 Frieztsche,Tom 0     |         |         |      |
| 24.96                     | 28.59                  | 24.68   | 21.90   |      |
| 5 Novato A                | NOVA                   | 1:44.71 | 1:41.50 | b 28 |
| 1 Schiano,Julian 0        | 2 McIntosh,Corban 0    |         |         |      |
| 3 Hernandez,Ryan 0        | 4 McIntyre,Zach 0      |         |         |      |
| 26.28                     | 27.38                  | 26.45   | 21.39   |      |
| 6 Terra Linda A           | TERR                   | 1:46.78 | 1:42.25 | b 26 |
| 1 Salvemini,Nico 0        | 2 Manwaring-Mueller, 0 |         |         |      |
| 3 Parker,Cole 0           | 4 Foehr,Reece 0        |         |         |      |
| 28.21                     | 27.81                  | 24.63   | 21.60   |      |
| 7 Marin Catholic A        | MC                     | 1:54.11 | 1:51.58 | b 24 |
| 1 Clark,Brandon 0         | 2 Marin,Renaldo 0      |         |         |      |
| 3 Pilaagard,Victor 0      | 4 Egan,Ben 0           |         |         |      |
| 28.75                     | 29.87                  | 28.55   | 24.41   |      |
| 8 SRHS Bulldogs A         | SARA                   | 2:04.52 | 2:06.19 | 22   |
| 1 Savedra,Andrew 0        | 2 Burdick,Walker 0     |         |         |      |
| 3 Von Doepp,Maxwell 0     | 4 Lane,Andrew 0        |         |         |      |
| 32.16                     | 35.91                  | 29.87   | 28.25   |      |

**Event # 3 WOMENS SENIOR 200Y FREE**

| MCAL MEET                         | Cali Raukar | Marin Catholic | 1:48.78 |      |
|-----------------------------------|-------------|----------------|---------|------|
| LEAGUE-NCS                        | Cali Raukar | Marin Catholic | 1:47.54 |      |
| ~ is a standard to mark achievers |             |                |         |      |
| ~ NCS Automatic                   | NCS-A       |                | 1:52.75 | a    |
| ~ NCS Consideration               | NCS-C       |                | 2:01.49 | b    |
|                                   | SEED        | MEET           | PTS     |      |
| 1 Zoe Wortzman                    | JR TAMA     | 1:57.15        | 1:55.71 | b 20 |
| 26.59                             | 29.36       | 29.91          | 29.85   |      |
| 2 Bella Moynihan                  | SO SRFD     | 1:59.76        | 1:56.30 | b 17 |
| 26.65                             | 29.08       | 30.26          | 30.31   |      |
| 3 Juliana Ayan-Eaton              | SO REDW     | 2:03.79        | 1:57.78 | b 16 |
| 27.11                             | 29.33       | 30.09          | 31.25   |      |
| 4 Alexandra Schoene               | SO SIEN     | 2:09.57        | 2:00.69 | b 15 |
| 27.62                             | 30.28       | 32.02          | 30.77   |      |
| 5 Jacqueline Racich               | SR REDW     | 2:03.23        | 2:01.16 | b 14 |
| 27.38                             | 30.49       | 31.58          | 31.71   |      |
| 6 Jenna Neustaetter               | SR REDW     | 2:06.41        | 2:01.82 | 13   |
| 27.75                             | 30.15       | 31.88          | 32.04   |      |
| 7 Issa Ferris                     | FR SRFD     | 2:03.54        | 2:03.70 | 12   |
| 28.31                             | 30.24       | 32.24          | 32.91   |      |
| 8 Lori Gerstenfeld                | SO REDW     | 2:08.44        | 2:04.68 | 11   |
| 28.62                             | 31.37       | 32.43          | 32.26   |      |
| 9 Annie Doris                     | SR BRAN     | 2:07.67        | 2:05.12 | 9    |
| 28.14                             | 30.99       | 32.60          | 33.39   |      |
| 10 Kate Freda                     | JR MC       | 2:08.23        | 2:05.76 | 7    |
| 28.25                             | 31.08       | 32.89          | 33.54   |      |
| 11 Jada Andrews                   | FR TAMA     | 2:12.12        | 2:06.27 | 6    |
| 29.08                             | 32.10       | 33.18          | 31.91   |      |

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|                       |                         |    |      |         |         |   |  |                         |       |             |         |         |      |
|-----------------------|-------------------------|----|------|---------|---------|---|--|-------------------------|-------|-------------|---------|---------|------|
| 12                    | Jane Wynne              | SR | TAMA | 2:08.52 | 2:06.34 | 5 | 24                                     | Isabella Corley         | SR    | SIEN        | 2:18.33 | 2:17.51 |      |
|                       | 28.46 31.80 32.71 33.37 |    |      |         |         |   |  | 31.07 34.55 35.88 36.01 |       |             |         |         |      |
| 13                    | Jamie Thomas            | SO | MC   | 2:08.62 | 2:07.69 | 4 | 25                                     | Sydney Gibbs            | SR    | NOVA        | 2:17.03 | 2:17.58 |      |
|                       | 29.28 32.00 33.16 33.25 |    |      |         |         |   |  | 30.14 33.89 36.54 37.01 |       |             |         |         |      |
| 14                    | Kailah Sarganis         | FR | MC   | 2:09.62 | 2:09.64 | 3 | 26                                     | Daniela Sale            | SR    | SRFD        | 2:22.22 | 2:17.71 |      |
|                       | 29.74 32.83 33.83 33.24 |    |      |         |         |   |  | 30.44 33.87 36.50 37.62 |       |             |         |         |      |
| 15                    | Anna Wooster            | FR | SRFD | 2:06.89 | 2:10.33 | 2 | 27                                     | Anna Watkins            | SR    | TAMA        | 2:26.94 | 2:18.89 |      |
|                       | 29.57 32.38 34.07 34.31 |    |      |         |         |   |  | 31.51 35.17 36.03 36.18 |       |             |         |         |      |
| 16                    | Chloe Jessen            | FR | SARA | 2:14.37 | 2:12.77 | 1 | 28                                     | Rebecca Oblites         | SO    | SM          | 2:16.14 | 2:20.58 |      |
|                       | 29.97 33.32 34.81 34.67 |    |      |         |         |   |  | 32.06 36.09 37.16 35.27 |       |             |         |         |      |
| <b>PRELIM RESULTS</b> |                         |    |      |         |         |   |  |                         |       |             |         |         |      |
| 1                     | Zoe Wortzman            | JR | TAMA | 1:57.15 | 1:57.48 | b | 29                                     | Maria McKinney          | SR    | BRAN        | 2:25.65 | 2:22.80 |      |
|                       | 26.87 29.43 30.81 30.37 |    |      |         |         |   |  | 32.44 36.14 36.49 37.73 |       |             |         |         |      |
| 2                     | Juliana Ayan-Eaton      | SO | REDW | 2:03.79 | 1:58.21 | b | 30                                     | Kendra McGowan          | SR    | SARA        | 2:23.58 | 2:23.16 |      |
|                       | 26.23 29.04 31.06 31.88 |    |      |         |         |   |  | 33.30 36.54 37.07 36.25 |       |             |         |         |      |
| 3                     | Jenna Neustaetter       | SR | REDW | 2:06.41 | 1:59.95 | b | 31                                     | Aryana Senel            | JR    | TAMA        | 2:31.70 | 2:28.52 |      |
|                       | 27.84 30.03 30.74 31.34 |    |      |         |         |   |  | 33.12 38.03 38.63 38.74 |       |             |         |         |      |
| 4                     | Alexandra Schoene       | SO | SIEN | 2:09.57 | 2:00.18 | b | 32                                     | Reyna Morales           | JR    | NOVA        | 2:34.17 | 2:31.67 |      |
|                       | 27.15 30.07 31.47 31.49 |    |      |         |         |   |  | 33.03 38.80 40.90 38.94 |       |             |         |         |      |
| 5                     | Bella Moynihan          | SO | SRFD | 1:59.76 | 2:00.45 | b | 33                                     | Anna Laporte            | SR    | NOVA        | 2:33.04 | 2:32.78 |      |
|                       | 26.51 29.58 31.70 32.66 |    |      |         |         |   |  | 33.04 38.28 41.38 40.08 |       |             |         |         |      |
| 6                     | Jacqueline Racich       | SR | REDW | 2:03.23 | 2:01.41 | b | 34                                     | Fernanda Perez          | JR    | MC          | 2:34.26 | 2:33.01 |      |
|                       | 27.28 30.43 31.74 31.96 |    |      |         |         |   |  | 33.05 38.07 40.84 41.05 |       |             |         |         |      |
| 7                     | Issa Ferris             | FR | SRFD | 2:03.54 | 2:03.00 |   | 35                                     | Julia Smith             | SO    | SARA        | 2:44.20 | 2:37.51 |      |
|                       | 27.97 30.43 32.11 32.49 |    |      |         |         |   |  | 1:56.30 41.21           |       |             |         |         |      |
| 8                     | Lori Gerstenfeld        | SO | REDW | 2:08.44 | 2:03.82 |   | <b>Event # 4 MENS SENIOR 200Y FREE</b> |                         |       |             |         |         |      |
|                       | 29.04 31.61 31.69 31.48 |    |      |         |         |   | MCAL MEET                              | Nick Bigot              |       | Terra Linda | 1:40.03 |         |      |
| 9                     | Jamie Thomas            | SO | MC   | 2:08.62 | 2:05.65 |   | LEAGUE-NCS                             | Nick Bigot              |       | Terra Linda | 1:37.91 |         |      |
|                       | 28.85 31.77 32.88 32.15 |    |      |         |         |   | ~ is a standard to mark achievers      |                         |       |             |         |         |      |
| 10                    | Annie Doris             | SR | BRAN | 2:07.67 | 2:05.99 |   | ~ NCS Automatic                        |                         | NCS-A |             | 1:44.57 | a       |      |
|                       | 27.92 30.99 32.98 34.10 |    |      |         |         |   | ~ NCS Consideration                    |                         | NCS-C |             | 1:50.89 | b       |      |
| 11                    | Jada Andrews            | FR | TAMA | 2:12.12 | 2:06.44 |   |  |                         |       | SEED        | MEET    | PTS     |      |
|                       | 28.80 31.57 33.72 32.35 |    |      |         |         |   | 1                                      | Leo Collins             | SR    | REDW        | 1:45.31 | 1:41.27 | a 20 |
| 12                    | Kate Freda              | JR | MC   | 2:08.23 | 2:06.49 |   |  | 24.39 25.56 25.71 25.61 |       |             |         |         |      |
|                       | 28.16 31.41 33.44 33.48 |    |      |         |         |   | 2                                      | Lomax Turner            | SR    | TERR        | 1:46.35 | 1:43.05 | a 17 |
| 13                    | Kailah Sarganis         | FR | MC   | 2:09.62 | 2:06.72 |   |  | 24.03 25.63 26.04 27.35 |       |             |         |         |      |
|                       | 29.25 32.14 33.14 32.19 |    |      |         |         |   | 3                                      | Zach McIntyre           | FR    | NOVA        | 1:46.68 | 1:45.49 | b 16 |
| 14                    | Anna Wooster            | FR | SRFD | 2:06.89 | 2:06.96 |   |  | 24.89 26.59 27.00 27.01 |       |             |         |         |      |
|                       | 28.16 32.04 33.39 33.37 |    |      |         |         |   | 4                                      | Jackson Mason           | SO    | SRFD        | 1:50.00 | 1:45.56 | b 15 |
| 15                    | Jane Wynne              | SR | TAMA | 2:08.52 | 2:07.20 |   |  | 24.75 26.55 27.13 27.13 |       |             |         |         |      |
|                       | 27.83 31.27 33.19 34.91 |    |      |         |         |   | 5                                      | Gabriel Giacoppo        | SO    | BRAN        | 1:50.88 | 1:45.82 | b 14 |
| 16                    | Chloe Jessen            | FR | SARA | 2:14.37 | 2:11.57 |   |  | 24.50 26.83 27.26 27.23 |       |             |         |         |      |
|                       | 30.14 33.11 33.91 35.89 |    |      |         |         |   | 6                                      | Matthewe Scruton        | SO    | REDW        | 1:49.26 | 1:46.96 | b 13 |
| 17                    | Sarah Erikson           | FR | TAMA | 2:12.42 | 2:12.69 |   |  | 24.37 26.81 28.05 27.73 |       |             |         |         |      |
|                       | 30.02 32.48 34.39 35.80 |    |      |         |         |   | 7                                      | Tom Frieztsche          | JR    | SM          | 1:46.57 | 1:47.36 | b 12 |
| 18                    | Meghan Hansen           | FR | SIEN | 2:17.33 | 2:13.33 |   |  | 24.45 26.12 27.90 28.89 |       |             |         |         |      |
|                       | 29.97 33.85 35.45 34.06 |    |      |         |         |   | 8                                      | Marcus Fredrich         | SO    | TAMA        | 1:49.04 | 1:47.39 | b 11 |
| 19                    | Emma Ulrich             | SR | NOVA | 2:14.21 | 2:13.59 |   |  | 24.48 27.22 27.75 27.94 |       |             |         |         |      |
|                       | 29.83 33.54 35.69 34.53 |    |      |         |         |   | 9                                      | Logan Anderson          | SO    | SRFD        | 1:53.00 | 1:49.76 | b 9  |
| 20                    | Jocelyn Tsai            | FR | TERR | 2:15.33 | 2:14.03 |   |  | 25.10 28.07 27.91 28.68 |       |             |         |         |      |
|                       | 28.81 32.01 36.28 36.93 |    |      |         |         |   | 10                                     | Quinn Woodhead          | JR    | SRFD        | 1:52.00 | 1:51.15 | 7    |
| 21                    | Christine Watridge      | JR | REDW | 2:15.30 | 2:14.16 |   |  | 24.86 27.34 29.07 29.88 |       |             |         |         |      |
|                       | 30.11 32.85 35.04 36.16 |    |      |         |         |   | 11                                     | Connor Moynihan         | JR    | SRFD        | 1:56.00 | 1:52.39 | 6    |
| 22                    | Fiona Corr              | FR | SRFD | 2:22.23 | 2:16.38 |   |  | 25.41 27.83 29.23 29.92 |       |             |         |         |      |
|                       | 30.11 34.37 36.30 35.60 |    |      |         |         |   | 12                                     | Wyatt Barker            | SR    | REDW        | 1:57.99 | 1:53.53 | 5    |
| 23                    | Devin Bosley            | FR | REDW | 2:23.97 | 2:16.88 |   |  | 25.91 28.24 29.45 29.93 |       |             |         |         |      |
|                       | 30.27 33.93 36.36 36.32 |    |      |         |         |   | 13                                     | Alex Polakis            | SO    | TAMA        | 2:04.53 | 1:55.56 | 4    |
|                       |                         |    |      |         |         |   |  | 26.66 28.95 30.12 29.83 |       |             |         |         |      |

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SC Yards

|                       |                       |         |         |         |            |              |                       |                  |              | Weston Weisenburg                        |             |         |         | SO SARA |  | 2:11.96 |  | NS |  |
|-----------------------|-----------------------|---------|---------|---------|------------|--------------|-----------------------|------------------|--------------|--|-------------|---------|---------|---------|--|---------|--|----|--|
| 14                    | Kenny MacK            | SR      | TERR    | 2:05.64 | 1:56.73    | 3            |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
|                       | 25.12                 | 28.68   | 31.19   | 31.74   |            |              |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
| 15                    | Bennett Brewer        | SO      | NOVA    | 2:03.63 | 1:58.07    | 2            |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
|                       | 26.02                 | 29.58   | 31.47   | 31.00   |            |              |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
| 16                    | Maxime Kawawa-Beaudan | SR      | REDW    | 1:59.18 | 1:59.30    | 1            |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
|                       | 25.59                 | 29.53   | 31.54   | 32.64   |            |              |                       |                  |              |  |             |         |         |         |  |         |  |    |  |
| <b>PRELIM RESULTS</b> |                       |         |         |         |            |              |                       |                  |              | <b>Event # 5 WOMENS SENIOR 200Y I.M.</b> |             |         |         |         |  |         |  |    |  |
| 1                     | Gabriel Giacoppo      | SO      | BRAN    | 1:50.88 | 1:44.72    | b            | MCAL MEET             |                  | Halle Morris |  | Terra Linda |         | 2:06.08 |         |  |         |  |    |  |
|                       | 24.42                 | 26.60   | 26.75   | 26.95   | LEAGUE-NCS |              | Brooke Hanley         |                  | San Rafael   |  | 2:01.45     |         |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              | ~ is a standard to mark achievers        |             |         |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              | ~ NCS Automatic                          |             |         |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              | ~ NCS Consideration                      |             |         |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              | NCS-A                                    |             | 2:08.94 | a       |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              | NCS-C                                    |             | 2:18.69 | b       |         |  |         |  |    |  |
|                       |                       |         |         |         |            |              |                       |                  |              |  | SEED        | MEET    | PTS     |         |  |         |  |    |  |
| 2                     | Leo Collins           | SR      | REDW    | 1:45.31 | 1:44.96    | b            | 1                     | Halle Morris     | SR           | TERR                                     | 2:12.08     | 2:07.53 | a 20    |         |  |         |  |    |  |
|                       | 24.94                 | 26.67   | 26.68   | 26.67   | 28.31      | 32.84        | 35.38                 | 31.00            |              |  |             |         |         |         |  |         |  |    |  |
| 3                     | Lomax Turner          | SR      | TERR    | 1:46.35 | 1:45.13    | b            | 2                     | Olivia Greenberg | SO           | REDW                                     | 2:16.95     | 2:13.04 | b 17    |         |  |         |  |    |  |
|                       | 24.70                 | 26.63   | 26.94   | 26.86   | 28.77      | 32.75        | 40.12                 | 31.40            |              |  |             |         |         |         |  |         |  |    |  |
| 4                     | Jackson Mason         | SO      | SRFD    | 1:50.00 | 1:45.49    | b            | 3                     | Kate McCarthy    | SO           | SRFD                                     | 2:16.98     | 2:15.78 | b 16    |         |  |         |  |    |  |
|                       | 25.06                 | 27.00   | 27.11   | 26.32   | 28.94      | 33.91        | 39.46                 | 33.47            |              |  |             |         |         |         |  |         |  |    |  |
| 5                     | Tom Frietzsche        | JR      | SM      | 1:46.57 | 1:46.08    | b            | 4                     | Summer Solomon   | FR           | TAMA                                     | 2:20.99     | 2:20.20 | 15      |         |  |         |  |    |  |
|                       | 24.47                 | 26.52   | 27.00   | 28.09   | 29.81      | 34.45        | 42.38                 | 33.56            |              |  |             |         |         |         |  |         |  |    |  |
| 6                     | Zach McIntyre         | FR      | NOVA    | 1:46.68 | 1:46.48    | b            | 5                     | Anna Bauer       | SO           | SRFD                                     | 2:21.98     | 2:21.32 | 14      |         |  |         |  |    |  |
|                       | 25.34                 | 27.20   | 27.17   | 26.77   | 31.25      | 36.36        | 41.32                 | 32.39            |              |  |             |         |         |         |  |         |  |    |  |
| 7                     | Matthewe Scruton      | SO      | REDW    | 1:49.26 | 1:47.19    | b            | 6                     | Alice Sowa       | SR           | REDW                                     | 2:27.09     | 2:22.40 | 13      |         |  |         |  |    |  |
|                       | 24.36                 | 27.02   | 27.70   | 28.11   | 32.11      | 35.49        | 41.60                 | 33.20            |              |  |             |         |         |         |  |         |  |    |  |
| 8                     | Marcus Fredrich       | SO      | TAMA    | 1:49.04 | 1:49.60    | b            | 7                     | Elena Dworak     | FR           | TAMA                                     | 2:29.50     | 2:22.91 | 12      |         |  |         |  |    |  |
|                       | 25.74                 | 27.99   | 27.69   | 28.18   | 30.50      | 37.49        | 39.51                 | 35.41            |              |  |             |         |         |         |  |         |  |    |  |
| 9                     | Logan Anderson        | SO      | SRFD    | 1:53.00 | 1:51.70    |              | 8                     | Kaitlyn Gardner  | SR           | SIEN                                     | 2:26.05     | 2:26.32 | 11      |         |  |         |  |    |  |
|                       | 53.72                 | 28.76   | 1:51.64 |         | 30.05      | 35.52        | 45.29                 | 35.46            |              |  |             |         |         |         |  |         |  |    |  |
| 10                    | Quinn Woodhead        | JR      | SRFD    | 1:52.00 | 1:51.86    |              | 9                     | Madison Gruender | FR           | TAMA                                     | 2:24.61     | 2:19.41 | 9       |         |  |         |  |    |  |
|                       | 24.89                 | 27.21   | 29.16   | 30.60   | 28.47      | 35.06        | 43.24                 | 32.64            |              |  |             |         |         |         |  |         |  |    |  |
| 11                    | Alex Polakis          | SO      | TAMA    | 2:04.53 | 1:54.62    |              | 10                    | Ruby Gonzalez    | FR           | SM                                       | 2:21.23     | 2:20.37 | 7       |         |  |         |  |    |  |
|                       | 26.98                 | 28.87   | 29.60   | 29.17   | 29.64      | 34.98        | 43.07                 | 32.68            |              |  |             |         |         |         |  |         |  |    |  |
| 12                    | Connor Moynihan       | JR      | SRFD    | 1:56.00 | 1:54.71    |              | 11                    | Serena Campbell  | SO           | SRFD                                     | 2:26.59     | 2:22.58 | 6       |         |  |         |  |    |  |
|                       | 26.21                 | 28.84   | 29.71   | 31.31   | 30.96      | 38.53        | 38.67                 | 34.42            |              |  |             |         |         |         |  |         |  |    |  |
| 13                    | Wyatt Barker          | SR      | REDW    | 1:57.99 | 1:54.73    |              | 12                    | Elizabeth Hansen | JR           | SIEN                                     | 2:23.69     | 2:25.66 | 5       |         |  |         |  |    |  |
|                       | 25.63                 | 28.27   | 30.06   | 30.77   | 30.33      | 36.72        | 44.08                 | 34.53            |              |  |             |         |         |         |  |         |  |    |  |
| 14                    | Maxime Kawawa-Beaudan | SR      | REDW    | 1:59.18 | 1:57.11    |              | 13                    | Kaitlyn Page     | JR           | TAMA                                     | 2:29.00     | 2:26.15 | 4       |         |  |         |  |    |  |
|                       | 25.23                 | 29.29   | 30.89   | 31.70   | 31.13      | 36.76        | 44.55                 | 33.71            |              |  |             |         |         |         |  |         |  |    |  |
| 15                    | Kenny MacK            | SR      | TERR    | 2:05.64 | 1:57.44    |              | 14                    | Bella Ravina     | SR           | MC                                       | 2:28.80     | 2:26.40 | 3       |         |  |         |  |    |  |
|                       | 25.63                 | 29.58   | 31.03   | 31.20   | 31.22      | 38.29        | 42.57                 | 34.32            |              |  |             |         |         |         |  |         |  |    |  |
| 16                    | Bennett Brewer        | SO      | NOVA    | 2:03.63 | 1:58.40    |              | 15                    | Audrey Dickinson | FR           | BRAN                                     | 2:29.19     | 2:26.65 | 2       |         |  |         |  |    |  |
|                       | 26.40                 | 29.74   | 31.36   | 30.90   | 31.48      | 37.47        | 43.85                 | 33.85            |              |  |             |         |         |         |  |         |  |    |  |
| 17                    | Dwight Bellisimo      | FR      | TAMA    | 2:07.96 | 1:58.57    |              | 16                    | Maya McAuley     | FR           | NOVA                                     | 2:26.74     | 2:29.47 | 1       |         |  |         |  |    |  |
|                       | 24.99                 | 28.89   | 31.66   | 33.03   | 29.58      | 37.92        | 45.79                 | 36.18            |              |  |             |         |         |         |  |         |  |    |  |
| 18                    | Zeta Mays             | SR      | TERR    | 2:06.87 | 2:00.38    |              | <b>PRELIM RESULTS</b> |                  |              |  |             |         |         |         |  |         |  |    |  |
|                       | 26.83                 | 29.52   | 31.83   | 32.20   | 1          | Halle Morris | SR                    | TERR             | 2:12.08      | 2:12.31                                  | b           |         |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            | 28.77        | 34.26                 | 37.32            | 31.96        |  |             |         |         |         |  |         |  |    |  |
| 19                    | Bruno Coelho          | SO      | BRAN    | 2:02.02 | 2:01.52    |              | 2                     | Olivia Greenberg | SO           | REDW                                     | 2:16.95     | 2:12.39 | b       |         |  |         |  |    |  |
|                       | 28.23                 | 30.65   | 32.23   | 30.41   |            | 28.61        | 32.48                 | 39.93            | 31.37        |  |             |         |         |         |  |         |  |    |  |
| 20                    | Ian Christie          | FR      | SRFD    | 2:05.00 | 2:01.69    |              | 3                     | Kate McCarthy    | SO           | SRFD                                     | 2:16.98     | 2:17.11 | b       |         |  |         |  |    |  |
|                       | 27.41                 | 31.40   | 32.59   | 30.29   |            | 28.74        | 33.22                 | 41.58            | 33.57        |  |             |         |         |         |  |         |  |    |  |
| 21                    | Peter Veh             | FR      | TAMA    | 2:10.70 | 2:04.86    |              | 4                     | Summer Solomon   | FR           | TAMA                                     | 2:20.99     | 2:19.27 |         |         |  |         |  |    |  |
|                       |                       |         |         |         |            | 29.17        | 34.33                 | 43.15            | 32.62        |  |             |         |         |         |  |         |  |    |  |
| 22                    | Connor Chambers       | JR      | SRFD    | 2:10.00 | 2:08.38    |              | 5                     | Elena Dworak     | FR           | TAMA                                     | 2:29.50     | 2:20.70 |         |         |  |         |  |    |  |
|                       |                       | 1:34.48 | 33.90   |         |            | 30.35        | 37.39                 | 38.89            | 34.07        |  |             |         |         |         |  |         |  |    |  |
| 23                    | Sam Morris            | FR      | NOVA    | 2:09.97 | 2:08.39    |              | 6                     | Kaitlyn Gardner  | SR           | SIEN                                     | 2:26.05     | 2:20.79 |         |         |  |         |  |    |  |
|                       | 27.78                 | 31.87   | 34.52   | 34.22   |            | 29.37        | 34.27                 | 44.03            | 33.12        |  |             |         |         |         |  |         |  |    |  |
| 24                    | Duncan Bailey         | FR      | REDW    | 2:14.63 | 2:09.91    |              | 7                     | Anna Bauer       | SO           | SRFD                                     | 2:21.98     | 2:20.99 |         |         |  |         |  |    |  |
|                       | 29.29                 | 32.68   | 34.08   | 33.86   |            | 31.08        | 35.55                 | 41.28            | 33.08        |  |             |         |         |         |  |         |  |    |  |
| 25                    | Aayush Shah           | FR      | BRAN    | 2:13.77 | 2:10.54    |              | 8                     | Alice Sowa       | SR           | REDW                                     | 2:27.09     | 2:21.13 |         |         |  |         |  |    |  |
|                       | 30.60                 | 32.13   | 33.81   | 34.00   |            | 30.51        | 35.98                 | 41.89            | 32.75        |  |             |         |         |         |  |         |  |    |  |
|                       | Francesco Cico        | SR      | REDW    | 2:00.11 | NS         |              |                       |                  |              |  |             |         |         |         |  |         |  |    |  |



