

## MCAL Championships Top Ten All-Time Relay Teams

### Girls

#### 4 x 50 Medley Relay

1	Simkins	Morris	Jasko	Boyle	TERR	01:45.81	2017
2	Sears	Birchenough	Duncan	McCarthy	REDW	01:46.84	2015
3	Cunнан	Morris	Jasko	Boyle	TERR	01:46.96	2016
4	Roth, D	Josef	Parsons	Slater	REDW	01:47.09	2009
5	Roth, D	Josef	DeMont	Slater	REDW	01:47.74	2010
6	Dresel	Sullivan	Dalporto	Raukar	MCAT	01:47.76	2014
7	Cunнан	Morris	Jasko	Boyle	TERR	01:48.11	2015
8	Schlueter	Winkler, B	Fineman	Winkler, M	TAMA	01:48.51	2010
9	Cunнан	Morris	Garrett	Carrade	TERR	01:48.57	2014
10	Sears	Birchenough	Dohoney	Shirado	REDW	01:49.10	2016

### Boys

1	Winder	Farbman	Williams	Heim	TERR	01:35.50	2012
2	Lewczyk	Kurakin	Sowa	Schoenlein	REDW	01:36.02	2017
3	Castro-Abrams	Mercurio	Campbell	Corbridge	SMHS	01:37.01	2012
4	Gehlen	Farbman	Williams	Bigot	TERR	01:37.05	2013
5	De Somma	West	Sowa	Stiles	REDW	01:37.21	2015
6	Kurakin	De Somma	Sowa	Stiles	REDW	01:37.25	2016
7	Cunнан	Peacock	Williams	Turner	TERR	01:37.46	2015
8	Campbell	Campbell	Castro-Abrams	Hardman	SMHS	01:37.75	2013
9	Winder	Dickens	Williams	Heim	TERR	01:38.01	2010
10	Sullivan	Hanson	Hanson	Mason	SFRD	01:38.33	2017

#### 4 x 50 Freestyle Relay

1	Roth, D	Slater	Parsons	DeMont	REDW	01:37.37	2009
2	Raukar	Dresel	Dalporto	Schlafer	MCAT	01:37.58	2013
3	Morris	Jasko	Boyle	Simkins	TERR	01:37.87	2017
4	Slater	Roth, B	Roth, D	DeMont	REDW	01:37.92	2010
5	Kreuzberger	Lee	Dresel	Thomason	MCAT	01:38.17	2012
6	Simkins	Boyle	Gerhold	Jasko	TERR	01:39.01	2016
7	Bellinger	Trautner	Sayadi	Kamai	REDW	01:39.33	2007
8	Simkins	Boyle	Gerhold	Vogelaar	TERR	01:39.37	2015
9	MacDougald	Casey	Eggert	Murphy	MCAT	01:39.41	2008
10	Shepard	McCarthy	Simcock	Traub	REDW	01:39.70	2013

1	Cunнан	Turner	Lechner	Foehr	TERR	01:25.89	2017
2	Claypool	Keller	Sangster	Eggert	MCAT	01:26.86	2007
3	Glenn	Hettler	Andrews	Dahlke	TAMA	01:26.98	2016
4	Bigot	Williams	Love	Heim	TERR	01:27.45	2012
5	Venne	Sears	Mano	Young	SFRD	01:27.47	2014
6	Andrews	Dahlke	Hettler	Carroll	TAMA	01:27.50	2015
7	Carroll	Suski	Hartwig	Suski	MCAT	01:27.58	2012
8	Cereghino	Smith	Hennessy	Smith	SFRD	01:27.70	2000
9	Williams	Cunнан	Peacock	Turner	TERR	01:27.95	2015
10	Peterson	Stiles	West	Cico	REDW	01:28.02	2015

#### 4 x 100 Freestyle Relay

1	Raukar	Dresel	Dalporto	Schlafer	MCAT	03:32.69	2013
2	Kreuzberger	Lee	Dresel	Thomason	MCAT	03:33.34	2012
3	Gerhold	Simkins	Cunнан	Morris	TERR	03:33.58	2016
4	Schlafer	Dresel	Dalporto	Raukar	MCAT	03:33.59	2014
5	Parsons	Livingston	Kamai	Slater	REDW	03:34.75	2008
6	Baca, Ki.	Whalen	Dahlke	Winkler, B	TAMA	03:35.19	2013
7	Roth, B	Livingston	DeMont	Sayadi	REDW	03:35.68	2009
8	Slater	Roth, D	Bellinger	Trautner	REDW	03:36.12	2007
9	Baca, Ka.	Fineman	Baca, Ki.	Winkler, B	TAMA	03:36.71	2012
10	Traub	Shepard	Simcock	McCarthy	REDW	03:36.72	2013

1	De Somma	Sowa	Collins	Kurakin	REDW	03:09.96	2016
2	Cunнан	Turner	Lechner	Mueller	TERR	03:10.59	2017
3	Bigot	Farbman	Sambell	Gehlen	TERR	03:12.02	2013
4	De Somma	Racich	Peterson	Kurakin	REDW	03:12.03	2015
5	Collins	Sowa	Lewczyk	Kurakin	REDW	03:12.76	2017
6	Andrews	Fredrich	Hettler	Dahlke	TAMA	03:13.20	2016
7	Winder	Farbman	Bigot	Gehlen	TERR	03:13.31	2012
8	Bigot	Sambell	Turner	Gehlen	TERR	03:13.43	2014
9	Andrews	Hettler	Dahlke	Carroll	TAMA	03:13.82	2015
10	Davison	Bole	Jabri	Bole	REDW	03:14.44	2011