## 2017 MCAL Swimming and Diving Championships

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05/05/2017 - 05/06/2017

SC Yards

|   |                |                |         |         |                      |    |      |        |       |
|---|----------------|----------------|---------|---------|----------------------|----|------|--------|-------|
| 21 Dylan Martin                         | FR             | NOVA           | 2:20.77 | 2:24.02 | 7 Annie Ward         | SR | MC   | :26.51 | 26.49 |
| 29.03 38.26 44.24 32.49                 |                |                |         |         | 26.49                |    |      |        |       |
| 22 Wilson Weisenburg                    | FR             | SARA           | 3:16.50 | 3:16.37 | 8 Anna Gregory       | SO | SRFD | :27.14 | 26.59 |
| 44.16 52.34 58.24 41.63                 |                |                |         |         | 26.59                |    |      |        |       |
| <b>Event # 7 WOMENS SENIOR 50Y FREE</b> |                |                |         |         | 9 Aubrey Blickman    | JR | REDW | :26.98 | 26.76 |
| MCAL MEET                               | Kathryn Murphv | Marin Catholic | :23.03  |         | 26.76                |    |      |        |       |
| LEAGUE-NCS                              | Kathryn Murphv | Marin Catholic | :22.89  |         | 10 Emma Roggenkamp   | SR | TERR | :27.87 | 26.78 |
| ~ is a standard to mark achievers       |                |                |         |         | 26.78                |    |      |        |       |
| NCS Automatic                           |                | NCS-A          | :24.37  | a       | 11 Caitlin Donnelly  | JR | REDW | :27.65 | 27.03 |
| NCS Consideration                       |                | NCS-C          | :25.69  | b       | 27.03                |    |      |        |       |
|   |                | SEED           | MEET    | PTS     | 12 Phoenix Vogel     | FR | TAMA | :26.78 | 27.05 |
| 1 Taylor Boyle                          | JR             | TERR           | :25.20  | 24.66   | 27.05                |    |      |        |       |
| 24.66                                   |                |                |         | b 20    | 13 Chloe Jessen      | FR | SARA | :28.28 | 27.22 |
| 2 Caitlin Gregory                       | SR             | SRFD           | :26.10  | 24.94   | 27.22                |    |      |        |       |
| 24.94                                   |                |                |         | b 17    | 14 Logan Sanderson   | JR | BRAN | :27.98 | 27.39 |
| 3 Alexandra Gershman                    | FR             | TAMA           | :26.58  | 25.50   | 27.39                |    |      |        |       |
| 25.50                                   |                |                |         | b 16    | 15 Kimi Rossi        | SO | NOVA | :27.41 | 27.42 |
| 4 Dominique Duro                        | SR             | SRFD           | :25.46  | 25.51   | 27.42                |    |      |        |       |
| 25.51                                   |                |                |         | b 15    | 16 Kendall Racich    | FR | REDW | :28.87 | 27.44 |
| 5 Kalia Firmage                         | SO             | TAMA           | :25.57  | 25.82   | 27.44                |    |      |        |       |
| 25.82                                   |                |                |         | 14      | 17 Skylar Oswald     | SO | SRFD | :28.28 | 27.48 |
| 6 Sophia Bruinsma                       | JR             | TAMA           | :26.30  | 26.05   | 27.48                |    |      |        |       |
| 26.05                                   |                |                |         | 13      | 18 Gabby Lucchesi    | SO | TERR | :28.59 | 27.54 |
| 7 Annie Ward                            | SR             | MC             | :26.51  | 26.32   | 27.54                |    |      |        |       |
| 26.32                                   |                |                |         | 12      | 19 Lauren Lombardi   | JR | MC   | :27.94 | 27.59 |
| 8 Anna Gregory                          | SO             | SRFD           | :27.14  | 27.39   | 27.59                |    |      |        |       |
| 27.39                                   |                |                |         | 11      | 20 Lauren Pyfer      | FR | TAMA | :28.58 | 27.62 |
| 9 Kimi Rossi                            | SO             | NOVA           | :27.41  | 26.49   | 27.62                |    |      |        |       |
| 26.49                                   |                |                |         | 9       | 21 Madeline Knopf    | JR | TERR | :27.89 | 27.66 |
| 10 Emma Roggenkamp                      | SR             | TERR           | :27.87  | 26.65   | 27.66                |    |      |        |       |
| 26.65                                   |                |                |         | 7       | 22 Tori Tarantino    | JR | MC   | :28.68 | 27.69 |
| 11 Phoenix Vogel                        | FR             | TAMA           | :26.78  | 26.80   | 27.69                |    |      |        |       |
| 26.80                                   |                |                |         | 6       | 23 Rebecca Reynolds  | JR | SIEN | :28.63 | 27.72 |
| 12 Aubrey Blickman                      | JR             | REDW           | :26.98  | 26.94   | 27.72                |    |      |        |       |
| 26.94                                   |                |                |         | 5       | 24 Ryan Lucchesi     | FR | TERR | :28.14 | 27.77 |
| 13 Kendall Racich                       | FR             | REDW           | :28.87  | 27.30   | 27.77                |    |      |        |       |
| 27.30                                   |                |                |         | 4       | 25 Skylee Falk       | SO | TERR | :27.56 | 27.82 |
| 14 Caitlin Donnelly                     | JR             | REDW           | :27.65  | 27.37   | 27.82                |    |      |        |       |
| 27.37                                   |                |                |         | 3       | 26 Kate Masterson    | SO | MC   | :29.93 | 27.83 |
| 15 Logan Sanderson                      | JR             | BRAN           | :27.98  | 27.54   | 27.83                |    |      |        |       |
| 27.54                                   |                |                |         | 2       | 27 Aurielie Blanadet | SO | REDW | :28.17 | 27.89 |
| 16 Chloe Jessen                         | FR             | SARA           | :28.28  | 27.69   | 27.89                |    |      |        |       |
| 27.69                                   |                |                |         | 1       | 28 Sydney Stalie     | FR | NOVA | :27.50 | 28.00 |
| <b>PRELIM RESULTS</b>                   |                |                |         |         | 28.00                |    |      |        |       |
| 1 Taylor Boyle                          | JR             | TERR           | :25.20  | 24.77   | 29 Shane Grele       | FR | TAMA | :28.40 | 28.04 |
| 24.77                                   |                |                |         | b       | 28.04                |    |      |        |       |
| 2 Caitlin Gregory                       | SR             | SRFD           | :26.10  | 25.03   | 30 Julia Lester      | JR | BRAN | :29.34 | 28.14 |
| 25.03                                   |                |                |         | b       | 28.14                |    |      |        |       |
| 3 Dominique Duro                        | SR             | SRFD           | :25.46  | 25.23   | * 31 Lauren Solomon  | FR | REDW | :27.48 | 28.18 |
| 25.23                                   |                |                |         | b       | 28.18                |    |      |        |       |
| 4 Alexandra Gershman                    | FR             | TAMA           | :26.58  | 25.95   | * 31 Tess Anacker    | JR | SRFD | :28.27 | 28.18 |
| 25.95                                   |                |                |         |         | 28.18                |    |      |        |       |
| 5 Sophia Bruinsma                       | JR             | TAMA           | :26.30  | 26.01   | 33 Morgan McDaniel   | SR | TERR | :29.38 | 28.22 |
| 26.01                                   |                |                |         |         | 28.22                |    |      |        |       |
| 6 Kalia Firmage                         | SO             | TAMA           | :25.57  | 26.06   | 34 Alena Larson      | SO | REDW | :28.11 | 28.23 |
| 26.06                                   |                |                |         |         | 28.23                |    |      |        |       |

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|-------------------------|---------------------------|----|------|--------|-------|------|------------------------------|----------|------|--------|-------|
| 35                      | Gisell Chavez<br>28.41    | SR | SARA | :27.15 | 28.41 | 63   | Emma Hinz<br>30.01           | FR       | NOVA | :28.99 | 30.01 |
| 36                      | Nikola Weisman<br>28.43   | SO | TAMA | :28.94 | 28.43 | 64   | Anna Zeitz<br>30.10          | JR       | REDW | :28.95 | 30.10 |
| 37                      | Christa Schmitt<br>28.58  | SR | SARA | :29.89 | 28.58 | 65   | Natalie Hallat<br>30.11      | JR       | NOVA | :29.94 | 30.11 |
| 38                      | Kay Duffy<br>28.84        | SO | SIEN | :28.33 | 28.84 | 66   | Mikala Krag<br>30.17         | FR       | MC   | :32.77 | 30.17 |
| 39                      | Ephets Head<br>28.94      | FR | TAMA | :29.07 | 28.94 | 67   | Monika Platek<br>30.38       | FR       | REDW | :29.47 | 30.38 |
| 40                      | Daniela Sale<br>29.31     | SR | SRFD | :29.33 | 28.97 | 68   | Anna Laporte<br>30.40        | SR       | NOVA | :30.12 | 30.40 |
| 41                      | Isabel Rodriguez<br>29.04 | SR | TAMA | :28.44 | 29.04 | 69   | Jordan Overmeyer<br>30.41    | SO       | REDW | :30.22 | 30.41 |
| 42                      | Natalie Boyd<br>29.06     | SO | SM   | :28.01 | 29.06 | 70   | Ella Crock<br>30.44          | FR       | SRFD | :30.16 | 30.44 |
| 43                      | Erin Faubel<br>29.23      | SO | TAMA | :29.77 | 29.23 | * 71 | Kylie Bradley<br>30.47       | SO       | TERR | :29.56 | 30.47 |
| 44                      | Lola Torresi<br>29.25     | FR | REDW | :28.49 | 29.25 | * 71 | Jocelyn Overmeyer<br>30.47   | SO       | REDW | :29.66 | 30.47 |
| 45                      | Molly Madden<br>29.26     | FR | TERR | :28.70 | 29.26 | 73   | Carmen Monroe-Watts<br>30.57 | SO       | REDW | :30.12 | 30.57 |
| 46                      | Flynn Marrinson<br>29.34  | SO | SARA | :29.50 | 29.34 | 74   | Sadie Idkeda<br>30.67        | FR       | SM   | :31.10 | 30.67 |
| 47                      | Toula Falvey<br>29.35     | JR | MC   | :30.04 | 29.35 | 75   | Zoe Heberman<br>30.68        | SR       | BRAN | :30.58 | 30.68 |
| 48                      | Elyse Martinez<br>29.38   | JR | NOVA | :29.09 | 29.38 | 76   | Sofia Medina<br>30.70        | JR       | SRFD | :30.89 | 30.70 |
| 49                      | Emma Brandt<br>29.39      | SR | NOVA | :29.43 | 29.39 | * 77 | Christina Meylan<br>30.77    | SR       | REDW | :29.97 | 30.77 |
| 50                      | Maggie Robison<br>29.42   | SO | SARA | :29.33 | 29.42 | * 77 | Olivia Genovese<br>30.77     | FR       | MC   | :32.26 | 30.77 |
| 51                      | Anna O'Brien<br>29.58     | SO | REDW | :28.49 | 29.58 | * 77 | Megan Root<br>30.77          | FR       | SARA | :30.77 | 30.77 |
| 52                      | Maya Carter<br>29.62      | JR | TERR | :29.58 | 29.62 | 80   | Nalini Mizukami<br>30.78     | FR       | TAMA | :29.96 | 30.78 |
| 53                      | Malia Potter<br>29.63     | SR | SRFD | :30.98 | 29.63 | 81   | Holly Friedman<br>30.92      | SR       | SRFD | :30.56 | 30.92 |
| * 54                    | Paloma Siegel<br>29.65    | JR | TERR | :29.27 | 29.65 | 82   | Merlynn Maldonado<br>31.04   | JR       | NOVA | :31.40 | 31.04 |
| * 54                    | Sally Lucchesi<br>29.65   | JR | TERR | :29.40 | 29.65 | 83   | Grace Ducker<br>30.91        | JR       | NOVA | :31.70 | 31.21 |
| 56                      | Quinn Duggan<br>29.75     | FR | MC   | :30.87 | 29.75 | * 84 | Alicia Vargelis<br>31.26     | SR       | REDW | :30.73 | 31.26 |
| 57                      | Georgia Lee<br>29.76      | JR | NOVA | :29.40 | 29.76 | * 84 | Indie Adamich<br>31.26       | FR       | REDW | :30.85 | 31.26 |
| 58                      | Anja Damazyn<br>29.83     | JR | SM   | :30.01 | 29.83 | 86   | Julia Smith<br>31.37         | SO       | SARA | :32.24 | 31.37 |
| 59                      | Olivia Cooke<br>30.18     | SO | REDW | :29.11 | 29.87 | 87   | Karen Chavez<br>31.38        | SO       | SARA | :32.02 | 31.38 |
| 60                      | Melissa Valencia<br>29.88 | JR | SARA | :28.91 | 29.88 | 88   | Fernanda Perez<br>31.39      | JR       | MC   | :31.24 | 31.39 |
| 61                      | Alazais Walters<br>29.89  | SR | REDW | :29.51 | 29.89 | * 89 | Nanki Sandhu<br>31.43        | JR       | REDW | :30.87 | 31.43 |
| 62                      | Lydia Hallett<br>29.95    | SR | TAMA | :30.63 | 29.95 | * 89 | Alexandra Polidora<br>37.58  | FR       | REDW | :31.28 | 31.43 |

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|---------------------------|---------|----------|-------|----------------------------|---------|--------|-------|--|--|
| 91 Madeline Baker         | JR REDW | :30.96   | 31.47 | *119 Sophia Demetriou      | JR TERR | :30.36 | 32.69 |  |  |
| 31.47                     |         |          |       | 37.74                      |         |        |       |  |  |
| * 92 Fiona Chamberlin     | FR SRFD | :34.91   | 31.53 | *119 Stephanie Schnurpfeil | FR SARA | :32.28 | 32.69 |  |  |
| 31.53                     |         |          |       | 33.04                      |         |        |       |  |  |
| * 92 Thea Blackwell       | JR SRFD | :30.98   | 31.53 | 121 Emily Comins           | FR REDW | :32.43 | 32.72 |  |  |
| 31.53                     |         |          |       | 32.72                      |         |        |       |  |  |
| 94 Claire Casterjon       | JR SRFD | :30.86   | 31.59 | 122 Angelina Starn         | FR SM   | :33.10 | 32.83 |  |  |
| 31.59                     |         |          |       | 32.83                      |         |        |       |  |  |
| 95 Anabelle Watson        | SO BRAN | :32.75   | 31.61 | 123 Ani Cook               | FR REDW | :32.97 | 32.85 |  |  |
| 31.61                     |         |          |       | 32.85                      |         |        |       |  |  |
| 96 Arya Guinney           | SR TAMA | :31.39   | 31.63 | 124 Maddy Long             | JR NOVA | :33.33 | 32.91 |  |  |
| 31.63                     |         |          |       | 32.91                      |         |        |       |  |  |
| 97 Caroline Chatagnier    | SO SIEN | :32.70   | 31.70 | 125 Michaela Kennev        | SR NOVA | :31.84 | 32.95 |  |  |
| 31.70                     |         |          |       | 32.95                      |         |        |       |  |  |
| 98 Juliana Swanson        | SR TERR | :31.01   | 31.71 | 126 Belen Garcia           | FR REDW | :32.07 | 33.00 |  |  |
| 31.71                     |         |          |       | 33.00                      |         |        |       |  |  |
| 99 Aisling Cassidy        | FR MC   | :31.17   | 31.81 | 127 Piper Tonne            | FR REDW | :30.82 | 33.05 |  |  |
| 31.81                     |         |          |       | 33.05                      |         |        |       |  |  |
| 100 Maddie Baldwin        | JR NOVA | :31.90   | 31.83 | *128 Kayla Hamilton        | FR SM   | :32.21 | 33.18 |  |  |
| 31.83                     |         |          |       | 33.18                      |         |        |       |  |  |
| 101 Ava Hagan             | SR REDW | :31.13   | 31.92 | *128 Katya Turner          | FR TERR | :33.06 | 33.18 |  |  |
| 31.92                     |         |          |       | 33.18                      |         |        |       |  |  |
| 102 Emma Tiernan          | SO TAMA | :32.37   | 31.94 | 130 Kacey Rhinehart        | JR NOVA | :32.21 | 33.34 |  |  |
| 31.94                     |         |          |       | 33.34                      |         |        |       |  |  |
| 103 Isabel Parrado        | FR SIEN | :32.33   | 32.03 | 131 Jessica Stewart        | JR TAMA | :32.85 | 33.37 |  |  |
| 32.03                     |         |          |       | 33.37                      |         |        |       |  |  |
| 104 Gaby Alas             | FR NOVA | :31.30   | 32.06 | *132 Lindsey Geissberger   | JR REDW | :32.53 | 33.52 |  |  |
| 32.06                     |         |          |       | 33.52                      |         |        |       |  |  |
| 105 Kailey Torres         | FR TERR | :35.46   | 32.11 | *132 Kate Garrison         | SR REDW | :32.91 | 33.52 |  |  |
| 32.11                     |         |          |       | 33.52                      |         |        |       |  |  |
| 106 Gabrielle Bon-Borquez | JR SIEN | :31.33   | 32.15 | 134 Mia Krueger            | FR TAMA | :33.29 | 33.72 |  |  |
| 32.15                     |         |          |       | 33.72                      |         |        |       |  |  |
| 107 Ellery Stocker        | FR REDW | :31.68   | 32.20 | 135 Hannah Smorra          | SR SIEN | :34.33 | 33.77 |  |  |
| 32.20                     |         |          |       | 33.77                      |         |        |       |  |  |
| 108 Skylar Strotz         | FR REDW | :32.21   | 32.23 | 136 Isabelle Khoo-Miller   | JR BRAN | :34.44 | 33.87 |  |  |
| 32.23                     |         |          |       | 33.87                      |         |        |       |  |  |
| 109 Jane Burke            | JR REDW | :30.29   | 32.25 | 137 Katherine Thierault    | JR REDW | :33.61 | 33.89 |  |  |
| 32.25                     |         |          |       | 33.89                      |         |        |       |  |  |
| 110 Megan Gimple          | JR NOVA | :31.69   | 32.28 | 138 Helen Neidhoefer       | FR SIEN | :31.59 | 33.94 |  |  |
| 32.28                     |         |          |       | 139 Blanca Hitchcock       | SO MC   | :34.06 | 34.00 |  |  |
| 111 Marley Edington       | JR REDW | :30.53   | 32.39 | 34.00                      |         |        |       |  |  |
| 32.39                     |         |          |       | *140 Alexa Barnes          | JR MC   | :34.55 | 34.16 |  |  |
| 112 Angelina Uzzle        | JR TERR | :30.98   | 32.43 | 34.16                      |         |        |       |  |  |
| 32.43                     |         |          |       | *140 Ana Villamar          | FR MC   | :34.08 | 34.16 |  |  |
| 113 Yeymi Canche          | FR TERR | :31.89   | 32.44 | 34.16                      |         |        |       |  |  |
| 32.44                     |         |          |       | 142 Emily Johnson          | SR REDW | :32.97 | 34.26 |  |  |
| 114 Ana Waldburger        | SR TAMA | :32.46   | 32.47 | 34.26                      |         |        |       |  |  |
| 32.47                     |         |          |       | 143 Abby Wilcer            | JR NOVA | :35.20 | 34.34 |  |  |
| 115 Anna Lozano           | FR SM   | :32.01   | 32.48 | 34.34                      |         |        |       |  |  |
| 32.48                     |         |          |       | 144 Alexa Barth            | JR TAMA | :34.33 | 34.39 |  |  |
| 116 Maya Willey           | SR NOVA | :33.00   | 32.51 | 34.39                      |         |        |       |  |  |
| 32.51                     |         |          |       | 145 Ellie Jenkins          | FR TAMA | :34.34 | 34.52 |  |  |
| 117 Nicole Baldenebro     | SR SARA | :33.37   | 32.57 | 34.52                      |         |        |       |  |  |
| 32.57                     |         |          |       | 146 Audrey Hetleman        | FR REDW | :33.01 | 34.60 |  |  |
| 118 Amelia Love           | FR REDW | :31.81   | 32.60 | 46.50                      |         |        |       |  |  |
| 32.60                     |         |          |       | 147 Carly Zimmerman        | FR SRFD | :36.98 | 34.62 |  |  |
|                           |         |          |       | 34.62                      |         |        |       |  |  |



## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

| 05/05/2017 - 05/06/2017               |                    |         |        | SC Yards |                                   |                    |           |        |            |
|---------------------------------------|--------------------|---------|--------|----------|-----------------------------------|--------------------|-----------|--------|------------|
| 148                                   | Jocelyn Chacon     | JR SARA | :34.00 | 34.67    | 176                               | Sophia Khetawat    | FR TAMA   | :43.10 | 38.96      |
|                                       | 34.67              |         |        |          |                                   | 38.96              |           |        |            |
| 149                                   | Tatiana Villagomez | JR NOVA | :34.60 | 34.69    | 177                               | Victoria Diaz      | FR SIEN   | :41.33 | 39.36      |
|                                       | 34.69              |         |        |          |                                   | 39.36              |           |        |            |
| 150                                   | Adelina Merrell    | FR SRFD | :34.90 | 34.89    | 178                               | Emily Pelle        | FR TERR   | :39.32 | 39.41      |
|                                       | 34.89              |         |        |          |                                   | 39.41              |           |        |            |
| 151                                   | Ciara Studebaker   | SO TAMA | :35.14 | 34.94    | 179                               | Kimi Lamb          | FR NOVA   | :38.12 | 39.50      |
|                                       | 35.32              |         |        |          |                                   | 39.50              |           |        |            |
| 152                                   | Emily Schauer      | FR TAMA | :34.33 | 35.02    | 180                               | Anaya Alcazar      | JR NOVA   | :37.20 | 39.67      |
|                                       | 35.02              |         |        |          |                                   | 39.67              |           |        |            |
| 153                                   | Rachel Whitelaw    | SO TAMA | :35.60 | 35.14    | 181                               | Trisha Panganiban  | SO SM     | :37.83 | 39.90      |
|                                       | 35.14              |         |        |          |                                   | 15.82              |           |        |            |
| 154                                   | Jasmyn Jansen      | FR SRFD | :34.98 | 35.33    | 182                               | Kassandra Juarez   | FR SARA   | :41.57 | 41.02      |
|                                       | 35.33              |         |        |          |                                   | 41.02              |           |        |            |
| 155                                   | Kristen Bell       | JR MC   | :36.59 | 35.72    | 183                               | Joseyln Racancoj   | SO SM     | :43.01 | 43.63      |
|                                       | 35.72              |         |        |          |                                   | 43.63              |           |        |            |
| 156                                   | Annika Emblad      | SO TAMA | :39.70 | 35.74    | 184                               | Kamala Rose        | SO TAMA   | :47.41 | 48.12      |
|                                       | 42.52              |         |        |          |                                   | 48.12              |           |        |            |
| 157                                   | Isabelle Winstead  | FR TAMA | :35.47 | 35.76    | 185                               | Shannon Dugdale    | SR NOVA   | :56.90 | 1:00.95    |
|                                       | 35.76              |         |        |          |                                   | 1:00.95            |           |        |            |
| 158                                   | Mariangela Morales | SR BRAN | :36.33 | 35.84    |                                   | Larissa Meneses    | FR MC     | :39.08 | NS         |
|                                       | 35.84              |         |        |          |                                   | Sammy Stilson      | SR TERR   | :31.34 | NS         |
| 159                                   | Courtney Carswell  | SR REDW | :36.97 | 35.88    |                                   | Helen Morris       | FR NOVA   | :35.90 | NS         |
|                                       | 35.88              |         |        |          |                                   | Jessica Mazariegos | FR TERR   | :40.00 | NS         |
| 160                                   | Julia Culver       | FR TERR | :37.22 | 35.97    |                                   | Joanna Hansen      | SO SM     | :34.60 | NS         |
|                                       | 35.97              |         |        |          |                                   | Sophia Steddin     | FR NOVA   | :35.99 | NS         |
| 161                                   | Sylvana Perczyk    | SO REDW | :35.54 | 35.98    |                                   | Megan Turmon       | SR BRAN   | :36.30 | NS         |
|                                       | 35.98              |         |        |          |                                   | Kathleen Pile      | FR TAMA   | :33.35 | NS         |
| 162                                   | Dillon White       | JR NOVA | :35.53 | 36.07    |                                   | Josette Weisert    | SO TAMA   | :34.62 | NS         |
|                                       | 36.07              |         |        |          |                                   | Kaila Campos       | FR TERR   | :35.35 | NS         |
| 163                                   | Meva Saenz Zagar   | FR TAMA | :35.08 | 36.15    |                                   | Avrelle Harrington | JR REDW   | :31.96 | NS         |
|                                       | 36.15              |         |        |          |                                   | Amy Nielsen        | SO REDW   | :36.77 | NS         |
| 164                                   | Natali Rabchev     | FR NOVA | :37.03 | 36.23    |                                   | Aryana Senel       | JR TAMA   | :30.00 | NS         |
|                                       | 36.23              |         |        |          |                                   | Jessica Brown      | FR TERR   | :34.72 | NS         |
| 165                                   | Rachel Schten      | JR REDW | :34.66 | 36.28    |                                   | Rosalynn Blaisdell | FR TERR   | :37.67 | NS         |
|                                       | 41.86              |         |        |          |                                   | Camilla Alfonso    | FR TERR   | :31.87 | NS         |
| 166                                   | Elena Golubivich   | SR NOVA | :35.50 | 36.43    |                                   | Samantha Davantes  | FR SARA   | :32.59 | NS         |
|                                       | 36.43              |         |        |          |                                   | Marlena Lash       | FR TERR   | :37.42 | NS         |
| 167                                   | Paige Hartquist    | FR TAMA | :36.34 | 36.57    |                                   |                    |           |        |            |
|                                       | 36.57              |         |        |          |                                   |                    |           |        |            |
| 168                                   | Eva Bundschu       | SO SIEN | :38.33 | 36.66    |                                   |                    |           |        |            |
|                                       | 36.66              |         |        |          |                                   |                    |           |        |            |
| 169                                   | Caroline Rafner    | JR REDW | :32.17 | 36.82    |                                   |                    |           |        |            |
|                                       | 40.09              |         |        |          |                                   |                    |           |        |            |
| 170                                   | Mikayla Zavaglia   | JR TERR | :36.45 | 36.87    |                                   |                    |           |        |            |
|                                       | 36.87              |         |        |          |                                   |                    |           |        |            |
| 171                                   | Berlin Montepeque  | SO SARA | :38.61 | 37.61    |                                   |                    |           |        |            |
|                                       | 37.61              |         |        |          |                                   |                    |           |        |            |
| 172                                   | Ava Wood           | FR SM   | :37.41 | 37.66    |                                   |                    |           |        |            |
|                                       | 37.66              |         |        |          |                                   |                    |           |        |            |
| 173                                   | Emma Fisher        | SO TAMA | :38.69 | 38.01    |                                   |                    |           |        |            |
|                                       | 38.01              |         |        |          |                                   |                    |           |        |            |
| 174                                   | Abigail Barajas    | FR SARA | :37.73 | 38.09    |                                   |                    |           |        |            |
|                                       | 38.09              |         |        |          |                                   |                    |           |        |            |
| 175                                   | Lennon Pekic       | FR NOVA | :37.62 | 38.64    |                                   |                    |           |        |            |
|                                       | 38.64              |         |        |          |                                   |                    |           |        |            |
| <b>Event # 8 MENS SENIOR 50Y FREE</b> |                    |         |        |          |                                   |                    |           |        |            |
|                                       |                    |         |        |          | MCAL MEET                         | Andrew Latimer     | Tamalpais | :20.32 |            |
|                                       |                    |         |        |          | LEAGUE-NCS                        | Andrew Latimer     | Tamalpais | :20.32 |            |
|                                       |                    |         |        |          | ~ is a standard to mark achievers |                    |           |        |            |
|                                       |                    |         |        |          | ~ NCS Automatic                   |                    | NCS-A     | :21.86 | a          |
|                                       |                    |         |        |          | ~ NCS Consideration               |                    | NCS-C     | :22.69 | b          |
|                                       |                    |         |        |          |                                   |                    | SEED      | MEET   | PTS        |
|                                       |                    |         |        |          | 1                                 | Nathaniel Cunnan   | SR TERR   | :21.34 | 20.85 a 20 |
|                                       |                    |         |        |          |                                   | 20.85              |           |        |            |
|                                       |                    |         |        |          | 2                                 | Ryan Schoenlein    | SR REDW   | :21.92 | 21.14 a 17 |
|                                       |                    |         |        |          |                                   | 21.14              |           |        |            |
|                                       |                    |         |        |          | 3                                 | Thomas Dahlke      | JR TAMA   | :21.95 | 21.63 a 16 |
|                                       |                    |         |        |          |                                   | 21.63              |           |        |            |
|                                       |                    |         |        |          | 4                                 | Kevin Lechner      | JR TERR   | :22.76 | 21.85 a 15 |
|                                       |                    |         |        |          |                                   | 21.85              |           |        |            |
|                                       |                    |         |        |          | 5                                 | Zack Glenn         | SO TAMA   | :22.90 | 21.88 b 14 |
|                                       |                    |         |        |          |                                   | 21.88              |           |        |            |
|                                       |                    |         |        |          | 6                                 | Jesse Smith        | JR REDW   | :22.21 | 22.29 b 13 |
|                                       |                    |         |        |          |                                   | 22.29              |           |        |            |

## 2017 MCAL Swimming and Diving Championships

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| 05/05/2017 - 05/06/2017 |                  |    |      |        |       |   |    | SC Yards              |    |      |        |       |
|-------------------------|------------------|----|------|--------|-------|---|----|-----------------------|----|------|--------|-------|
| 7                       | Noah Prochnow    | JR | SM   | :22.02 | 22.54 | b | 12 | * 18 Mathieu Sanders  | SR | SIEN | :23.90 | 24.01 |
|                         | 22.54            |    |      |        |       |   |    | 24.01                 |    |      |        |       |
| 8                       | Spencer Hanson   | JR | SRFD | :22.90 | 23.06 |   | 11 | 20 Ethan Zener        | FR | TAMA | :23.97 | 24.04 |
|                         | 23.06            |    |      |        |       |   |    | 24.04                 |    |      |        |       |
| 9                       | Reece Foehr      | SO | TERR | :23.29 | 22.89 |   | 9  | 21 Raul Beltran       | JR | REDW | :24.05 | 24.12 |
|                         | 22.89            |    |      |        |       |   |    | 24.12                 |    |      |        |       |
| 10                      | Elliot King      | SR | REDW | :23.34 | 22.99 |   | 7  | 22 Luc Holloway       | SR | NOVA | :24.56 | 24.16 |
|                         | 22.99            |    |      |        |       |   |    | 24.16                 |    |      |        |       |
| 11                      | Gabriel Emunah   | SR | BRAN | :23.35 | 23.01 |   | 6  | 23 Nathan Yeung       | SR | TAMA | :24.39 | 24.27 |
|                         | 23.01            |    |      |        |       |   |    | 24.27                 |    |      |        |       |
| 12                      | Danny Roland     | JR | SRFD | :23.00 | 23.10 |   | 5  | 24 Ely Selden         | SO | REDW | :25.22 | 24.28 |
|                         | 23.10            |    |      |        |       |   |    | 24.28                 |    |      |        |       |
| 13                      | Cole Parker      | SO | TERR | :23.90 | 23.25 |   | 4  | 25 Jacob Berston      | JR | REDW | :24.47 | 24.30 |
|                         | 23.25            |    |      |        |       |   |    | 24.30                 |    |      |        |       |
| 14                      | George Luebke    | JR | TAMA | :23.71 | 23.51 |   | 3  | 26 Ben Egan           | FR | MC   | :24.62 | 24.34 |
|                         | 23.51            |    |      |        |       |   |    | 24.34                 |    |      |        |       |
| 15                      | Connor King      | SO | TAMA | :24.05 | 23.56 |   | 2  | 27 Bennett Brewer     | SO | NOVA | :24.62 | 24.35 |
|                         | 23.56            |    |      |        |       |   |    | 24.35                 |    |      |        |       |
| 16                      | Connell Phillips | SO | REDW | :24.73 | 24.39 |   | 1  | 28 Timothy Peterson   | SR | REDW | :25.13 | 24.70 |
|                         | 24.39            |    |      |        |       |   |    | 24.70                 |    |      |        |       |
|                         |                  |    |      |        |       |   |    | 29 Marcus Belingheri  | SO | NOVA | :24.82 | 24.88 |
|                         |                  |    |      |        |       |   |    | 24.88                 |    |      |        |       |
| <b>PRELIM RESULTS</b>   |                  |    |      |        |       |   |    | 30 Weston Porter      | SO | REDW | :26.16 | 25.00 |
| 1                       | Nathaniel Cunnan | SR | TERR | :21.34 | 20.83 |   | a  | 25.00                 |    |      |        |       |
|                         | 20.83            |    |      |        |       |   |    | 31 Ben Simon          | SO | SM   | :25.01 | 25.02 |
| 2                       | Ryan Schoenlein  | SR | REDW | :21.92 | 21.57 |   | a  | 25.02                 |    |      |        |       |
|                         | 21.57            |    |      |        |       |   |    | 32 Andrew Baskerville | FR | SIEN | :26.62 | 25.13 |
| 3                       | Kevin Lechner    | JR | TERR | :22.76 | 21.85 |   | a  | 25.13                 |    |      |        |       |
|                         | 21.85            |    |      |        |       |   |    | 33 Cale Tippett       | JR | REDW | :25.93 | 25.18 |
| 4                       | Zack Glenn       | SO | TAMA | :22.90 | 22.07 |   | b  | 25.18                 |    |      |        |       |
|                         | 22.07            |    |      |        |       |   |    | * 34 Tor Parawell     | SO | REDW | :25.49 | 25.32 |
| 5                       | Noah Prochnow    | JR | SM   | :22.02 | 22.19 |   | b  | 25.32                 |    |      |        |       |
|                         | 22.19            |    |      |        |       |   |    | * 34 Aidan Pelle      | SR | TERR | :26.19 | 25.32 |
| 6                       | Jesse Smith      | JR | REDW | :22.21 | 22.31 |   | b  | 25.32                 |    |      |        |       |
|                         | 22.31            |    |      |        |       |   |    | 36 Dutch Kemp         | JR | REDW | :24.76 | 25.33 |
| 7                       | Thomas Dahlke    | JR | TAMA | :21.95 | 22.36 |   | b  | 25.33                 |    |      |        |       |
|                         | 22.36            |    |      |        |       |   |    | 37 Michele Pepino     | SR | TERR | :25.96 | 25.39 |
| 8                       | Spencer Hanson   | JR | SRFD | :22.90 | 22.48 |   | b  | 25.39                 |    |      |        |       |
|                         | 22.48            |    |      |        |       |   |    | 38 Nate Gelbach       | SR | TAMA | :25.93 | 25.42 |
| 9                       | Gabriel Emunah   | SR | BRAN | :23.35 | 22.52 |   | b  | 25.42                 |    |      |        |       |
|                         | 22.52            |    |      |        |       |   |    | 39 John Bohner        | FR | SRFD | :27.00 | 25.80 |
| 10                      | Reece Foehr      | SO | TERR | :23.29 | 22.81 |   |    | 25.80                 |    |      |        |       |
|                         | 22.81            |    |      |        |       |   |    | 40 Victor Rajkovic    | FR | BRAN | :28.90 | 25.81 |
| 11                      | Cole Parker      | SO | TERR | :23.90 | 22.95 |   |    | 25.81                 |    |      |        |       |
|                         | 22.95            |    |      |        |       |   |    | 41 Leland Stilson     | FR | TERR | :26.91 | 25.84 |
| 12                      | Elliot King      | SR | REDW | :23.34 | 23.14 |   |    | 25.84                 |    |      |        |       |
|                         | 23.14            |    |      |        |       |   |    | * 42 Tomas Skyvara    | FR | SRFD | :28.50 | 25.89 |
| 13                      | Danny Roland     | JR | SRFD | :23.00 | 23.41 |   |    | 25.89                 |    |      |        |       |
|                         | 23.41            |    |      |        |       |   |    | * 42 Stephen Jung     | JR | REDW | :28.41 | 25.89 |
| 14                      | George Luebke    | JR | TAMA | :23.71 | 23.62 |   |    | 25.89                 |    |      |        |       |
|                         | 23.62            |    |      |        |       |   |    | 44 Holden Cooper      | FR | REDW | :26.04 | 25.99 |
| 15                      | Kenny MacK       | SR | TERR | :25.00 | 23.63 |   | sf | 25.99                 |    |      |        |       |
|                         | 23.63            |    |      |        |       |   |    | 45 Jack Irish         | SO | TERR | :26.57 | 26.00 |
| 16                      | Connell Phillips | SO | REDW | :24.73 | 23.95 |   |    | 26.00                 |    |      |        |       |
|                         | 23.95            |    |      |        |       |   |    | 46 Weston Tuescher    | SO | TAMA | :26.83 | 26.09 |
| 17                      | Connor King      | SO | TAMA | :24.05 | 24.00 |   |    | 26.09                 |    |      |        |       |
|                         | 24.00            |    |      |        |       |   |    |                       |    |      |        |       |
| * 18                    | Chadd Alciati    | JR | NOVA | :24.03 | 24.01 |   |    |                       |    |      |        |       |
|                         | 24.01            |    |      |        |       |   |    |                       |    |      |        |       |

## 2017 MCAL Swimming and Diving Championships

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| 05/05/2017 - 05/06/2017       |         |        |       |                          |         |        |       | SC Yards |  |
|-------------------------------|---------|--------|-------|--------------------------|---------|--------|-------|----------|--|
| 47 Ronan Shaffer              | SR SM   | :25.41 | 26.12 | 75 Dean Griffin          | SO REDW | :28.76 | 28.27 | 28.27    |  |
| 26.12                         |         |        |       | 28.27                    |         |        |       |          |  |
| 48 Nicholas Tenaglia          | JR REDW | :25.87 | 26.16 | 76 Matheus Borges        | SO NOVA | :28.53 | 28.28 | 28.28    |  |
| 26.16                         |         |        |       | 28.28                    |         |        |       |          |  |
| 49 Ethan Lash                 | FR TERR | :25.76 | 26.17 | 77 Peder Fish            | JR NOVA | :28.70 | 28.33 | 28.33    |  |
| 26.17                         |         |        |       | 28.33                    |         |        |       |          |  |
| 50 Julian Haggard             | SO REDW | :25.89 | 26.18 | 78 Michael Grieve        | FR SIEN | :28.33 | 28.37 | 28.37    |  |
| 26.50                         |         |        |       | 28.37                    |         |        |       |          |  |
| * 51 Benjamin Wu              | FR BRAN | :27.28 | 26.41 | * 79 Matteus Sunshine    | FR REDW | :28.15 | 28.48 | 28.48    |  |
| 26.41                         |         |        |       | 28.48                    |         |        |       |          |  |
| * 51 Amadeus Colenbrander     | FR TERR | :26.78 | 26.41 | * 79 Nilo Benicio        | SO SARA | :32.44 | 28.48 | 28.48    |  |
| 26.41                         |         |        |       | 28.48                    |         |        |       |          |  |
| 53 Connor Raiger              | SR NOVA | :26.84 | 26.52 | 81 Joseph Hansen         | SO TERR | :26.89 | 28.87 | 28.87    |  |
| 26.52                         |         |        |       | 28.87                    |         |        |       |          |  |
| 54 Maxwell Von Doepp          | JR SARA | :27.07 | 26.56 | 82 Robert Schwartz       | SR REDW | :28.31 | 28.75 | 28.75    |  |
| 26.56                         |         |        |       | 28.75                    |         |        |       |          |  |
| 55 Christopher Long           | FR TAMA | :27.06 | 26.62 | 83 Mishka Heath          | FR SRFD | :28.00 | 28.84 | 28.84    |  |
| 26.62                         |         |        |       | 28.84                    |         |        |       |          |  |
| 56 Robert Hoffman             | JR REDW | :25.71 | 26.69 | 84 Hayden Shaffer        | FR SM   | :29.31 | 29.04 | 29.04    |  |
| 26.69                         |         |        |       | 29.04                    |         |        |       |          |  |
| 57 Andrew Savedra             | SR SARA | :27.23 | 26.83 | 85 Andrew Lane           | FR SARA | :31.58 | 29.06 | 29.06    |  |
| 26.83                         |         |        |       | 29.06                    |         |        |       |          |  |
| 58 Art Kondratyev             | SR SRFD | :26.70 | 26.92 | 86 Robert Berston        | FR REDW | :28.78 | 29.29 | 29.29    |  |
| 27.36                         |         |        |       | 29.29                    |         |        |       |          |  |
| 59 Trent Mooers               | JR SIEN | :27.65 | 26.98 | 87 Pavce Aswaneimane     | FR TERR | :28.79 | 36.64 | 36.64    |  |
| 26.98                         |         |        |       | 36.64                    |         |        |       |          |  |
| 60 William Detels             | SO REDW | :27.48 | 27.04 | 88 Stevenson Linder      | FR SIEN | :29.33 | 29.53 | 29.53    |  |
| 27.04                         |         |        |       | 29.53                    |         |        |       |          |  |
| 61 Christopher Holden-Wingate | JR TAMA | :27.43 | 27.12 | 89 Trent Helton          | SO NOVA | :29.59 | 29.88 | 29.88    |  |
| 27.12                         |         |        |       | 29.88                    |         |        |       |          |  |
| 62 Giacomo Bassi              | JR TAMA | :28.26 | 27.28 | 90 Henry Mason           | FR SRFD | :31.00 | 29.97 | 29.97    |  |
| 27.28                         |         |        |       | 29.97                    |         |        |       |          |  |
| 63 Luca Antnello              | JR NOVA | :28.34 | 27.31 | 91 Will Pierotti         | FR NOVA | :29.57 | 30.15 | 30.15    |  |
| 27.31                         |         |        |       | 30.15                    |         |        |       |          |  |
| 64 Ben Freed                  | FR MC   | :27.69 | 27.33 | 92 Bryce Bernales        | FR SM   | :30.90 | 30.16 | 30.16    |  |
| 27.33                         |         |        |       | 30.16                    |         |        |       |          |  |
| 65 Warren Brouwer             | SO SRFD | :27.00 | 27.42 | 93 Wesley Rayburn        | FR SM   | :32.70 | 30.32 | 30.32    |  |
| 27.42                         |         |        |       | 30.32                    |         |        |       |          |  |
| 66 Owen Henderson             | SO REDW | :26.52 | 27.44 | 94 Caleb Jerinic-Brodeur | JR NOVA | :29.90 | 30.67 | 30.67    |  |
| 27.44                         |         |        |       | 30.67                    |         |        |       |          |  |
| 67 Joshua Colety              | SO REDW | :25.38 | 27.57 | 95 Saransh Puri          | FR REDW | :30.43 | 30.81 | 30.81    |  |
| 27.57                         |         |        |       | 30.81                    |         |        |       |          |  |
| 68 Emmanuel Barber            | JR SM   | :28.32 | 27.65 | 96 Elias Goudey          | JR SARA | :30.12 | 30.91 | 30.91    |  |
| 27.65                         |         |        |       | 30.91                    |         |        |       |          |  |
| 69 Kai Manning                | SO NOVA | :27.52 | 27.99 | 97 Will Cooper           | SO MC   | :31.02 | 30.93 | 30.93    |  |
| 27.99                         |         |        |       | 30.93                    |         |        |       |          |  |
| 70 Ethan Levinson             | FR TERR | :30.12 | 28.01 | 98 Ben Forbush           | FR TERR | :31.45 | 31.07 | 31.07    |  |
| 28.01                         |         |        |       | 31.07                    |         |        |       |          |  |
| 71 Mario Deangelis            | SR SM   | :28.30 | 28.04 | 99 Jackson Reuter        | FR SRFD | :29.00 | 31.46 | 31.46    |  |
| 28.04                         |         |        |       | 31.46                    |         |        |       |          |  |
| 72 Jackson Keelevy            | JR TERR | :27.37 | 28.07 | 100 Patrick McConnell    | SO NOVA | :31.87 | 31.96 | 31.96    |  |
| 28.07                         |         |        |       | 31.96                    |         |        |       |          |  |
| 73 Michael Reilly             | SO NOVA | :28.15 | 28.10 | 101 Matthew Martinez     | FR SRFD | :32.00 | 31.97 | 31.97    |  |
| 28.10                         |         |        |       | 31.97                    |         |        |       |          |  |
| 74 Jacob Berrol               | SO TAMA | :28.83 | 28.21 | 102 Bryce Mayo           | FR SIEN | :32.33 | 32.25 | 32.25    |  |
| 28.21                         |         |        |       | 32.25                    |         |        |       |          |  |



## 2017 MCAL Swimming and Diving Championships

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05/05/2017 - 05/06/2017

SC Yards

|                          |         |         |            |                       |         |         |         |      |
|--------------------------|---------|---------|------------|-----------------------|---------|---------|---------|------|
| 11 Verence Tapia         | JR SIEN | 1:03.86 | 1:05.13    | 8 Spencer Hanson      | JR SRFD | :54.00  | 54.47   | b 11 |
| 29.16 35.97              |         |         |            | 25.13 29.34           |         |         |         |      |
| 12 Audrey Gaither        | SR REDW | 1:10.89 | 1:05.40    | 9 Peyton Oga          | SO SM   | :57.80  | 56.72   | 9    |
| 30.06 35.34              |         |         |            | 26.56 30.16           |         |         |         |      |
| 13 Olivia Boles          | SO SIEN | 1:07.70 | 1:06.60 sf | 10 Cole Parker        | SO TERR | 1:01.70 | 57.35   | 7    |
| 30.82 35.78              |         |         |            | 25.90 31.45           |         |         |         |      |
| 14 Kate Masterson        | SO MC   | 1:07.29 | 1:06.93    | 11 Jack Simpson       | SR TAMA | :59.90  | 57.66   | 6    |
| 30.45 36.48              |         |         |            | 26.00 31.66           |         |         |         |      |
| 15 Kaitlyn Page          | JR TAMA | 1:09.55 | 1:07.89    | 12 Jonah Albers       | FR TERR | :59.78  | 57.78   | 5    |
| 31.50 36.39              |         |         |            | 26.18 31.60           |         |         |         |      |
| 16 Kathleen Sheehan      | SO MC   | 1:11.05 | 1:08.33    | 13 Vicens Vila-Coury  | JR REDW | 1:02.32 | 59.16   | 4    |
| 32.12 36.21              |         |         |            | 27.50 31.66           |         |         |         |      |
| 17 Jocelyn Tsai          | FR TERR | 1:11.22 | 1:09.35    | 14 Dylan Martin       | FR NOVA | 1:00.15 | 59.24   | 3    |
| 31.28 38.07              |         |         |            | 27.03 32.21           |         |         |         |      |
| 18 Rebecca Oblites       | SO SM   | 1:10.11 | 1:09.66    | 15 Brix Kowalski      | SO SIEN | 1:04.71 | 59.64   | 2    |
| 31.99 37.67              |         |         |            | 27.68 31.96           |         |         |         |      |
| 19 Gisell Chavez         | SR SARA | 1:09.32 | 1:12.13    | 16 Ryan Hernandez     | FR NOVA | 1:01.33 | 1:00.80 | 1    |
| 32.74 39.39              |         |         |            | 28.07 32.73           |         |         |         |      |
| 20 Zoe Wynn              | JR TAMA | 1:15.03 | 1:12.49    | <b>PRELIM RESULTS</b> |         |         |         |      |
| 31.20 41.29              |         |         |            | 1 Lomax Turner        | SR TERR | :52.78  | 53.02   | b    |
| 21 Neeve Healy           | FR SRFD | 1:11.56 | 1:13.19    | 25.04 27.98           |         |         |         |      |
| 34.41 38.78              |         |         |            | 2 Ethan Lewczyk       | FR REDW | :52.09  | 53.11   | b    |
| 22 Arindouque Arindouque | FR TERR | 1:11.27 | 1:14.26    | 24.83 28.28           |         |         |         |      |
| 32.33 41.93              |         |         |            | 3 Gabriel Giacoppo    | SO BRAN | :54.29  | 53.55   | b    |
| 23 Lauren Lubin          | JR NOVA | 1:18.00 | 1:15.89    | 25.08 28.47           |         |         |         |      |
| 34.38 41.51              |         |         |            | 4 Nathan Luis         | SO SM   | :53.36  | 54.13   | b    |
| 24 Merlynn Maldonado     | JR NOVA | 1:17.28 | 1:17.05    | 26.02 28.11           |         |         |         |      |
| 36.40 40.65              |         |         |            | 5 Zihao Wang          | FR TAMA | :51.55  | 54.16   | b    |
| 25 Adina Epstein         | SR SARA | 1:23.99 | 1:17.63    | 24.93 29.23           |         |         |         |      |
| 33.84 43.79              |         |         |            | 6 Victor Sowa         | JR REDW | :53.92  | 54.30   | b    |
| 26 Reyna Morales         | JR NOVA | 1:19.28 | 1:18.37    | 25.32 28.98           |         |         |         |      |
| 35.16 43.21              |         |         |            | 7 Marcus Fredrich     | SO TAMA | :54.12  | 54.40   | b    |
| 27 Melissa Valencia      | JR SARA | 1:18.61 | 1:20.83    | 25.53 28.87           |         |         |         |      |
| 36.31 44.52              |         |         |            | 8 Spencer Hanson      | JR SRFD | :54.00  | 55.61   | b    |
| 28 Olivia Carpenter      | JR REDW | 1:21.51 | 1:23.12    | 25.39 30.22           |         |         |         |      |
| 38.21 44.91              |         |         |            | 9 Peyton Oga          | SO SM   | :57.80  | 56.91   |      |
|                          |         |         |            | 25.95 30.96           |         |         |         |      |
|                          |         |         |            | 10 Cole Parker        | SO TERR | 1:01.70 | 58.25   |      |
|                          |         |         |            | 25.98 32.27           |         |         |         |      |
|                          |         |         |            | 11 Jack Simpson       | SR TAMA | :59.90  | 58.77   |      |
|                          |         |         |            | 26.59 32.18           |         |         |         |      |
|                          |         |         |            | 12 Ryan Hernandez     | FR NOVA | 1:01.33 | 1:00.18 |      |
|                          |         |         |            | 27.12 33.06           |         |         |         |      |
|                          |         |         |            | 13 Vicens Vila-Coury  | JR REDW | 1:02.32 | 1:01.00 |      |
|                          |         |         |            | 29.11 31.89           |         |         |         |      |
|                          |         |         |            | 14 Brix Kowalski      | SO SIEN | 1:04.71 | 1:01.29 |      |
|                          |         |         |            | 28.82 32.47           |         |         |         |      |
|                          |         |         |            | 15 Jonah Albers       | FR TERR | :59.78  | 1:01.52 |      |
|                          |         |         |            | 26.87 34.65           |         |         |         |      |
|                          |         |         |            | 16 Dylan Martin       | FR NOVA | 1:00.15 | 1:02.27 |      |
|                          |         |         |            | 28.08 34.19           |         |         |         |      |
|                          |         |         |            | 17 Alex Roose         | SO TAMA | 1:05.30 | 1:04.10 |      |
|                          |         |         |            | 28.16 35.94           |         |         |         |      |
|                          |         |         |            | 18 Dennis Lee         | FR NOVA | 1:04.84 | 1:04.65 |      |
|                          |         |         |            | 29.76 35.22           |         |         |         |      |
|                          |         |         |            | 19 Michele Pepino     | SR TERR | 1:12.78 | 1:05.97 |      |
|                          |         |         |            | 29.11 37.37           |         |         |         |      |

**Event # 12 MENS SENIOR 100Y FLY**

|                                   |                |         |        |      |  |  |  |  |
|-----------------------------------|----------------|---------|--------|------|--|--|--|--|
| MCAL MEET                         | Emilio DeSomma | Redwood | :49.70 |      |  |  |  |  |
| LEAGUE-NCS                        | Mark Fiorito   | Redwood | :48.49 |      |  |  |  |  |
| ~ is a standard to mark achievers |                |         |        |      |  |  |  |  |
| ~ NCS Automatic                   |                | NCS-A   | :52.46 | a    |  |  |  |  |
| ~ NCS Consideration               |                | NCS-C   | :55.99 | b    |  |  |  |  |
|                                   |                | SEED    | MEET   | PTS  |  |  |  |  |
| 1 Lomax Turner                    | SR TERR        | :52.78  | 51.68  | a 20 |  |  |  |  |
| 24.45 27.23                       |                |         |        |      |  |  |  |  |
| 2 Ethan Lewczyk                   | FR REDW        | :52.09  | 52.89  | b 17 |  |  |  |  |
| 24.55 28.34                       |                |         |        |      |  |  |  |  |
| 3 Victor Sowa                     | JR REDW        | :53.92  | 52.91  | b 16 |  |  |  |  |
| 24.67 28.24                       |                |         |        |      |  |  |  |  |
| 4 Nathan Luis                     | SO SM          | :53.36  | 52.93  | b 15 |  |  |  |  |
| 25.29 27.64                       |                |         |        |      |  |  |  |  |
| 5 Gabriel Giacoppo                | SO BRAN        | :54.29  | 53.19  | b 14 |  |  |  |  |
| 24.75 28.44                       |                |         |        |      |  |  |  |  |
| 6 Zihao Wang                      | FR TAMA        | :51.55  | 53.63  | b 13 |  |  |  |  |
| 24.99 28.64                       |                |         |        |      |  |  |  |  |
| 7 Marcus Fredrich                 | SO TAMA        | :54.12  | 54.02  | b 12 |  |  |  |  |
| 25.24 28.78                       |                |         |        |      |  |  |  |  |

## 2017 MCAL Swimming and Diving Championships

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SC Yards

|   |               |           |         |      |  |                                      |         |         |         |    |
|---|---------------|-----------|---------|------|--|--------------------------------------|---------|---------|---------|----|
| 20 Maxwell Von Doepp<br>30.95 36.77       | JR SARA       | 1:11.76   | 1:07.72 |      |  | 5 Ruby Gonzalez<br>26.75 28.56       | FR SM   | :55.33  | 55.31   | b  |
| 21 Evan Liang<br>30.29 38.36              | JR NOVA       | 1:06.78   | 1:08.65 |      |  | 6 Dominique Duro<br>26.38 29.34      | SR SRFD | :56.29  | 55.72   | b  |
| 22 Walker Burdick<br>32.69 38.54          | FR SARA       | 1:08.11   | 1:11.23 |      |  | 7 Issa Ferris<br>27.02 29.32         | FR SRFD | :57.56  | 56.34   |    |
| Gianni Marchi                             | JR SIEN       | 1:08.33   | NS      |      |  | 8 Annie Doris<br>27.43 29.71         | SR BRAN | :59.96  | 57.14   |    |
| Francesco Cico                            | SR REDW       | 1:01.05   | NS      |      |  | 9 Samantha Sternfels<br>27.54 29.88  | FR TAMA | :55.96  | 57.42   |    |
| <b>Event # 13 WOMENS SENIOR 100Y FREE</b> |               |           |         |      |  | 10 Alexandra Gershman<br>27.50 29.97 | FR TAMA | :59.80  | 57.47   |    |
| MCAL MEET                                 | Daniell Becks | San Marin | :50.79  |      |  | 11 Maya McAuley<br>26.77 31.02       | FR NOVA | :58.21  | 57.79   |    |
| LEAGUE-NCS                                | Miki Dahlke   | Tamalpais | :49.81  |      |  | 12 Aubrey Blickman<br>27.86 30.64    | JR REDW | 1:00.06 | 58.50   |    |
| ~ is a standard to mark achievers         |               |           |         |      |  | 13 Jane Wynne<br>27.41 31.21         | SR TAMA | :58.73  | 58.62   |    |
| ~ NCS Automatic                           |               | NCS-A     | :52.53  | a    |  | 14 Sarah Erikson<br>28.02 30.85      | FR TAMA | 1:01.61 | 58.87   |    |
| ~ NCS Consideration                       |               | NCS-C     | :55.99  | b    |  | 15 Kalia Firmage<br>27.46 32.08      | SO TAMA | :58.90  | 59.54   | sf |
|   |               | SEED      | MEET    | PTS  |  | 16 Kailah Sarganis<br>29.29 30.29    | FR MC   | 1:00.07 | 59.58   |    |
| 1 Claire Birchenough<br>25.28 26.76       | JR REDW       | :53.36    | 52.04   | a 20 |  | 17 Christine Watridge<br>28.51 31.78 | JR REDW | 1:01.91 | 1:00.29 |    |
| 2 Coco Berkenfield<br>25.47 27.59         | SO SARA       | :55.41    | 53.06   | b 17 |  | 18 Audrey Dickinson<br>29.03 31.37   | FR BRAN | 1:02.56 | 1:00.40 |    |
| 3 Caitlin Gregory<br>26.24 28.63          | SR SRFD       | :57.98    | 54.87   | b 16 |  | 19 Marya Smith<br>29.01 31.59        | SR SRFD | 1:02.96 | 1:00.60 |    |
| 4 Taylor Boyle<br>25.92 29.03             | JR TERR       | :56.50    | 54.95   | b 15 |  | 20 Caitlin Donnelly<br>28.62 32.00   | JR REDW | 1:02.48 | 1:00.62 |    |
| 5 Dominique Duro<br>26.61 28.79           | SR SRFD       | :56.29    | 55.40   | b 14 |  | 21 Devin Bosley<br>29.45 31.23       | FR REDW | 1:02.41 | 1:00.68 |    |
| 6 Ruby Gonzalez<br>26.52 29.01            | FR SM         | :55.33    | 55.53   | b 13 |  | 22 Skylar Oswald<br>29.12 31.60      | SO SRFD | 1:02.98 | 1:00.72 |    |
| 7 Issa Ferris<br>26.82 29.52              | FR SRFD       | :57.56    | 56.34   | 12   |  | 23 Emma Roggenkamp<br>28.51 32.31    | SR TERR | :59.98  | 1:00.82 |    |
| 8 Annie Doris<br>27.09 29.59              | SR BRAN       | :59.96    | 56.68   | 11   |  | 24 Rebecca Reynolds<br>28.90 32.14   | JR SIEN | :58.33  | 1:01.04 |    |
| 9 Alexandra Gershman<br>27.19 29.16       | FR TAMA       | :59.80    | 56.35   | 9    |  | 25 Lauren Pyfer<br>29.19 31.96       | FR TAMA | 1:01.90 | 1:01.15 |    |
| 10 Samantha Sternfels<br>27.05 29.31      | FR TAMA       | :55.96    | 56.36   | 7    |  | 26 Kimi Rossi<br>28.59 32.75         | SO NOVA | :59.90  | 1:01.34 |    |
| 11 Maya McAuley<br>26.92 30.57            | FR NOVA       | :58.21    | 57.49   | 6    |  | 27 Gabby Lucchesi<br>29.43 32.39     | SO TERR | 1:03.89 | 1:01.82 |    |
| 12 Jane Wynne<br>27.46 30.24              | SR TAMA       | :58.73    | 57.70   | 5    |  | 28 Alexis Sittenfeld<br>29.04 32.81  | FR SM   | 1:03.17 | 1:01.85 |    |
| 13 Sarah Erikson<br>28.27 30.09           | FR TAMA       | 1:01.61   | 58.36   | 4    |  | 29 Kathleen Sheehan<br>29.42 32.47   | SO MC   | 1:05.06 | 1:01.89 |    |
| 14 Christine Watridge<br>28.23 31.27      | JR REDW       | 1:01.91   | 59.50   | 3    |  | 30 Tori Tarantino<br>29.51 32.84     | JR MC   | 1:04.96 | 1:02.35 |    |
| 15 Aubrey Blickman<br>28.86 31.34         | JR REDW       | 1:00.06   | 1:00.20 | 2    |  | 31 Aurielie Blanadet<br>29.25 33.30  | SO REDW | 1:02.52 | 1:02.55 |    |
| 16 Kailah Sarganis<br>29.19 31.10         | FR MC         | 1:00.07   | 1:00.29 | 1    |  | 32 Phoenix Vogel<br>30.26 32.39      | FR TAMA | 1:02.91 | 1:02.65 |    |
| <b>PRELIM RESULTS</b>                     |               |           |         |      |  |                                      |         |         |         |    |
| 1 Coco Berkenfield<br>25.15 27.52         | SO SARA       | :55.41    | 52.67   | b    |  |                                      |         |         |         |    |
| 2 Claire Birchenough<br>25.94 27.09       | JR REDW       | :53.36    | 53.03   | b    |  |                                      |         |         |         |    |
| 3 Caitlin Gregory<br>26.19 28.76          | SR SRFD       | :57.98    | 54.95   | b    |  |                                      |         |         |         |    |
| 4 Taylor Boyle<br>25.86 29.19             | JR TERR       | :56.50    | 55.05   | b    |  |                                      |         |         |         |    |

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## Congratulations to the graduating Seniors!

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|-------------------------|------------------|----|------|---------|---------|----|-----------------------|----------|------|---------|---------|
| 33                      | Sydney Stalie    | FR | NOVA | 1:20.00 | 1:03.05 | 61 | Helen Neidhoefer      | FR       | SIEN | 1:07.33 | 1:09.11 |
|                         | 28.81 34.24      |    |      |         |         |    | 32.23 36.88           |          |      |         |         |
| 34                      | Lauren Lombardi  | JR | MC   | 1:03.64 | 1:03.23 | 62 | Olivia Genovese       | FR       | MC   | 1:14.38 | 1:09.22 |
|                         | 29.06 34.17      |    |      |         |         |    | 32.53 36.69           |          |      |         |         |
| 35                      | Lani Kamler      | SR | SARA | 1:03.86 | 1:03.24 | 63 | Juliana Swanson       | SR       | TERR | 1:09.03 | 1:09.50 |
|                         | 29.67 33.57      |    |      |         |         |    | 33.28 36.22           |          |      |         |         |
| 36                      | Courtney Jarrett | SO | SRFD | 1:02.97 | 1:03.73 | 64 | Claire Casterjon      | JR       | SRFD | 1:10.98 | 1:09.99 |
|                         | 30.18 33.55      |    |      |         |         |    | 33.00 36.99           |          |      |         |         |
| 37                      | Carolyn Cheng    | JR | REDW | 1:02.45 | 1:03.83 | 65 | Christina Meylan      | SR       | REDW | 1:08.41 | 1:10.24 |
|                         | 29.67 34.16      |    |      |         |         |    | 32.55 37.69           |          |      |         |         |
| 38                      | Olivia Fee       | FR | REDW | 1:03.72 | 1:03.96 | 66 | Georgia Lee           | JR       | NOVA | 1:10.70 | 1:10.47 |
|                         | 30.09 33.87      |    |      |         |         |    | 32.94 37.53           |          |      |         |         |
| 39                      | Tess Anacker     | JR | SRFD | 1:02.99 | 1:04.43 | 67 | Anna Zeitz            | JR       | REDW | 1:08.85 | 1:10.51 |
|                         | 30.77 33.66      |    |      |         |         |    | 33.63 36.88           |          |      |         |         |
| 40                      | Anna Watkins     | SR | TAMA | 1:06.07 | 1:04.64 | 68 | Aisling Cassidy       | FR       | MC   | 1:12.98 | 1:10.54 |
|                         | 31.40 33.24      |    |      |         |         |    | 33.63 36.91           |          |      |         |         |
| 41                      | Alena Larson     | SO | REDW | 1:03.99 | 1:04.69 | 69 | Nanki Sandhu          | JR       | REDW | 1:07.18 | 1:11.02 |
|                         | 31.24 33.45      |    |      |         |         |    | 33.16 37.86           |          |      |         |         |
| 42                      | Lola Torresi     | FR | REDW | 1:04.45 | 1:05.03 | 70 | Sadie Idkeda          | FR       | SM   | 1:10.82 | 1:11.23 |
|                         | 30.91 34.12      |    |      |         |         |    | 33.22 38.01           |          |      |         |         |
| 43                      | Sally Lucchesi   | JR | TERR | 1:08.70 | 1:06.10 | 71 | Anna Lozano           | FR       | SM   | 1:11.50 | 1:11.47 |
|                         | 31.55 34.55      |    |      |         |         |    | 34.28 37.19           |          |      |         |         |
| 44                      | Maya Carter      | JR | TERR | 1:07.13 | 1:06.29 | 72 | Nalini Mizukami       | FR       | TAMA | 1:08.66 | 1:11.97 |
|                         | 30.68 35.61      |    |      |         |         |    | 33.42 38.55           |          |      |         |         |
| 45                      | Kendra McGowan   | SR | SARA | 1:05.66 | 1:06.31 | 73 | Jane Burke            | JR       | REDW | 1:09.33 | 1:12.09 |
|                         | 32.63 33.68      |    |      |         |         |    | 33.35 38.74           |          |      |         |         |
| 46                      | Ephets Head      | FR | TAMA | 1:06.83 | 1:06.43 | 74 | Marley Edington       | JR       | REDW | 1:10.63 | 1:12.13 |
|                         | 32.47 33.96      |    |      |         |         |    | 33.97 39.25           |          |      |         |         |
| 47                      | Malia Potter     | SR | SRFD | 1:10.94 | 1:06.53 | 75 | Indie Adamich         | FR       | REDW | 1:11.18 | 1:12.20 |
|                         | 31.04 35.49      |    |      |         |         |    | 34.28 39.13           |          |      |         |         |
| 48                      | Mikala Krag      | FR | MC   | 1:14.16 | 1:06.54 | 76 | Anabelle Watson       | SO       | BRAN | 1:14.32 | 1:12.50 |
|                         | 31.73 34.81      |    |      |         |         |    | 33.69 38.81           |          |      |         |         |
| 49                      | Alazais Walters  | SR | REDW | 1:05.78 | 1:06.84 | 77 | Arya Guinney          | SR       | TAMA | 1:12.13 | 1:12.61 |
|                         | 31.86 34.98      |    |      |         |         |    | 34.29 38.32           |          |      |         |         |
| 50                      | Erin Faubel      | SO | TAMA | 1:07.86 | 1:06.87 | 78 | Megan Bosley          | JR       | REDW | 1:12.09 | 1:12.62 |
|                         | 31.13            |    |      |         |         |    | 34.37 38.25           |          |      |         |         |
| 51                      | Morgan McDaniel  | SR | TERR | 1:04.42 | 1:07.13 | 79 | Gabrielle Bon-Borquez | JR       | SIEN | 1:11.33 | 1:12.65 |
|                         | 31.27 35.86      |    |      |         |         |    | 34.03 38.62           |          |      |         |         |
| 52                      | Maria McKinney   | SR | BRAN | 1:09.12 | 1:07.68 | 80 | Ellery Stocker        | FR       | REDW | 1:11.17 | 1:12.66 |
|                         | 32.64 35.04      |    |      |         |         |    | 34.04 38.62           |          |      |         |         |
| * 53                    | Emma Hinz        | FR | NOVA | 1:09.05 | 1:07.76 | 81 | Michaela Kennev       | SR       | NOVA | 1:09.87 | 1:12.79 |
|                         | 32.08 35.68      |    |      |         |         |    | 34.62 38.17           |          |      |         |         |
| * 53                    | Isabel Rodriguez | SR | TAMA | 1:06.02 | 1:07.76 | 82 | Lulu Woolf            | SO       | SARA | 1:08.96 | 1:12.89 |
|                         | 31.57 36.57      |    |      |         |         |    | 35.13 37.76           |          |      |         |         |
| 55                      | Anna O'Brien     | SO | REDW | 1:05.55 | 1:08.05 | 83 | Madeline Baker        | JR       | REDW | 1:11.91 | 1:12.92 |
|                         | 31.44 36.61      |    |      |         |         |    | 35.09 37.83           |          |      |         |         |
| 56                      | Sofia Medina     | JR | SRFD | 1:10.52 | 1:08.23 | 84 | Gaby Alas             | FR       | NOVA | 1:11.90 | 1:12.97 |
|                         | 32.05 36.18      |    |      |         |         |    | 34.42 38.55           |          |      |         |         |
| 57                      | Maggie Robison   | SO | SARA | 1:08.42 | 1:08.42 | 85 | Yeymi Canche          | FR       | TERR | 1:12.65 | 1:13.09 |
|                         | 31.59 36.83      |    |      |         |         |    | 34.83 38.26           |          |      |         |         |
| 58                      | Monika Platek    | FR | REDW | 1:07.61 | 1:08.48 | 86 | Ana Waldburger        | SR       | TAMA | 1:12.83 | 1:13.33 |
|                         | 32.36 36.12      |    |      |         |         |    | 35.81 37.52           |          |      |         |         |
| 59                      | Olivia Cooke     | SO | REDW | 1:07.02 | 1:08.69 | 87 | Emily Comins          | FR       | REDW | 1:12.78 | 1:13.62 |
|                         | 32.41 36.28      |    |      |         |         |    | 35.11 38.51           |          |      |         |         |
| 60                      | Ella Crock       | FR | SRFD | 1:08.90 | 1:08.74 | 88 | Ava Hagan             | SR       | REDW | 1:09.86 | 1:13.79 |
|                         | 32.14 36.60      |    |      |         |         |    | 34.50 39.29           |          |      |         |         |

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

| 05/05/2017 - 05/06/2017 |                      |    |      |         |         |     |                   | SC Yards |      |         |         |
|-------------------------|----------------------|----|------|---------|---------|-----|-------------------|----------|------|---------|---------|
| 89                      | Kailey Torres        | FR | TERR | 1:15.89 | 1:13.87 | 117 | Kristen Bell      | JR       | MC   | 1:23.05 | 1:20.43 |
|                         | 35.14 38.73          |    |      |         |         |     | 37.29 43.14       |          |      |         |         |
| 90                      | Alexandra Polidora   | FR | REDW | 1:17.17 | 1:13.88 | 118 | Carly Zimmerman   | FR       | SRFD | 1:23.45 | 1:20.65 |
|                         | 34.61 53.43          |    |      |         |         |     | 37.94 44.27       |          |      |         |         |
| 91                      | Ani Cook             | FR | REDW | 1:15.28 | 1:14.07 | 119 | Blanca Hitchcock  | SO       | MC   | 1:23.01 | 1:20.69 |
|                         | 35.06 39.01          |    |      |         |         |     | 37.18 43.51       |          |      |         |         |
| 92                      | Mia Krueger          | FR | TAMA | 1:16.67 | 1:14.25 | 120 | Kayla Hamilton    | FR       | SM   | 1:15.23 | 1:20.76 |
|                         | 35.03 39.22          |    |      |         |         |     | 37.10 43.66       |          |      |         |         |
| 93                      | Sophia Demetriou     | JR | TERR | 1:13.57 | 1:14.37 | 121 | Rachel Schten     | JR       | REDW | 1:16.97 | 1:20.87 |
|                         | 34.08 40.60          |    |      |         |         |     | 38.32 42.55       |          |      |         |         |
| 94                      | Jocelyn Overmeyer    | SO | REDW | 1:13.45 | 1:14.39 | 122 | Eva Bundschu      | SO       | SIEN | 1:19.33 | 1:21.14 |
|                         | 35.42 53.95          |    |      |         |         |     | 38.31             |          |      |         |         |
| 95                      | Carmen Monroe-Watts  | SO | REDW | 1:10.69 | 1:14.66 | 123 | Courtney Carswell | SR       | REDW | 1:26.61 | 1:21.29 |
|                         | 34.36 40.30          |    |      |         |         |     | 37.81 43.48       |          |      |         |         |
| 96                      | Jessica Stewart      | JR | TAMA | 1:14.53 | 1:14.83 | 124 | Isabelle Winstead | FR       | TAMA | 1:21.55 | 1:21.81 |
|                         | 34.79 40.04          |    |      |         |         |     | 40.65 41.16       |          |      |         |         |
| * 97                    | Caroline Rafner      | JR | REDW | 1:16.76 | 1:15.37 | 125 | Jessica Brown     | FR       | TERR | 1:25.30 | 1:22.01 |
|                         | 36.25 39.12          |    |      |         |         |     | 38.51 43.50       |          |      |         |         |
| * 97                    | Katherine Thierault  | JR | REDW | 1:14.54 | 1:15.37 | 126 | Rachel Whitelaw   | SO       | TAMA | 1:24.83 | 1:22.97 |
|                         | 36.21 39.16          |    |      |         |         |     | 37.42 45.55       |          |      |         |         |
| 99                      | Emma Tiernan         | SO | TAMA | 1:17.59 | 1:15.39 | 127 | Meva Saenz Zagar  | FR       | TAMA | 1:23.22 | 1:23.13 |
|                         | 37.22 38.17          |    |      |         |         |     | 38.16 44.97       |          |      |         |         |
| 100                     | Isabelle Khoo-Miller | JR | BRAN | 1:18.02 | 1:15.63 | 128 | Berlin Montepeque | SO       | SARA | 1:19.51 | 1:23.36 |
|                         | 35.72 39.91          |    |      |         |         |     | 38.69 46.88       |          |      |         |         |
| 101                     | Kacey Rhinehart      | JR | NOVA | 1:14.50 | 1:15.66 | 129 | Sylvana Perczyk   | SO       | REDW | 1:21.58 | 1:23.81 |
|                         | 36.11                |    |      |         |         |     | 39.85 44.49       |          |      |         |         |
| 102                     | Kate Garrison        | SR | REDW | 1:14.52 | 1:15.85 | 130 | Natali Rabechev   | FR       | NOVA | 1:23.88 | 1:23.99 |
|                         | 36.75 39.10          |    |      |         |         |     | 16.40 1:07.59     |          |      |         |         |
| *103                    | Belen Garcia         | FR | REDW | 1:13.33 | 1:15.86 | 131 | Paige Hartquist   | FR       | TAMA | 1:25.28 | 1:24.11 |
|                         | 35.70 40.16          |    |      |         |         |     | 39.95 44.16       |          |      |         |         |
| *103                    | Amelia Love          | FR | REDW | 1:11.90 | 1:15.86 | 132 | Julia Culver      | FR       | TERR | 1:29.22 | 1:24.93 |
|                         | 36.62 39.24          |    |      |         |         |     | 40.74 44.19       |          |      |         |         |
| 105                     | Megan Gimple         | JR | NOVA | 1:12.23 | 1:15.93 | 133 | Elena Golubivich  | SR       | NOVA | 1:20.30 | 1:25.04 |
|                         | 36.01 39.92          |    |      |         |         |     | 39.63 45.41       |          |      |         |         |
| 106                     | Angelina Uzzle       | JR | TERR | 1:09.23 | 1:16.47 | 134 | Ava Wood          | FR       | SM   | 1:25.20 | 1:25.43 |
|                         | 35.91 42.24          |    |      |         |         |     | 41.24 44.19       |          |      |         |         |
| 107                     | Katya Turner         | FR | TERR | 1:14.65 | 1:16.51 | 135 | Ciara Studebaker  | SO       | TAMA | 1:21.42 | 1:27.61 |
|                         | 36.81 46.89          |    |      |         |         |     | 39.45 43.84       |          |      |         |         |
| 108                     | Tatiana Villagomez   | JR | NOVA | 1:18.52 | 1:16.93 | 136 | Lennon Pekic      | FR       | NOVA | 1:23.82 | 1:28.06 |
|                         | 37.18 39.75          |    |      |         |         |     | 41.26 46.80       |          |      |         |         |
| 109                     | Audrey Hetleman      | FR | REDW | 1:13.58 | 1:17.26 | 137 | Dillon White      | JR       | NOVA | 1:24.62 | 1:29.02 |
|                         | 36.91 40.35          |    |      |         |         |     | 41.60 47.42       |          |      |         |         |
| 110                     | Maddy Long           | JR | NOVA | 1:16.00 | 1:17.59 | 138 | Anaya Alcazar     | JR       | NOVA | 1:29.63 | 1:31.59 |
|                         | 36.45 41.14          |    |      |         |         |     | 41.88 49.71       |          |      |         |         |
| 111                     | Caroline Chatagnier  | SO | SIEN | 1:14.93 | 1:18.18 | 139 | Sophia Khetawat   | FR       | TAMA | 1:38.55 | 1:32.36 |
|                         | 34.56 39.00          |    |      |         |         |     | 42.96 49.40       |          |      |         |         |
| 112                     | Ana Villamar         | FR | MC   | 1:19.11 | 1:18.36 | 140 | Angelina Starn    | FR       | SM   | 1:16.24 | 1:32.46 |
|                         | 36.09 42.27          |    |      |         |         |     | 1:15.29 17.17     |          |      |         |         |
| 113                     | Hannah Smorra        | SR | SIEN | 1:19.33 | 1:18.65 | 141 | Trisha Panganiban | SO       | SM   | 1:39.40 | 1:34.91 |
|                         | 36.84 41.81          |    |      |         |         |     | 43.85 51.06       |          |      |         |         |
| 114                     | Annika Emblad        | SO | TAMA | 1:25.94 | 1:18.87 | 142 | Kimi Lamb         | FR       | NOVA | 1:30.86 | 1:35.69 |
|                         | 37.17 47.18          |    |      |         |         |     | 42.73 53.47       |          |      |         |         |
| 115                     | Jasmyn Jansen        | FR | SRFD | 1:18.99 | 1:19.97 | 143 | Joseyln Racancoj  | SO       | SM   | 1:38.65 | 1:42.68 |
|                         | 38.23 41.74          |    |      |         |         |     | 48.80 53.88       |          |      |         |         |
| 116                     | Alexa Barth          | JR | TAMA | 1:18.87 | 1:20.11 | 144 | Shannon Dugdale   | SR       | NOVA | 2:05.00 | 2:11.89 |
|                         | 38.29 41.82          |    |      |         |         |     | 1:02.49 1:09.40   |          |      |         |         |
|                         |                      |    |      |         |         |     | Kathleen Pile     | FR       | TAMA | 1:16.67 | NS      |



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|   |                    |             |         |       | SC Yards                 |                    |      |        |        |       |
|---|--------------------|-------------|---------|-------|--------------------------|--------------------|------|--------|--------|-------|
| Ellie Jenkins                           | FR                 | TAMA        | 1:18.50 | NS    | 13 Nickholas Berry       | SO                 | SRFD | :53.00 | 51.09  | 4     |
| Lindsey Geissberger                     | JR                 | REDW        | 1:14.77 | NS    | 24.72 26.37              |                    |      |        |        |       |
| Josette Weisert                         | SO                 | TAMA        | 1:25.10 | NS    | * 14 Connor King         | SO                 | TAMA | :53.03 | 51.16  | 2.5   |
| Emily Johnson                           | SR                 | REDW        | 1:15.31 | NS    | 24.84 26.32              |                    |      |        |        |       |
| Adelina Merrell                         | FR                 | SRFD        | 1:23.46 | NS    | * 14 Elliot King         | SR                 | REDW | :51.33 | 51.16  | 2.5   |
| Amy Nielsen                             | SO                 | REDW        | 1:20.79 | NS    | 24.40 26.76              |                    |      |        |        |       |
| Emma Fisher                             | SO                 | TAMA        | 1:25.41 | NS    | 16 Brandon Clark         | SR                 | MC   | :52.60 | 51.60  | 1     |
| Jocelyn Chacon                          | JR                 | SARA        | 1:15.87 | NS    | 24.82 26.78              |                    |      |        |        |       |
| Avrelle Harrington                      | JR                 | REDW        | 1:17.43 | NS    | <b>PRELIM RESULTS</b>    |                    |      |        |        |       |
| Rosalynn Blaisdell                      | FR                 | TERR        | 1:18.56 | NS    | 1 Nathaniel Cunnan       | SR                 | TERR | :47.04 | 47.20  | a     |
| Larissa Meneses                         | FR                 | MC          | 1:32.35 | NS    | 23.01 24.19              |                    |      |        |        |       |
| Kaila Campos                            | FR                 | TERR        | 1:14.87 | NS    | 2 Zach McIntyre          | FR                 | NOVA | :48.56 | 48.32  | b     |
| Jessica Mazariegos                      | FR                 | TERR        | 1:24.56 | NS    | 23.15 25.17              |                    |      |        |        |       |
| Zoe Hebberman                           | SR                 | BRAN        | 1:09.85 | NS    | 3 Ryan Schoenlein        | SR                 | REDW | :48.37 | 48.45  | b     |
| Emily Pelle                             | FR                 | TERR        | 1:34.40 | NS    | 22.76 25.69              |                    |      |        |        |       |
| Kamala Rose                             | SO                 | TAMA        | 1:30.00 | NS    | 4 Jesse Smith            | JR                 | REDW | :50.04 | 49.03  | b     |
| Kylie Bradley                           | SO                 | TERR        | 1:07.54 | NS    | 23.58 25.45              |                    |      |        |        |       |
| Mikayla Zavaglia                        | JR                 | TERR        | 1:15.67 | NS    | 5 Iona Pascual           | FR                 | SIEN | :51.49 | 49.08  | b     |
| Helen Morris                            | FR                 | NOVA        | 1:25.00 | NS    | 23.61 25.47              |                    |      |        |        |       |
| Camilla Alfonso                         | FR                 | TERR        | 1:12.56 | NS    | 6 Tom Frieztsche         | JR                 | SM   | :49.00 | 49.09  | b     |
| Sophia Steddin                          | FR                 | NOVA        | 1:20.33 | NS    | 22.87 26.22              |                    |      |        |        |       |
| Marlena Lash                            | FR                 | TERR        | 1:27.00 | NS    | 7 Thomas Dahlke          | JR                 | TAMA | :47.91 | 49.27  | b     |
| Thea Blackwell                          | JR                 | SRFD        | 1:06.56 | NS    | 23.38 25.89              |                    |      |        |        |       |
| Sydney Gibbs                            | SR                 | NOVA        | 1:03.33 | NS    | 8 Mattheue Scruton       | SO                 | REDW | :49.42 | 49.50  | b     |
| Sammy Stilson                           | SR                 | TERR        | 1:11.25 | NS    | 23.77 25.73              |                    |      |        |        |       |
| <b>Event # 14 MENS SENIOR 100Y FREE</b> |                    |             |         |       | 9 Kevin Lechner          | JR                 | TERR | :51.33 | 49.73  | b     |
| MCAL MEET                               | Christopher Packer | Branson     | :45.12  |       | 22.79 26.94              |                    |      |        |        |       |
| LEAGUE-NCS                              | Nick Bigot         | Terra Linda | :44.74  |       | 10 Gabriel Emunah        | SR                 | BRAN | :51.43 | 50.14  |       |
| ~ is a standard to mark achievers       |                    |             |         |       | 23.88 26.26              |                    |      |        |        |       |
| ~ NCS Automatic                         |                    | NCS-A       | :47.81  | a     | 11 Max Manwaring-Mueller | SO                 | TERR | :51.77 | 50.22  |       |
| ~ NCS Consideration                     |                    | NCS-C       | :49.99  | b     | 24.02 25.74              |                    |      |        |        |       |
| 1 Nathaniel Cunnan                      | SR                 | TERR        | :47.04  | 46.22 | a 20                     | 12 Quinn Woodhead  | JR   | SRFD   | :51.00 | 50.58 |
| 22.61 23.61                             |                    |             |         |       | 23.87 26.71              |                    |      |        |        |       |
| 2 Thomas Dahlke                         | JR                 | TAMA        | :47.91  | 47.17 | a 17                     | 13 Elliot King     | SR   | REDW   | :51.33 | 50.95 |
| 22.49 24.68                             |                    |             |         |       | 24.57 26.38              |                    |      |        |        |       |
| 3 Ryan Schoenlein                       | SR                 | REDW        | :48.37  | 47.55 | a 16                     | 14 Nickholas Berry | SO   | SRFD   | :53.00 | 51.66 |
| 22.74 24.81                             |                    |             |         |       | 24.44 27.22              |                    |      |        |        |       |
| 4 Jesse Smith                           | JR                 | REDW        | :50.04  | 48.52 | b 15                     | 15 Brandon Clark   | SR   | MC     | :52.60 | 52.24 |
| 23.18 25.34                             |                    |             |         |       | 24.96 27.28              |                    |      |        |        |       |
| 5 Tom Frieztsche                        | JR                 | SM          | :49.00  | 48.54 | b 14                     | 16 Wyatt Barker    | SR   | REDW   | :54.13 | 52.36 |
| 22.71 25.83                             |                    |             |         |       | 25.29 27.07              |                    |      |        |        | sf    |
| 6 Zach McIntyre                         | FR                 | NOVA        | :48.56  | 48.82 | b 13                     | 17 Connor King     | SO   | TAMA   | :53.03 | 53.23 |
| 23.37 25.45                             |                    |             |         |       | 25.99 27.24              |                    |      |        |        |       |
| 7 Iona Pascual                          | FR                 | SIEN        | :51.49  | 49.21 | b 12                     | 18 Danny Roland    | JR   | SRFD   | :52.50 | 53.47 |
| 23.61 25.60                             |                    |             |         |       | 25.80 27.67              |                    |      |        |        |       |
| 8 Mattheue Scruton                      | SO                 | REDW        | :49.42  | 49.82 | b 11                     | 19 Mathieu Sanders | SR   | SIEN   | :54.10 | 53.63 |
| 23.81 26.01                             |                    |             |         |       | 25.96 27.67              |                    |      |        |        |       |
| 9 Max Manwaring-Mueller                 | SO                 | TERR        | :51.77  | 49.34 | b 9                      | 20 Raul Beltran    | JR   | REDW   | :53.91 | 53.99 |
| 24.12 25.22                             |                    |             |         |       | 26.09 27.90              |                    |      |        |        |       |
| 10 Kevin Lechner                        | JR                 | TERR        | :51.33  | 49.64 | b 7                      | 21 Ben Egan        | FR   | MC     | :55.15 | 54.02 |
| 23.53 26.11                             |                    |             |         |       | 26.15 27.87              |                    |      |        |        |       |
| 11 Gabriel Emunah                       | SR                 | BRAN        | :51.43  | 50.31 | 6                        | 22 Ethan Zener     | FR   | TAMA   | :54.19 | 54.24 |
| 24.08 26.23                             |                    |             |         |       | 25.95 28.29              |                    |      |        |        |       |
| 12 Quinn Woodhead                       | JR                 | SRFD        | :51.00  | 51.08 | 5                        | 23 Jacob Berston   | JR   | REDW   | :56.74 | 54.38 |
| 24.43 26.65                             |                    |             |         |       | 25.62 28.76              |                    |      |        |        |       |
|   |                    |             |         |       | 26.39 28.86              |                    |      |        |        |       |
|   |                    |             |         |       | 24 Timothy Peterson      | SR                 | REDW | :55.88 | 55.25  |       |

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SC Yards

|                       |    |      |         |         |                               |    |      |         |         |
|-----------------------|----|------|---------|---------|-------------------------------|----|------|---------|---------|
| 25 Chadd Alciati      | JR | NOVA | :54.53  | 55.45   | 53 Ethan Levinson             | FR | TERR | 1:28.98 | 1:03.41 |
| 26.07 29.38           |    |      |         |         | 30.44 32.97                   |    |      |         |         |
| 26 Cale Tippett       | JR | REDW | :57.75  | 55.72   | 54 Michael Grieve             | FR | SIEN | 1:01.33 | 1:03.64 |
| 26.69 29.03           |    |      |         |         | 30.77 32.87                   |    |      |         |         |
| 27 Connell Phillips   | SO | REDW | :56.31  | 55.76   | 55 Nilo Benicio               | SO | SARA | 1:07.10 | 1:04.44 |
| 26.31 29.45           |    |      |         |         | 31.64 32.80                   |    |      |         |         |
| 28 Renaldo Marin      | SR | MC   | :58.70  | 56.45   | 56 Jacob Berrol               | SO | TAMA | 1:08.50 | 1:05.28 |
| 27.06 29.39           |    |      |         |         | 31.02 34.26                   |    |      |         |         |
| 29 Christopher Long   | FR | TAMA | :59.03  | 56.97   | 57 Robert Schwartz            | SR | REDW | 1:06.98 | 1:05.81 |
| 27.40 29.57           |    |      |         |         | 30.72 35.09                   |    |      |         |         |
| 30 Andrew Baskerville | FR | SIEN | :59.33  | 57.06   | 58 Christopher Holden-Wingate | JR | TAMA | 1:02.20 | 1:05.82 |
| 27.33 29.73           |    |      |         |         | 31.09 34.73                   |    |      |         |         |
| 31 Tor Parawell       | SO | REDW | :57.77  | 57.09   | 59 Joshua Colety              | SO | REDW | 1:02.66 | 1:06.00 |
| 26.57 29.93           |    |      |         |         | 31.59 34.41                   |    |      |         |         |
| 32 John Bohner        | FR | SRFD | :58.00  | 57.13   | 60 Robert Berston             | FR | REDW | 1:06.72 | 1:06.59 |
| 27.04 30.09           |    |      |         |         | 32.52 34.07                   |    |      |         |         |
| 33 Dutch Kemp         | JR | REDW | :55.57  | 57.38   | 61 Emmanuel Barber            | JR | SM   | 1:07.90 | 1:06.60 |
| 26.46 30.92           |    |      |         |         | 30.12 36.48                   |    |      |         |         |
| 34 Nate Gelbach       | SR | TAMA | :57.99  | 57.85   | 62 Peder Fish                 | JR | NOVA | 1:07.19 | 1:06.99 |
| 27.41 30.44           |    |      |         |         | 32.06 34.93                   |    |      |         |         |
| 35 Jack Irish         | SO | TERR | :57.67  | 58.61   | 63 Kai Manning                | SO | NOVA | 1:04.75 | 1:07.63 |
| 26.65 31.96           |    |      |         |         | 30.90 36.73                   |    |      |         |         |
| 36 Holden Cooper      | FR | REDW | :56.53  | 58.67   | 64 Caleb Jerinic-Brodeur      | JR | NOVA | 1:09.91 | 1:08.01 |
| 26.89 31.78           |    |      |         |         | 32.30 35.71                   |    |      |         |         |
| 37 Aidan Pelle        | SR | TERR | :57.54  | 58.84   | 65 Adam Rosenbaun             | FR | SM   | 1:09.55 | 1:08.25 |
| 28.24 30.60           |    |      |         |         | 34.13 34.12                   |    |      |         |         |
| 38 Andrew Savedra     | SR | SARA | :58.61  | 58.99   | 66 Will Pierotti              | FR | NOVA | 1:07.38 | 1:08.31 |
| 28.07 30.92           |    |      |         |         | 33.21 35.10                   |    |      |         |         |
| 39 Benjamin Wu        | FR | BRAN | 1:00.87 | 59.40   | 67 Hayden Shaffer             | FR | SM   | 1:10.52 | 1:08.56 |
| 28.20 31.20           |    |      |         |         | 34.07 34.49                   |    |      |         |         |
| 40 Stephen Jung       | JR | REDW | 1:01.33 | 59.54   | 68 Jackson Keelev             | JR | TERR | 1:06.58 | 1:09.32 |
| 29.07 30.47           |    |      |         |         | 31.66 37.66                   |    |      |         |         |
| 41 Nicholas Tenaglia  | JR | REDW | :56.74  | 59.58   | 69 Dean Griffin               | SO | REDW | 1:09.06 | 1:10.16 |
| 28.21 31.37           |    |      |         |         | 33.41 36.75                   |    |      |         |         |
| 42 Nicholas Johnson   | SO | REDW | :59.03  | 59.62   | 70 Will Cooper                | SO | MC   | 1:09.99 | 1:10.78 |
| 27.22 32.40           |    |      |         |         | 35.32 35.46                   |    |      |         |         |
| 43 Art Kondratyev     | SR | SRFD | :59.00  | 59.80   | 71 Patrick McConnell          | SO | NOVA | 1:11.43 | 1:11.02 |
| 27.55 30.88           |    |      |         |         | 33.91 37.11                   |    |      |         |         |
| 44 Trent Mooers       | JR | SIEN | 1:00.33 | 59.91   | 72 Pavee Aswaneimane          | FR | TERR | 1:04.56 | 1:11.12 |
| 29.03 30.88           |    |      |         |         | 33.16 37.96                   |    |      |         |         |
| 45 Robert Hoffman     | JR | REDW | :59.65  | 1:00.25 | 73 Bryce Bernales             | FR | SM   | 1:09.99 | 1:14.54 |
| 27.87 32.38           |    |      |         |         | 37.02 37.52                   |    |      |         |         |
| 46 Ben Freed          | FR | MC   | 1:02.69 | 1:00.65 | 74 Johnny Cribben             | FR | TERR | 1:12.78 | 1:17.85 |
| 28.19 32.46           |    |      |         |         | 36.18 41.67                   |    |      |         |         |
| 47 Tomas Skyvara      | FR | SRFD | 1:03.00 | 1:00.70 | 75 Daniel Lu                  | SO | TAMA | 1:18.37 | 1:18.20 |
| 27.66 33.04           |    |      |         |         | 36.40 41.80                   |    |      |         |         |
| 48 Giacomo Bassi      | JR | TAMA | 1:02.16 | 1:01.55 | 76 Owen Ross                  | FR | REDW | 1:17.61 | 1:18.65 |
| 30.14 31.41           |    |      |         |         | 37.65 41.00                   |    |      |         |         |
| 49 William Detels     | SO | REDW | 1:03.94 | 1:02.17 | Amadeus Colenbrander          | FR | TERR | :59.64  | NS      |
| 29.86 32.31           |    |      |         |         | Jake Bourdages                | FR | TAMA | 1:05.40 | NS      |
| 50 Ronan Shaffer      | SR | SM   | 1:00.92 | 1:02.50 | Matteus Sunshine              | FR | REDW | 1:04.29 | NS      |
| 29.68 32.82           |    |      |         |         | River Galland                 | FR | TAMA | 1:04.78 | NS      |
| 51 Mario Deangelis    | SR | SM   | 1:03.04 | 1:03.02 | Parker Tang                   | SO | REDW | 1:04.79 | NS      |
| 1:03.02               |    |      |         |         | Rex Hill                      | SO | TAMA | :58.53  | NS      |
| 52 Michael Reilly     | SO | NOVA | 1:02.37 | 1:03.31 | Matthew Barham                | SR | REDW | :50.68  | NS      |
| 30.40 32.91           |    |      |         |         | Ryan Redmond                  | FR | REDW | :58.63  | NS      |
|                       |    |      |         |         | Matheus Borges                | SO | NOVA | 1:06.50 | NS      |

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

05/05/2017 - 05/06/2017

SC Yards

|   |                |           |         |         |                          |                    |       |         |         | SC Yards       |         |       |         |         |       |
|---|----------------|-----------|---------|---------|--------------------------|--------------------|-------|---------|---------|----------------|---------|-------|---------|---------|-------|
| Gabriel Johnson                           | SO             | REDW      | 1:13.35 | NS      | 15 Kay Duffy             | SO                 | SIEN  | 6:13.33 | 6:02.03 | 2              |         |       |         |         |       |
| Christopher Moshy                         | FR             | SRFD      | :58.00  | NS      | 31.05                    | 35.24              | 36.12 | 36.54   | 37.00   | 37.28          | 37.48   | 37.57 |         |         |       |
| Tyler Youngborg                           | JR             | SIEN      | :58.33  | NS      | 37.20                    | 36.55              |       |         |         |                |         |       |         |         |       |
| Oliver White                              | FR             | SRFD      | :57.00  | NS      | 16 Fiona Corr            | FR                 | SRFD  | 6:15.98 | 6:02.63 | 1              |         |       |         |         |       |
| Jack Breen                                | JR             | SIEN      | 1:13.64 | NS      | 32.48                    | 34.56              | 35.91 | 36.95   | 37.25   | 37.37          | 37.42   | 37.80 |         |         |       |
| Saransh Puri                              | FR             | REDW      | 1:08.64 | NS      | 37.32                    | 35.57              |       |         |         |                |         |       |         |         |       |
| Stevenson Linder                          | FR             | SIEN      | 1:03.33 | NS      | <b>PRELIM RESULTS</b>    |                    |       |         |         |                |         |       |         |         |       |
| Julian Haggard                            | SO             | REDW      | :57.87  | NS      | 1 Jacqueline Racich      | SR                 | REDW  | 5:29.73 | 5:20.71 | b              |         |       |         |         |       |
| Owen Henderson                            | SO             | REDW      | 1:00.67 | NS      | 28.49                    | 31.36              | 31.66 | 32.73   | 32.65   | 33.34          | 33.09   | 32.98 |         |         |       |
|   |                |           |         |         | 32.72                    | 31.69              |       |         |         |                |         |       |         |         |       |
| <b>Event # 15 WOMENS SENIOR 500Y FREE</b> |                |           |         |         |                          |                    |       |         |         | 2 Zoe Wortzman | JR      | TAMA  | 5:20.89 | 5:22.83 | b     |
| MCAL MEET                                 | Kimberlev Baca | Tamalpais | 5:02.01 |         | 28.38                    | 31.33              | 32.07 | 33.25   | 33.06   | 33.17          | 33.29   | 33.24 |         |         |       |
| LEAGUE-NCS                                | Emma McCarthv  | Redwood   | 4:56.72 |         | 33.08                    | 31.96              |       |         |         |                |         |       |         |         |       |
| ~ is a standard to mark achievers         |                |           |         |         |                          |                    |       |         |         |                |         |       |         |         |       |
| NCS Automatic                             |                | NCS-A     | 5:10.05 | a       | 3 Bell Moynihan          | SO                 | SRFD  | 5:24.16 | 5:24.65 | b              |         |       |         |         |       |
| NCS Consideration                         |                | NCS-C     | 5:31.99 | b       | 28.38                    | 31.49              | 32.61 | 33.23   | 32.68   | 33.12          | 33.56   | 33.77 |         |         |       |
|   |                |           |         |         | 33.26                    | 32.55              |       |         |         |                |         |       |         |         |       |
|   |                |           |         |         | 4 Emilie Clair Schneider | SR                 | SM    | 5:34.51 | 5:29.36 | b              |         |       |         |         |       |
|   |                |           |         |         | 29.31                    | 32.12              | 32.98 | 33.30   | 33.35   | 33.28          | 33.84   | 33.92 |         |         |       |
|   |                |           |         |         | 34.14                    | 33.12              |       |         |         |                |         |       |         |         |       |
| 1 Bella Moynihan                          | SO             | SRFD      | 5:24.16 | 5:15.43 | b 20                     | 5 Audrey Gaither   | SR    | REDW    | 5:34.69 | 5:30.18        | b       |       |         |         |       |
| 28.08                                     | 30.62          | 31.42     | 31.91   | 32.64   | 32.69                    | 32.87              | 32.63 | 30.23   | 33.58   | 33.49          | 33.37   | 33.58 | 33.07   | 32.97   | 33.03 |
| 31.67                                     | 30.90          |           |         |         |                          |                    |       | 33.40   | 33.46   |                |         |       |         |         |       |
| 2 Zoe Wortzman                            | JR             | TAMA      | 5:20.89 | 5:16.28 | b 17                     | 6 Lori Gerstenfeld | SO    | REDW    | 5:41.39 | 5:30.75        | b       |       |         |         |       |
| 28.22                                     | 30.89          | 31.77     | 32.12   | 32.35   | 32.58                    | 32.60              | 32.57 | 29.86   | 32.13   | 32.63          | 33.43   | 33.69 | 34.00   | 34.04   | 34.09 |
| 32.75                                     | 30.43          |           |         |         |                          |                    |       | 34.09   | 32.79   |                |         |       |         |         |       |
| 3 Jacqueline Racich                       | SR             | REDW      | 5:29.73 | 5:25.62 | b 16                     | 7 Anna Bauer       | SO    | SRFD    | 5:34.22 | 5:30.76        | b       |       |         |         |       |
| 28.12                                     | 31.59          | 33.06     | 32.96   | 32.59   | 33.56                    | 33.61              | 33.77 | 29.60   | 31.55   | 32.58          | 33.26   | 33.54 | 33.71   | 33.97   | 34.03 |
| 33.78                                     | 32.58          |           |         |         |                          |                    |       | 34.67   | 33.85   |                |         |       |         |         |       |
| 4 Natalia Castillo                        | FR             | BRAN      | 5:38.01 | 5:27.88 | b 15                     | 8 Natalia Castillo | FR    | BRAN    | 5:38.01 | 5:35.05        |         |       |         |         |       |
| 30.26                                     | 33.06          | 33.52     | 33.57   | 33.89   | 33.45                    | 33.38              | 33.28 | 30.22   | 32.80   | 33.94          | 34.33   | 34.47 | 34.29   | 34.78   | 34.53 |
| 32.37                                     | 31.10          |           |         |         |                          |                    |       | 33.24   | 32.45   |                |         |       |         |         |       |
| 5 Audrey Gaither                          | SR             | REDW      | 5:34.69 | 5:28.66 | b 14                     | 9 Elizabeth Hansen | JR    | SIEN    | 5:47.00 | 5:43.19        |         |       |         |         |       |
| 30.17                                     | 33.13          | 33.91     | 33.73   | 33.89   | 33.54                    | 33.02              | 32.80 | 31.89   | 33.65   | 34.15          | 34.67   | 35.16 | 34.95   | 35.68   | 35.18 |
| 32.71                                     | 31.76          |           |         |         |                          |                    |       | 34.73   | 33.13   |                |         |       |         |         |       |
| 6 Lori Gerstenfeld                        | SO             | REDW      | 5:41.39 | 5:29.26 | b 13                     | 10 Kate Freda      | JR    | MC      | 5:46.52 | 5:46.93        |         |       |         |         |       |
| 30.03                                     | 32.45          | 33.25     | 33.69   | 34.21   | 33.77                    | 33.58              | 33.55 | 28.77   | 31.64   | 33.16          | 33.72   | 35.88 | 36.45   | 37.45   | 37.05 |
| 33.01                                     | 31.72          |           |         |         |                          |                    |       | 37.37   | 35.44   |                |         |       |         |         |       |
| 7 Emilie Clair Schneider                  | SR             | SM        | 5:34.51 | 5:29.61 | b 12                     | 11 Anna Wooster    | FR    | SRFD    | 5:55.55 | 5:47.89        |         |       |         |         |       |
| 29.02                                     | 31.96          | 33.28     | 33.62   | 33.93   | 34.34                    | 33.78              | 34.00 | 30.49   | 33.91   | 34.69          | 35.05   | 35.54 | 36.21   | 35.92   | 36.01 |
| 33.31                                     | 32.37          |           |         |         |                          |                    |       | 36.07   | 34.00   |                |         |       |         |         |       |
| 8 Anna Bauer                              | SO             | SRFD      | 5:34.22 | 5:31.49 | b 11                     | 12 Tessa Pares     | FR    | TAMA    | 6:08.36 | 5:48.02        |         |       |         |         |       |
| 30.37                                     | 32.44          | 33.32     | 33.33   | 33.37   | 33.69                    | 33.57              | 34.40 | 31.82   | 34.84   | 35.75          | 35.50   | 35.61 | 35.31   | 34.93   | 35.59 |
| 33.68                                     | 33.32          |           |         |         |                          |                    |       | 35.09   | 33.58   |                |         |       |         |         |       |
| 9 Jada Andrews                            | FR             | TAMA      | 5:52.77 | 5:43.43 | 9                        | 13 Jada Andrews    | FR    | TAMA    | 5:52.77 | 5:52.22        |         |       |         |         |       |
| 30.53                                     | 34.30          | 34.70     | 35.08   | 35.48   | 35.52                    | 35.41              | 35.62 | 30.93   | 34.26   | 35.18          | 35.17   | 36.19 | 36.20   | 36.52   | 36.79 |
| 34.73                                     | 32.06          |           |         |         |                          |                    |       | 36.58   | 34.40   |                |         |       |         |         |       |
| 10 Kate Freda                             | JR             | MC        | 5:46.52 | 5:43.66 | 7                        | 14 Maya Rabow      | SO    | TAMA    | 5:59.57 | 5:57.48        |         |       |         |         |       |
| 29.68                                     | 33.18          | 33.94     | 34.61   | 34.63   | 35.21                    | 35.80              | 35.70 | 31.08   | 34.09   | 35.11          | 36.45   | 36.57 | 37.18   | 37.11   | 37.57 |
| 36.39                                     | 34.52          |           |         |         |                          |                    |       | 36.91   | 35.41   |                |         |       |         |         |       |
| 11 Tessa Pares                            | FR             | TAMA      | 6:08.36 | 5:45.03 | 6                        | 15 Kay Duffy       | SO    | SIEN    | 6:13.33 | 6:02.85        |         |       |         |         |       |
| 30.93                                     | 34.31          | 34.85     | 35.45   | 35.31   | 35.03                    | 35.68              | 35.37 | 31.65   | 36.24   | 36.16          | 37.02   | 36.94 | 37.20   | 37.15   | 37.79 |
| 34.85                                     | 33.25          |           |         |         |                          |                    |       | 36.79   | 36.48   |                |         |       |         |         |       |
| 12 Elizabeth Hansen                       | JR             | SIEN      | 5:47.00 | 5:47.14 | 5                        | 16 Zoe Wynn        | JR    | TAMA    | 6:15.00 | 6:09.68        | sf      |       |         |         |       |
| 30.75                                     | 34.07          | 34.95     | 34.97   | 35.28   | 35.54                    | 35.53              | 35.98 | 31.28   | 34.95   |                | 1:41.87 | 36.98 |         | 3:34.64 | 39.57 |
| 36.56                                     | 33.51          |           |         |         |                          |                    |       | 4:53.27 |         |                |         |       |         |         |       |
| 13 Anna Wooster                           | FR             | SRFD      | 5:55.55 | 5:54.97 | 4                        | 17 Fiona Corr      | FR    | SRFD    | 6:15.98 | 6:11.60        |         |       |         |         |       |
| 30.98                                     | 34.93          | 35.31     | 35.28   | 35.98   | 36.45                    | 36.94              | 37.28 | 32.41   | 35.68   | 36.99          | 37.89   | 38.42 | 38.42   | 38.61   | 38.97 |
| 36.99                                     | 34.83          |           |         |         |                          |                    |       | 37.82   | 36.39   |                |         |       |         |         |       |
| 14 Maya Rabow                             | SO             | TAMA      | 5:59.57 | 5:59.10 | 3                        |                    |       |         |         |                |         |       |         |         |       |
| 31.87                                     | 34.92          | 35.37     | 36.37   | 36.62   | 36.68                    | 37.06              | 37.12 |         |         |                |         |       |         |         |       |
| 37.38                                     | 35.71          |           |         |         |                          |                    |       |         |         |                |         |       |         |         |       |

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

05/05/2017 - 05/06/2017

SC Yards

|   |                 |                 |         |               |   |    |      |         |         |   |
|---|-----------------|-----------------|---------|---------------|---|----|------|---------|---------|---|
| 18 Isabella Corley                              | SR              | SIEN            | 6:18.33 | 6:13.15       | 12 Brix Kowalski                                  | SO | SIEN | 5:40.09 | 5:28.66 | 5 |
| 33.30 37.10 38.23 37.80 38.32 37.82 37.64 38.28 |                 |                 |         |               | 28.71 32.62 33.35 33.75 33.82 33.99 34.27 34.25   |    |      |         |         |   |
| 38.14 36.52                                     |                 |                 |         |               | 33.63 30.27                                       |    |      |         |         |   |
| 19 Molly Madden                                 | FR              | TERR            | 6:10.32 | 6:15.48       | 13 Peyton Oga                                     | SO | SM   | 5:30.34 | 5:28.68 | 4 |
| 31.54 35.83 37.89 38.65 38.14 38.87 39.80 38.67 |                 |                 |         |               | 29.18 32.99 32.98 33.84 33.95 33.91 34.00 34.09   |    |      |         |         |   |
| 39.36 44.19                                     |                 |                 |         |               | 33.68 30.06                                       |    |      |         |         |   |
| 20 Emma Wait                                    | FR              | REDW            | 6:22.97 | 6:23.31       | 14 Zeta Mays                                      | SR | TERR | 5:59.23 | 5:30.30 | 3 |
| 32.90 38.03 38.43 39.27 39.20 39.62 39.17 39.73 |                 |                 |         |               | 27.78 31.12 32.82 33.44 34.06 34.77 35.20 34.49   |    |      |         |         |   |
| 38.88 38.08                                     |                 |                 |         |               | 34.21 32.41                                       |    |      |         |         |   |
| 21 Paloma Siegel                                | JR              | TERR            | 6:27.33 | 6:33.95       | 15 Dwight Bellisimo                               | FR | TAMA | 5:40.35 | 5:30.69 | 2 |
| 32.97 37.01 38.45 39.09 39.66 40.99 41.60 41.96 |                 |                 |         |               | 27.80 31.04 32.13 32.72 33.75 34.47 34.88 35.50   |    |      |         |         |   |
| 41.81 40.41                                     |                 |                 |         |               | 34.50 33.90                                       |    |      |         |         |   |
| 22 Emma Ulrich                                  | SR              | NOVA            | 6:22.53 | 6:41.14       | 16 Victor Pilaagard                               | FR | MC   | 5:35.56 | 5:34.30 | 1 |
| 34.20 38.50 40.95 40.64 41.23 41.18 41.99 41.44 |                 |                 |         |               | 29.28 33.38 33.85 33.49 34.03 34.18 34.28 34.47   |    |      |         |         |   |
| 40.65 40.36                                     |                 |                 |         |               | 34.19 33.15                                       |    |      |         |         |   |
| 23 Lauren Lubin                                 | JR              | NOVA            | 6:39.59 | 6:41.29       | <b>PRELIM RESULTS</b>                             |    |      |         |         |   |
| 34.14 38.86 40.23 41.54 41.25 41.58 42.75 42.03 |                 |                 |         |               | 1 Jackson Mason                                   | SO | SRFD | 5:02.00 | 4:44.24 | a |
| 40.45 38.46                                     |                 |                 |         |               | 25.58 28.14 28.63 29.22 28.86 28.90 29.23 29.04   |    |      |         |         |   |
| Nicole Baldenebro                               | SR              | SARA            | 7:32.68 | NS            | 29.24 27.40                                       |    |      |         |         |   |
| <b>Event # 16 MENS SENIOR 500Y FREE</b>         |                 |                 |         |               |   |    |      |         |         |   |
| MCAL MEET                                       | Michael Toepfer | Novato          | 4:41.25 |               | 2 Leo Collins                                     | SR | REDW | 4:45.33 | 4:49.20 | b |
| LEAGUE-NCS                                      | Cullen Hennessy | Sir Francis Dra | 4:31.78 |               | 25.96 29.23 29.89 29.87 28.48 29.15 30.06 29.02   |    |      |         |         |   |
| ~ is a standard to mark achievers               |                 |                 |         |               |   |    |      |         |         |   |
| ~ NCS Automatic                                 |                 | NCS-A           | 4:45.46 | a             | 29.14 28.40                                       |    |      |         |         |   |
| ~ NCS Consideration                             |                 | NCS-C           | 5:05.99 | b             | 3 Ivan Kurakin                                    | JR | REDW | 4:41.33 | 4:49.69 | b |
|   |                 | SEED            | MEET    | PTS           | 25.48 28.59 29.27 28.05 30.49 30.71 28.62 30.99   |    |      |         |         |   |
| 1 Ivan Kurakin                                  | JR              | REDW            | 4:41.33 | 4:34.78 *a 20 | 28.70 28.79                                       |    |      |         |         |   |
| 24.63 26.67 27.14 27.79 27.95 28.19 28.48 28.75 |                 |                 |         |               | 4 Julian Schiano                                  | SR | NOVA | 5:15.76 | 4:59.16 | b |
| 28.50 26.68                                     |                 |                 |         |               | 26.70 29.58 29.98 30.21 30.39 30.64 30.81 30.84   |    |      |         |         |   |
| 2 Leo Collins                                   | SR              | REDW            | 4:45.33 | 4:40.42 *a 17 | 30.77 29.24                                       |    |      |         |         |   |
| 25.54 27.52 27.90 28.26 28.19 28.37 28.80 28.75 |                 |                 |         |               | 5 Logan Anderson                                  | SO | SRFD | 5:15.00 | 5:10.21 |   |
| 28.84 28.25                                     |                 |                 |         |               | 26.91 31.07 1:04.13 31.38 31.76 32.06 31.69 31.60 |    |      |         |         |   |
| 3 Jackson Mason                                 | SO              | SRFD            | 5:02.00 | 4:47.68 b 16  | 29.72 20.48                                       |    |      |         |         |   |
| 25.61 27.86 28.31 28.53 28.82 29.20 29.29 30.19 |                 |                 |         |               | 6 Max Desomma                                     | FR | REDW | 5:26.78 | 5:11.27 |   |
| 30.56 29.31                                     |                 |                 |         |               | 27.29 31.00 31.99 32.49 32.06 32.25 31.86 31.71   |    |      |         |         |   |
| 4 Logan Anderson                                | SO              | SRFD            | 5:15.00 | 5:03.50 b 15  | 31.63 28.99                                       |    |      |         |         |   |
| 27.12 29.75 29.78 30.42 31.58 30.77 32.09 32.27 |                 |                 |         |               | 7 Alex Polakis                                    | SO | TAMA | 5:35.20 | 5:11.44 |   |
| 31.36 28.36                                     |                 |                 |         |               | 28.33 30.52 31.70 32.44 31.72 32.11 32.56 31.71   |    |      |         |         |   |
| 5 Julian Schiano                                | SR              | NOVA            | 5:15.76 | 5:04.05 b 14  | 31.23 29.12                                       |    |      |         |         |   |
| 26.52 28.89 29.80 30.46 31.03 31.43 31.55 31.96 |                 |                 |         |               | 8 Connor Moynihan                                 | JR | SRFD | 5:16.00 | 5:13.96 |   |
| 31.70 30.71                                     |                 |                 |         |               | 28.17 30.23 31.36 31.57 31.78 31.77 32.09 32.71   |    |      |         |         |   |
| 6 Connor Moynihan                               | JR              | SRFD            | 5:16.00 | 5:06.86 13    | 32.66 31.62                                       |    |      |         |         |   |
| 26.69 29.39 30.25 30.63 31.30 31.67 32.06 32.00 |                 |                 |         |               | 9 Bruno Coelho                                    | SO | BRAN | 5:32.67 | 5:19.53 |   |
| 31.99 30.88                                     |                 |                 |         |               | 30.29 32.61 32.29 32.67 31.99 32.93 32.55 33.29   |    |      |         |         |   |
| 7 Alex Polakis                                  | SO              | TAMA            | 5:35.20 | 5:14.25 12    | 30.80 30.11                                       |    |      |         |         |   |
| 28.05 30.77 31.57 31.16 31.72 32.73 33.01 32.49 |                 |                 |         |               | 10 Ian Christie                                   | FR | SRFD | 5:27.00 | 5:22.27 |   |
| 32.07 30.68                                     |                 |                 |         |               | 28.66 32.68 32.98 33.40 32.76 33.03 32.75 32.53   |    |      |         |         |   |
| 8 Max Desomma                                   | FR              | REDW            | 5:26.78 | 5:21.84 11    | 33.15 30.33                                       |    |      |         |         |   |
| 27.30 30.84 32.33 33.41 33.09 33.15 33.39 33.28 |                 |                 |         |               | 11 Brix Kowalski                                  | SO | SIEN | 5:40.09 | 5:23.83 |   |
| 33.34 31.71                                     |                 |                 |         |               | 28.75 31.23 32.76 33.17 32.77 32.63 33.72 33.51   |    |      |         |         |   |
| 9 Ian Christie                                  | FR              | SRFD            | 5:27.00 | 5:05.37 b 9   | 33.72 31.57                                       |    |      |         |         |   |
| 27.44 30.83 31.61 31.30 31.11 31.16 31.15 31.02 |                 |                 |         |               | 12 Zeta Mays                                      | SR | TERR | 5:59.23 | 5:26.17 |   |
| 30.78 28.97                                     |                 |                 |         |               | 28.46 31.98 32.92 33.52 33.77 33.19 33.93 34.50   |    |      |         |         |   |
| 10 Bruno Coelho                                 | SO              | BRAN            | 5:32.67 | 5:05.75 b 7   | 32.91 30.99                                       |    |      |         |         |   |
| 28.23 30.46 30.77 31.14 31.54 31.52 31.57 29.99 |                 |                 |         |               | 13 Peyton Oga                                     | SO | SM   | 5:30.34 | 5:27.52 |   |
| 31.10 29.43                                     |                 |                 |         |               | 29.20 32.56 33.14 32.78 32.67 33.51 33.97 34.07   |    |      |         |         |   |
| 11 Luc Holloway                                 | SR              | NOVA            | 5:39.71 | 5:26.00 6     | 33.58 32.04                                       |    |      |         |         |   |
| 28.92 31.69 32.26 32.80 33.01 33.63 33.62 33.91 |                 |                 |         |               | 14 Victor Pilaagard                               | FR | MC   | 5:35.56 | 5:27.63 |   |
| 33.73 32.43                                     |                 |                 |         |               | 28.83 31.79 33.01 33.38 33.13 33.15 33.53 34.10   |    |      |         |         |   |
|   |                 |                 |         |               | 33.81 32.90                                       |    |      |         |         |   |

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

05/05/2017 - 05/06/2017

SC Yards

|                          |       |       |         |         |       |       |       |  |
|--------------------------|-------|-------|---------|---------|-------|-------|-------|--|
| 15 Luc Holloway          | SR    | NOVA  | 5:39.71 | 5:29.76 |       |       |       |  |
| 29.86                    | 32.53 | 32.77 | 33.21   | 33.42   | 33.89 | 34.09 | 34.12 |  |
| 34.04                    | 31.83 |       |         |         |       |       |       |  |
| 16 Dwight Bellisimo      | FR    | TAMA  | 5:40.35 | 5:30.53 |       |       |       |  |
| 29.60                    | 31.78 | 33.16 | 33.85   | 33.64   | 34.04 | 34.35 | 34.72 |  |
| 32.78                    | 32.61 |       |         |         |       |       |       |  |
| 17 Peter Veh             | FR    | TAMA  | 5:55.22 | 5:35.28 |       |       |       |  |
|                          |       |       | 5:35.28 |         |       |       |       |  |
| 18 Maxime Kawawa-Beaudan | SR    | REDW  | 5:31.57 | 5:37.85 |       |       |       |  |
| 26.73                    | 30.88 | 33.20 | 35.06   | 35.05   | 35.62 | 35.48 | 35.69 |  |
| 35.77                    | 34.37 |       |         |         |       |       |       |  |
| 19 Connor Chambers       | JR    | SRFD  | 5:35.00 | 5:39.91 | sf    |       |       |  |
| 29.45                    | 33.13 | 35.01 | 35.43   | 34.61   | 35.06 | 35.15 | 34.88 |  |
| 34.30                    | 32.89 |       |         |         |       |       |       |  |
| 20 Weston Tuescher       | SO    | TAMA  | 6:09.28 | 5:50.19 |       |       |       |  |
| 30.49                    | 33.58 | 34.75 | 35.09   | 36.12   | 35.80 | 36.69 | 36.86 |  |
| 36.28                    | 34.53 |       |         |         |       |       |       |  |
| 21 Duncan Bailey         | FR    | REDW  | 6:02.75 | 6:08.90 |       |       |       |  |
| 31.92                    | 35.73 | 36.75 | 37.91   | 37.47   | 38.14 | 38.43 | 38.39 |  |
| 38.02                    | 36.14 |       |         |         |       |       |       |  |
| 22 Andrew Lane           | FR    | SARA  | 6:11.75 | 6:10.93 |       |       |       |  |
| 31.01                    | 35.35 | 36.89 | 38.50   | 39.00   | 38.75 | 39.25 | 38.52 |  |
| 37.63                    | 36.03 |       |         |         |       |       |       |  |
| Gianni Marchi            | JR    | SIEN  | 5:50.33 | NS      |       |       |       |  |

|                    |       |         |         |    |
|--------------------|-------|---------|---------|----|
| 8 Justin Siena A   | SIEN  | 1:51.38 | 1:54.13 | 22 |
| 1 Reynolds,Rebecca | 0     |         |         |    |
| 3 Hansen,Meghan    | 0     |         |         |    |
| 28.28              | 28.99 | 27.77   | 29.09   |    |
| 9 SRHS Bulldogs A  | SARA  | 1:48.17 | 1:56.96 | 18 |
| 1 Berkenfield,Coco | 0     |         |         |    |
| 3 Chavez,Gisell    | 0     |         |         |    |
| 29.98              | 30.55 | 28.36   | 28.07   |    |
| Marin Catholic A   | MC    | 1:51.90 | DQ      |    |
| 1 Tarantino,Tori   | 0     |         |         |    |
| 3 Masterson,Kate   | 0     |         |         |    |
| 27.55              | 26.85 | 26.84   | 26.31   |    |

**Event # 18 MENS SENIOR 200Y FREE REL**

|                                   |                |         |         |       |
|-----------------------------------|----------------|---------|---------|-------|
| MCAL MEET                         | Marin Catholic | 1:26.86 |         |       |
| LEAGUE-NCS                        | Terra Linda    | 1:23.35 |         |       |
| ~ is a standard to mark achievers |                |         |         |       |
| ~ NCS Automatic                   | NCS-A          | 1:29.57 | a       |       |
| ~ NCS Consideration               | NCS-C          | 1:38.99 | b       |       |
|                                   | SEED           | MEET    | PTS     |       |
| 1 Terra Linda A                   | TERR           | 1:29.65 | 1:25.89 | *a 40 |
| 1 Cunnann,Nathaniel               | 0              |         |         |       |
| 3 Lechner,Kevin                   | 0              |         |         |       |
| 20.86                             | 21.49          | 21.73   | 21.81   |       |
| 2 Sir Francis Drake A             | SRFD           | NT      | 1:28.24 | a 34  |
| 1 Sullivan,Emerson                | 0              |         |         |       |
| 3 Hanson,Spencer                  | 0              |         |         |       |
| 22.82                             | 22.71          | 21.53   | 21.18   |       |
| 3 Redwood High School A           | REDW           | 1:29.53 | 1:28.52 | a 32  |
| 1 Schoenlein,Ryan                 | 0              |         |         |       |
| 3 Smith,Jesse                     | 0              |         |         |       |
| 21.58                             | 22.10          | 22.10   | 22.74   |       |
| 4 Tamalpais High School A         | TAMA           | 1:32.20 | 1:29.33 | a 30  |
| 1 Fredrich,Marcus                 | 15             |         |         |       |
| 3 Todebush,William                | 15             |         |         |       |
| 22.02                             | 22.49          | 22.73   | 22.09   |       |
| 5 Novato A                        | NOVA           | 1:33.63 | 1:31.19 | b 28  |
| 1 McIntosh,Corban                 | 0              |         |         |       |
| 3 Alciati,Chadd                   | 0              |         |         |       |
| 23.99                             | 22.56          | 22.53   | 22.11   |       |
| 6 Branson A                       | BRAN           | 1:33.30 | 1:33.29 | b 26  |
| 1 Emunah,Gabriel                  | 0              |         |         |       |
| 3 Dahlgren,Seaver                 | 0              |         |         |       |
| 22.87                             | 22.18          | 23.02   | 25.22   |       |
| 7 Justin Siena A                  | SIEN           | 1:36.91 | 1:34.09 | b 24  |
| 1 Pascual,Iona                    | 0              |         |         |       |
| 3 Kowalski,Brix                   | 0              |         |         |       |
| 22.98                             | 23.33          | 23.79   | 23.99   |       |
| 8 Marin Catholic A                | MC             | 1:49.78 | 1:42.59 | 22    |
| 1 Marin,Renaldo                   | 0              |         |         |       |
| 3 Clark,Brandon                   | 0              |         |         |       |
| 22.82                             | 22.71          | 21.53   | 21.18   |       |
| 9 San Marin A                     | SM             | 1:40.56 | 1:46.72 | 18    |
| 1 Simon,Ben                       | 0              |         |         |       |
| 3 Barber,Emmanuel                 | 0              |         |         |       |
| 26.84                             | 27.84          | 27.14   | 24.90   |       |
| 10 SRHS Bulldogs A                | SARA           | 1:49.70 | 1:48.76 | 14    |
| 1 Von Doepf,Maxwell               | 0              |         |         |       |
| 3 Burdick,Walker                  | 0              |         |         |       |
| 27.17                             | 28.32          | 26.89   | 26.38   |       |

**Event # 19 WOMENS SENIOR 100Y BACK**

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

05/05/2017 - 05/06/2017

SC Yards

**Event # 19 WOMENS SENIOR 100Y BACK**

| MCAL MEET                         | Cali Raukar        | Marin Catholic | :54.98  |         |      |  |
|-----------------------------------|--------------------|----------------|---------|---------|------|--|
| LEAGUE-NCS                        | Deborah Roth       | Redwood        | :53.33  |         |      |  |
| ~ is a standard to mark achievers |                    |                |         |         |      |  |
| ~                                 | NCS Automatic      | NCS-A          | :58.03  | a       |      |  |
| ~                                 | NCS Consideration  | NCS-C          | 1:03.49 | b       |      |  |
|                                   |                    | SEED           | MEET    | PTS     |      |  |
| 1                                 | Coco Berkenfield   | SO SARA        | 1:03.16 | 58.67   | b 20 |  |
|                                   | 28.63 30.04        |                |         |         |      |  |
| 2                                 | Trinity Dohoney    | JR REDW        | 1:04.13 | 1:01.09 | b 17 |  |
|                                   | 29.74 31.35        |                |         |         |      |  |
| 3                                 | Samantha Sternfels | FR TAMA        | 1:03.89 | 1:01.19 | b 16 |  |
|                                   | 29.70 31.49        |                |         |         |      |  |
| 4                                 | Olivia Greenberg   | SO REDW        | 1:02.79 | 1:01.28 | b 15 |  |
|                                   | 29.65 31.63        |                |         |         |      |  |
| 5                                 | Kate McCarthy      | SO SRFD        | 1:03.21 | 1:01.35 | b 14 |  |
|                                   | 29.75 31.60        |                |         |         |      |  |
| 6                                 | Kyra Carney        | FR TAMA        | 1:03.09 | 1:02.02 | b 13 |  |
|                                   | 29.54 32.83        |                |         |         |      |  |
| 7                                 | Alexandra Schoene  | SO SIEN        | 1:06.33 | 1:03.18 | b 12 |  |
|                                   | 30.62 32.56        |                |         |         |      |  |
| 8                                 | Kaitlyn Gardner    | SR SIEN        | 1:05.15 | 1:04.53 | 11   |  |
|                                   | 30.67 33.86        |                |         |         |      |  |
| 9                                 | Madeline Knopf     | JR TERR        | 1:08.67 | 1:05.41 | 9    |  |
|                                   | 30.74 34.67        |                |         |         |      |  |
| 10                                | Tessa Pares        | FR TAMA        | 1:09.87 | 1:05.76 | 7    |  |
|                                   | 31.87 33.89        |                |         |         |      |  |
| 11                                | Maya Rabow         | SO TAMA        | 1:09.26 | 1:06.42 | 6    |  |
|                                   | 32.07 34.35        |                |         |         |      |  |
| 12                                | Elyse Martinez     | JR NOVA        | 1:09.68 | 1:06.69 | 5    |  |
|                                   | 32.91 33.78        |                |         |         |      |  |
| 13                                | Alice Sowa         | SR REDW        | 1:06.84 | 1:06.98 | 4    |  |
|                                   | 33.07 33.91        |                |         |         |      |  |
| 14                                | Jamie Thomas       | SO MC          | 1:09.02 | 1:07.44 | 3    |  |
|                                   | 32.96 34.48        |                |         |         |      |  |
| 15                                | Meghan Hansen      | FR SIEN        | 1:13.40 | 1:08.31 | 2    |  |
|                                   | 32.64 35.67        |                |         |         |      |  |
| 16                                | Marya Smith        | SR SRFD        | 1:14.55 | 1:09.09 | 1    |  |
|                                   | 33.74 35.35        |                |         |         |      |  |

**PRELIM RESULTS**

|   |                    |         |         |         |   |  |
|---|--------------------|---------|---------|---------|---|--|
| 1 | Coco Berkenfield   | SO SARA | 1:03.16 | 59.69   | b |  |
|   | 29.12 30.57        |         |         |         |   |  |
| 2 | Olivia Greenberg   | SO REDW | 1:02.79 | 1:00.57 | b |  |
|   | 29.36 31.21        |         |         |         |   |  |
| 3 | Trinity Dohoney    | JR REDW | 1:04.13 | 1:00.86 | b |  |
|   | 29.37 31.49        |         |         |         |   |  |
| 4 | Kate McCarthy      | SO SRFD | 1:03.21 | 1:00.94 | b |  |
|   | 29.64 31.30        |         |         |         |   |  |
| 5 | Kyra Carney        | FR TAMA | 1:03.09 | 1:01.50 | b |  |
|   | 29.23 32.27        |         |         |         |   |  |
| 6 | Samantha Sternfels | FR TAMA | 1:03.89 | 1:02.86 | b |  |
|   | 30.22 32.64        |         |         |         |   |  |
| 7 | Alexandra Schoene  | SO SIEN | 1:06.33 | 1:03.16 | b |  |
|   | 30.60 32.56        |         |         |         |   |  |
| 8 | Kaitlyn Gardner    | SR SIEN | 1:05.15 | 1:04.50 |   |  |
|   | 30.69 33.81        |         |         |         |   |  |

|    |                   |         |         |         |  |  |
|----|-------------------|---------|---------|---------|--|--|
| 9  | Madeline Knopf    | JR TERR | 1:08.67 | 1:05.42 |  |  |
|    | 30.93 34.49       |         |         |         |  |  |
| 10 | Tessa Pares       | FR TAMA | 1:09.87 | 1:06.29 |  |  |
|    | 32.68 33.61       |         |         |         |  |  |
| 11 | Jamie Thomas      | SO MC   | 1:09.02 | 1:06.56 |  |  |
|    | 32.34 34.22       |         |         |         |  |  |
| 12 | Maya Rabow        | SO TAMA | 1:09.26 | 1:06.62 |  |  |
|    | 32.13 34.49       |         |         |         |  |  |
| 13 | Alice Sowa        | SR REDW | 1:06.84 | 1:06.67 |  |  |
|    | 32.78 33.89       |         |         |         |  |  |
| 14 | Elyse Martinez    | JR NOVA | 1:09.68 | 1:07.18 |  |  |
|    | 33.05 34.13       |         |         |         |  |  |
| 15 | Meghan Hansen     | FR SIEN | 1:13.40 | 1:08.20 |  |  |
|    | 32.16 36.04       |         |         |         |  |  |
| 16 | Marya Smith       | SR SRFD | 1:14.55 | 1:09.61 |  |  |
|    | 33.75 35.86       |         |         |         |  |  |
| 17 | Carolyn Cheng     | JR REDW | 1:09.01 | 1:10.34 |  |  |
|    | 33.41 36.93       |         |         |         |  |  |
| 18 | Sierra Ashley     | SR SM   | 1:10.51 | 1:10.41 |  |  |
|    | 33.51 36.90       |         |         |         |  |  |
| 19 | Kendall Racich    | FR REDW | 1:13.57 | 1:10.58 |  |  |
|    | 33.88 36.70       |         |         |         |  |  |
| 20 | Skylee Falk       | SO TERR | 1:11.06 | 1:10.60 |  |  |
|    | 33.56 37.04       |         |         |         |  |  |
| 21 | Shane Grele       | FR TAMA | 1:15.29 | 1:13.50 |  |  |
|    | 34.88 38.62       |         |         |         |  |  |
| 22 | Arinduke Arinduke | FR TERR | 1:14.14 | 1:14.22 |  |  |
|    | 36.00 46.99       |         |         |         |  |  |
| 23 | Sophia Scafani    | SO NOVA | 1:13.72 | 1:16.07 |  |  |
|    | 36.61 39.46       |         |         |         |  |  |
| 24 | Olivia Carpenter  | JR REDW | 1:20.96 | 1:19.57 |  |  |
|    | 37.34 42.23       |         |         |         |  |  |
| 25 | Isabel Parrado    | FR SIEN | 1:17.33 | 1:22.25 |  |  |
|    | 1:22.25           |         |         |         |  |  |
|    | Emily Schauer     | FR TAMA | 1:32.89 | DQ      |  |  |
|    | 44.00 47.73       |         |         |         |  |  |
|    | Maddie Baldwin    | JR NOVA | 1:25.09 | NS      |  |  |
|    | 40.44 20.27       |         |         |         |  |  |
|    | Lani Kamler       | SR SARA | 1:15.67 | NS      |  |  |
|    | Megan Root        | FR SARA | 1:21.46 | NS      |  |  |
|    | Lulu Woolf        | SO SARA | 1:22.44 | NS      |  |  |
|    | Holly Friedman    | SR SRFD | 1:16.89 | NS      |  |  |

**Event # 20 MENS SENIOR 100Y BACK**

| MCAL MEET                         | Kenneth Castro-Abra | San Marin | :50.27 |       |      |
|-----------------------------------|---------------------|-----------|--------|-------|------|
| LEAGUE-NCS                        | Kenneth Castro-Abra | San Marin | :49.44 |       |      |
| ~ is a standard to mark achievers |                     |           |        |       |      |
| ~                                 | NCS Automatic       | NCS-A     | :53.59 | a     |      |
| ~                                 | NCS Consideration   | NCS-C     | :58.49 | b     |      |
|                                   |                     | SEED      | MEET   | PTS   |      |
| 1                                 | Emerson Sullivan    | JR SRFD   | :53.00 | 51.33 | a 20 |
|                                   | 24.74 26.59         |           |        |       |      |
| 2                                 | Ethan Lewczyk       | FR REDW   | :51.47 | 52.08 | a 17 |
|                                   | 25.14 26.94         |           |        |       |      |
| 3                                 | Victor Sowa         | JR REDW   | :56.64 | 54.84 | b 16 |
|                                   | 26.52 28.32         |           |        |       |      |
| 4                                 | Noah Prochnow       | JR SM     | :54.99 | 54.94 | b 15 |
|                                   | 26.01 28.93         |           |        |       |      |







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|    |                       |    |      |         |         |    |    |                |    |      |         |         |
|----|-----------------------|----|------|---------|---------|----|----|----------------|----|------|---------|---------|
| 3  | Christoph Horky       | SO | SRFD | 1:04.00 | 1:00.97 | b  | 31 | Trent Helton   | SO | NOVA | 1:21.19 | 1:23.76 |
|    | 28.89 32.08           |    |      |         |         |    |    | 40.01 43.75    |    |      |         |         |
| 4  | Corban McIntosh       | FR | NOVA | 1:00.97 | 1:01.12 | b  | 32 | Adam Rosenbaun | FR | SM   | 1:30.02 | 1:27.69 |
|    | 28.83 32.29           |    |      |         |         |    |    | 42.09 45.60    |    |      |         |         |
| 5  | Max Manwaring-Mueller | SO | TERR | 1:03.67 | 1:01.68 | b  | 33 | Henry Mason    | FR | SRFD | 1:20.00 | 1:33.08 |
|    | 29.04 32.64           |    |      |         |         |    |    | 44.31 48.77    |    |      |         |         |
| 6  | William Todebush      | SO | TAMA | 1:05.21 | 1:02.00 | b  | 34 | Connor Raiger  | SR | NOVA | 1:21.84 | 1:39.46 |
|    | 29.18 32.82           |    |      |         |         |    |    | 45.42 54.04    |    |      |         |         |
| 7  | Zack Glenn            | SO | TAMA | 1:03.77 | 1:02.12 | b  |    | Bryce Mayo     | FR | SIEN | 1:31.33 | DQ      |
|    | 29.04 33.08           |    |      |         |         |    |    | 40.64 46.97    |    |      |         |         |
| 8  | Riley Stray           | SR | TAMA | 1:08.31 | 1:03.58 |    |    | Mishka Heath   | FR | SRFD | 1:16.00 | NS      |
|    | 29.88 33.70           |    |      |         |         |    |    | Jackson Reuter | FR | SRFD | 1:21.00 | NS      |
| 9  | Stefan Venne          | JR | SRFD | 1:05.00 | 1:03.91 |    |    | Dj McIntyre    | JR | NOVA | 1:15.00 | NS      |
|    | 29.93 33.98           |    |      |         |         |    |    | Elias Goudey   | JR | SARA | 1:23.00 | NS      |
| 10 | Max Desomma           | FR | REDW | 1:07.94 | 1:05.25 |    |    | Tajus Ayyar    | SO | SM   | 1:32.09 | NS      |
|    | 30.79 34.46           |    |      |         |         |    |    | Owen Ondricek  | FR | SM   | 1:31.31 | NS      |
| 11 | Jack Finnegan         | FR | REDW | 1:08.86 | 1:07.19 |    |    |                |    |      |         |         |
|    | 31.82 35.37           |    |      |         |         |    |    |                |    |      |         |         |
| 12 | George Luebke         | JR | TAMA | 1:08.33 | 1:07.35 |    |    |                |    |      |         |         |
|    | 31.37 35.98           |    |      |         |         |    |    |                |    |      |         |         |
| 13 | Renaldo Marin         | SR | MC   | 1:07.08 | 1:07.97 |    |    |                |    |      |         |         |
|    | 31.63 36.34           |    |      |         |         |    |    |                |    |      |         |         |
| 14 | Julian Collins        | SO | REDW | 1:06.24 | 1:09.91 |    |    |                |    |      |         |         |
|    | 32.95 36.96           |    |      |         |         |    |    |                |    |      |         |         |
| 15 | Alex Roose            | SO | TAMA | 1:13.94 | 1:10.06 | sf |    |                |    |      |         |         |
|    | 33.01 37.05           |    |      |         |         |    |    |                |    |      |         |         |
| 16 | Victor Pilaagard      | FR | MC   | 1:11.93 | 1:10.09 |    |    |                |    |      |         |         |
|    | 32.71 37.38           |    |      |         |         |    |    |                |    |      |         |         |
| 17 | Nathan Yeung          | SR | TAMA | 1:09.67 | 1:10.36 | sf |    |                |    |      |         |         |
|    | 32.10 38.26           |    |      |         |         |    |    |                |    |      |         |         |
| 18 | Marcus Belingheri     | SO | NOVA | 1:11.84 | 1:11.03 |    |    |                |    |      |         |         |
|    | 34.20 36.83           |    |      |         |         |    |    |                |    |      |         |         |
| 19 | Ethan Lash            | FR | TERR | 1:14.13 | 1:11.08 |    |    |                |    |      |         |         |
|    | 32.88 38.20           |    |      |         |         |    |    |                |    |      |         |         |
| 20 | Weston Porter         | SO | REDW | 1:12.58 | 1:11.71 |    |    |                |    |      |         |         |
|    | 32.81 38.90           |    |      |         |         |    |    |                |    |      |         |         |
| 21 | Warren Brouwer        | SO | SRFD | 1:12.00 | 1:12.43 |    |    |                |    |      |         |         |
|    | 34.35 38.08           |    |      |         |         |    |    |                |    |      |         |         |
| 22 | Ely Selden            | SO | REDW | 1:11.60 | 1:14.27 |    |    |                |    |      |         |         |
|    | 34.66 39.61           |    |      |         |         |    |    |                |    |      |         |         |
| 23 | Victor Rajkovic       | FR | BRAN | 1:21.47 | 1:14.63 |    |    |                |    |      |         |         |
|    | 34.85 40.91           |    |      |         |         |    |    |                |    |      |         |         |
| 24 | Nick Saloma           | SO | NOVA | 1:11.46 | 1:16.33 |    |    |                |    |      |         |         |
|    | 35.37 40.96           |    |      |         |         |    |    |                |    |      |         |         |
| 25 | Leland Stilson        | FR | TERR | 1:16.57 | 1:17.33 |    |    |                |    |      |         |         |
|    | 35.45 41.88           |    |      |         |         |    |    |                |    |      |         |         |
| 26 | Aayush Shah           | FR | BRAN | 1:21.98 | 1:19.27 |    |    |                |    |      |         |         |
|    | 38.60 40.67           |    |      |         |         |    |    |                |    |      |         |         |
| 27 | Conner Thurlow        | FR | SM   | 1:22.21 | 1:21.70 |    |    |                |    |      |         |         |
|    | 39.11 42.59           |    |      |         |         |    |    |                |    |      |         |         |
| 28 | Ben Forbush           | FR | TERR | 1:26.45 | 1:21.83 |    |    |                |    |      |         |         |
|    | 37.71 44.12           |    |      |         |         |    |    |                |    |      |         |         |
| 29 | Walker Burdick        | FR | SARA | 1:18.11 | 1:22.03 |    |    |                |    |      |         |         |
|    | 38.09 43.94           |    |      |         |         |    |    |                |    |      |         |         |
| 30 | Evan Liang            | JR | NOVA | 1:17.83 | 1:22.26 |    |    |                |    |      |         |         |
|    | 38.17 44.47           |    |      |         |         |    |    |                |    |      |         |         |

**Event # 23 WOMENS SENIOR 400Y FREE REL**

|                                   |                         |           |              |
|-----------------------------------|-------------------------|-----------|--------------|
| MCAL MEET                         | Marin Catholic          | 3:32.69   |              |
| LEAGUE-NCS                        | Redwood                 | 3:28.65   |              |
| ~ is a standard to mark achievers |                         |           |              |
| ~ NCS Automatic                   | NCS-A                   | 3:38.87 a |              |
| ~ NCS Consideration               | NCS-C                   | 4:09.99 b |              |
|                                   | SEED                    | MEET      | PTS          |
| 1 Redwood High School A           | REDW                    | 3:44.97   | 3:38.07 a 40 |
| 1 Ayan-Eaton,Juliana 0            | 2 Racich,Jacqueline 0   |           |              |
| 3 Dohoney,Trinity 0               | 4 Birchenough,Claire 0  |           |              |
| 26.10 28.17 26.41 29.12           | 26.39 29.04 25.91 26.93 |           |              |
| 2 Sir Francis Drake A             | SRFD                    | 3:45.23   | 3:42.05 b 34 |
| 1 Gregory,Caitlin 0               | 2 Moynihan,Bella 0      |           |              |
| 3 McCarthy,Kate 0                 | 4 Duro,Dominique 0      |           |              |
| 26.85 29.05 26.44 29.35           | 26.16 29.24 25.67 29.29 |           |              |
| 3 Tamalpais High School A         | TAMA                    | 3:49.11   | 3:44.35 b 32 |
| 1 Wortzman,Zoe 16                 | 2 Gershman,Alexandr 13  |           |              |
| 3 Wynne,Jane 16                   | 4 Sternfels,Samanth 13  |           |              |
| 26.30 28.33 18.35 38.18           | 26.64 30.22 26.82 29.51 |           |              |
| 4 Marin Catholic A                | MC                      | 4:02.18   | 3:53.59 b 30 |
| 1 Sarganis,Kailah 0               | 2 Ravina,Bella 0        |           |              |
| 3 Thomas,Jamie 0                  | 4 Ward,Annie 0          |           |              |
| 28.94 30.88 27.76 30.72           | 28.06 31.40 25.79 30.04 |           |              |
| 5 Justin Siena A                  | SIEN                    | 4:00.51   | 3:55.99 b 28 |
| 1 Tapia,Verenice 0                | 2 Gardner,Kaitlyn 0     |           |              |
| 3 Schoene,Alexandra 0             | 4 Hansen,Elizabeth 0    |           |              |
| 27.28 28.65 28.01 30.95           | 28.63 31.22 28.65 32.60 |           |              |
| 6 Branson A                       | BRAN                    | 4:03.00   | 3:57.36 b 26 |
| 1 Castillo,Natalia 0              | 2 Doris,Annie 0         |           |              |
| 3 Dickinson,Audrey 0              | 4 Sanderson,Logan 0     |           |              |
| 27.87 30.42 27.42 30.69           | 29.15 32.22 28.21 31.38 |           |              |
| 7 SRHS Bulldogs A                 | SARA                    | 4:10.01   | 4:01.51 b 24 |
| 1 Jessen,Chloe 0                  | 2 McGowan,Kendra 0      |           |              |
| 3 Chavez,Gisell 0                 | 4 Berkenfield,Coco 0    |           |              |
| 28.75 31.95 30.91 34.38           | 28.05 32.95 25.82 28.70 |           |              |
| 8 San Marin A                     | SM                      | 4:08.90   | 4:02.02 b 22 |
| 1 Schneider,Emilie C 0            | 2 Oblites,Rebecca 0     |           |              |
| 3 Ashley,Sierra 0                 | 4 Gonzalez,Ruby 0       |           |              |
| 27.79 30.94 29.44 32.17           | 31.64 33.90 26.47 29.67 |           |              |
| 9 Terra Linda A                   | TERR                    | 4:02.45   | 4:05.26 b 18 |
| 1 Lucchesi,Ryan 0                 | 2 Roggenkamp,Emma 0     |           |              |
| 3 Knopf,Madeline 0                | 4 Kilgannon,Isley 0     |           |              |
| 29.62 33.37 28.05 33.05           | 29.22 32.51 27.07 32.37 |           |              |

## 2017 MCAL Swimming and Diving Championships

## Congratulations to the graduating Seniors!

05/05/2017 - 05/06/2017

SC Yards

|                |       |                  |         |         |                   |
|----------------|-------|------------------|---------|---------|-------------------|
| 10 Novato A    |       | NOVA             | 4:22.85 | 4:19.87 | 14                |
| 1 Ulrich,Emma  | 0     | 2 Scafani,Sophia | 0       |         |                   |
| 3 Laporte,Anna | 0     | 4 Gibbs,Sydney   | 0       |         |                   |
| 30.12          | 34.63 | 30.97            | 36.10   | 31.39   | 35.42 27.55 33.69 |

|                   |         |      |         |         |   |
|-------------------|---------|------|---------|---------|---|
| 1 Shannon Dugdale | SR      | NOVA | 2:05.00 | 2:11.89 | a |
| 1:02.49           | 1:09.40 |      |         |         |   |

**Event # 101 WOMENS SENIOR 50Y FREE**

|                    |    |      | SEED | MEET  |   |
|--------------------|----|------|------|-------|---|
| 1 Kalia Firmage    | SO | TAMA | NT   | 25.69 | a |
| 2 Madison Gruender | FR | TAMA | NT   | 25.99 | a |
| 3 Zoe Wortzman     | JR | TAMA | NT   | 27.30 | a |
| 4 Chloe Jessen     | FR | SARA | NT   | 27.67 | a |
| 5 Flynn Marrinson  | SO | SARA | NT   | 29.94 | a |

**Event # 102 MENS SENIOR 50Y FREE**

|                         |    |      | SEED | MEET  |   |
|-------------------------|----|------|------|-------|---|
| 0 Max Manwaring-Mueller | SO | TERR | NT   | 23.74 | a |

**Event # 103 WOMENS SENIOR 100Y BREAST**

|                   |    |      | SEED | MEET    |   |
|-------------------|----|------|------|---------|---|
| 0 Serena Campbell | SO | SRFD | NT   | 1:09.40 | a |

**Event # 104 WOMENS SENIOR 100Y FLY**

|                  |    |      | SEED | MEET    |   |
|------------------|----|------|------|---------|---|
| 0 Summer Solomon | FR | TAMA | NT   | 1:02.29 | a |

**Event # 105 MENS SENIOR 100Y FREE**

|               |    |      | SEED | MEET  |   |
|---------------|----|------|------|-------|---|
| 0 Cole Parker | SO | TERR | NT   | 52.46 | a |
| 0 Reece Foehr | SO | TERR | NT   | 52.06 | a |

**Event # 24 MENS SENIOR 400Y FREE REL**

|            |         |         |
|------------|---------|---------|
| MCAL MEET  | Redwood | 3:09.96 |
| LEAGUE-NCS | Redwood | 3:08.24 |

~ is a standard to mark achievers

|                   |       |         |   |
|-------------------|-------|---------|---|
| NCS Automatic     | NCS-A | 3:13.55 | a |
| NCS Consideration | NCS-C | 3:43.79 | b |

|                 |      |         | SEED    | MEET | PTS |
|-----------------|------|---------|---------|------|-----|
| 1 Terra Linda A | TERR | 3:17.16 | 3:10.59 | a    | 40  |

|                    |       |                      |       |       |       |       |       |
|--------------------|-------|----------------------|-------|-------|-------|-------|-------|
| 1 Cunnan,Nathaniel | 0     | 2 Turner,Lomax       | 0     |       |       |       |       |
| 3 Lechner,Kevin    | 0     | 4 Manwaring-Mueller, | 0     |       |       |       |       |
| 22.03              | 23.70 | 16.81                | 29.74 | 23.30 | 26.13 | 22.94 | 25.94 |

|                         |      |         |         |   |    |
|-------------------------|------|---------|---------|---|----|
| 2 Redwood High School A | REDW | 3:15.06 | 3:12.76 | a | 34 |
|-------------------------|------|---------|---------|---|----|

|                 |       |                |       |       |       |       |       |
|-----------------|-------|----------------|-------|-------|-------|-------|-------|
| 1 Collins,Leo   | 0     | 2 Sowa,Victor  | 0     |       |       |       |       |
| 3 Lewczyk,Ethan | 0     | 4 Kurakin,Ivan | 0     |       |       |       |       |
| 23.68           | 24.83 | 23.09          | 25.47 | 23.37 | 26.19 | 21.89 | 24.24 |

|                           |      |         |         |   |    |
|---------------------------|------|---------|---------|---|----|
| 3 Tamalpais High School A | TAMA | 3:21.30 | 3:16.90 | b | 32 |
|---------------------------|------|---------|---------|---|----|

|                   |       |                  |       |       |       |       |       |
|-------------------|-------|------------------|-------|-------|-------|-------|-------|
| 1 Fredrich,Marcus | 15    | 2 Schultz,Wilton | 15    |       |       |       |       |
| 3 Glenn,Zack      | 16    | 4 Dahlke,Thomas  | 16    |       |       |       |       |
| 23.83             | 25.72 | 24.20            | 26.42 | 23.48 | 26.21 | 21.95 | 25.09 |

|                       |      |    |         |   |    |
|-----------------------|------|----|---------|---|----|
| 4 Sir Francis Drake B | SRFD | NT | 3:23.84 | b | 30 |
|-----------------------|------|----|---------|---|----|

|                   |       |                  |       |       |       |       |       |
|-------------------|-------|------------------|-------|-------|-------|-------|-------|
| 1 Woodhead,Quinn  | 0     | 2 Anderson,Logan | 0     |       |       |       |       |
| 3 Berry,Nickholas | 0     | 4 Venne,Stefan   | 0     |       |       |       |       |
| 24.35             | 26.77 | 24.92            | 27.10 | 24.27 | 27.44 | 23.24 | 25.75 |

|             |      |         |         |   |    |
|-------------|------|---------|---------|---|----|
| 5 Branson A | BRAN | 3:25.00 | 3:24.87 | b | 28 |
|-------------|------|---------|---------|---|----|

|                    |       |                   |       |       |       |       |       |
|--------------------|-------|-------------------|-------|-------|-------|-------|-------|
| 1 Giacoppo,Gabriel | 0     | 2 Dahlgren,Seaver | 0     |       |       |       |       |
| 3 Emunah,Gabriel   | 0     | 4 Coelho,Bruno    | 0     |       |       |       |       |
| 23.23              | 24.90 | 16.91             | 33.09 | 24.14 | 27.04 | 26.60 | 28.96 |

|               |    |         |         |   |    |
|---------------|----|---------|---------|---|----|
| 6 San Marin A | SM | 3:29.05 | 3:26.55 | b | 26 |
|---------------|----|---------|---------|---|----|

|                 |       |                  |       |       |       |       |       |
|-----------------|-------|------------------|-------|-------|-------|-------|-------|
| 1 Prochnow,Noah | 0     | 2 Luis,Nathan    | 0     |       |       |       |       |
| 3 Oga,Peyton    | 0     | 4 Frietzsche,Tom | 0     |       |       |       |       |
| 24.16           | 27.54 | 23.73            | 26.15 | 27.03 | 29.48 | 22.77 | 25.69 |

|                  |      |         |         |   |    |
|------------------|------|---------|---------|---|----|
| 7 Justin Siena A | SIEN | 3:39.00 | 3:32.52 | b | 24 |
|------------------|------|---------|---------|---|----|

|                 |       |                      |       |       |       |       |       |
|-----------------|-------|----------------------|-------|-------|-------|-------|-------|
| 1 Pascual,Iona  | 0     | 2 Sanders,Mathieu    | 0     |       |       |       |       |
| 3 Kowalski,Brix | 0     | 4 Baskerville,Andrew | 0     |       |       |       |       |
| 24.00           | 25.61 | 25.16                | 27.76 | 25.88 | 28.63 | 25.93 | 29.55 |

|            |      |         |         |   |    |
|------------|------|---------|---------|---|----|
| 8 Novato A | NOVA | 3:31.64 | 3:38.25 | b | 22 |
|------------|------|---------|---------|---|----|

|                  |       |                 |       |       |       |       |       |
|------------------|-------|-----------------|-------|-------|-------|-------|-------|
| 1 Brewer,Bennett | 0     | 2 Martin,Dylan  | 0     |       |       |       |       |
| 3 Hernandez,Ryan | 0     | 4 Alciati,Chadd | 0     |       |       |       |       |
| 25.60            | 28.90 | 24.35           | 29.91 | 25.16 | 28.57 | 26.66 | 29.10 |

**Event # 25 WOMENS SENIOR 50Y FREE**

PARALYMPICS 50 YARDS

SEED MEET

**FINAL RESULTS**

|                   |    |      |        |         |   |
|-------------------|----|------|--------|---------|---|
| 1 Shannon Dugdale | SR | NOVA | :56.90 | 1:00.22 | a |
|-------------------|----|------|--------|---------|---|

**PRELIM RESULTS**

|                   |       |      |        |       |   |
|-------------------|-------|------|--------|-------|---|
| 1 Shannon Dugdale | SR    | NOVA | :56.90 | 52.06 | a |
| 24.90             | 27.16 |      |        |       |   |

**Event # 26 WOMENS SENIOR 100Y FREE**

PARALYMPICS 100 YARDS

SEED MEET

**PRELIM RESULTS**