

MCAL Championships - Girls

Top Ten All-Time Individual Event Swimmers

(as of 2018)

200 FREESTYLE

1	Raukar, C	MCAT	01:48.78	2014
2	McCarthy, E	REDW	01:51.36	2014
3	Roth, D	REDW	01:52.54	2009
4	Becks, D	SMHS	01:52.78	1998
5	Lo, A	SFRD	01:53.53	2008
6	Baca, Kim	TAMA	01:53.88	2012
7	Salmi, A	BRAN	01:53.89	2014
8	Wortzman, Z	TAMA	01:54.42	2018
9	Livingston, M	REDW	01:54.52	2008
10	DalPorto, S	MCAT	01:54.66	2013

200 INDIVIDUAL MEDLEY

1	Morris, H	TERR	02:06.08	2016
2	Livingston, M	REDW	02:07.10	2011
3	Sears, M	REDW	02:07.59	2015
4	Hanley, B	SRAF	02:08.33	1989
5	Campbell, M	SMHS	02:08.38	2013
6	Greenberg, O	REDW	02:08.67	2018
7	Cochrane, S	SMHS	02:08.89	2009
8	Jasko, N	TERR	02:08.92	2018
9	Roberts, M	BRAN	02:09.78	2018
10	Lo, A	SFRD	02:10.15	2007

50 FREESTYLE

1	Murphy, K	MCAT	00:23.03	2009
2	Becks, D	SMHS	00:23.60	2000
3	Berkenfeld, C	SRAF	00:23.81	2018
4	Slater, L	REDW	00:23.85	2009
5	Raukar, C	MCAT	00:23.91	2013
6	Kreuzberger, K	MCAT	00:24.04	2011
7	Thomason, A	MCAT	00:24.08	2012
8	Dahlke, M	TAMA	00:24.10	2015
9	Trautner, E	REDW	00:24.15	2005
10	Shirado, A	REDW	00:24.15	2015

100 BUTTERFLY

1	Ayan-Eaton, J	REDW	00:55.71	2018
2	Dahlke, M	TAMA	00:55.81	2016
3	Dresel, A	MCAT	00:56.02	2014
4	Parsons, K	REDW	00:56.19	2009
5	Campbell, M	SMHS	00:56.49	2013
6	DalPorto, S	MCAT	00:57.18	2015
7	Williams, A	SMHS	00:57.46	2009
8	Duncan, E	REDW	00:57.62	2015
9	Fineman, M	TAMA	00:57.67	2010
10	Lo, K	SFRD	00:57.75	2009

100 FREESTYLE

1	Becks, D	SMHS	00:50.79	2000
2	Raukar, C	MCAT	00:50.84	2014
3	Murphy, K	MCAT	00:50.90	2009
4	Dahlke, M	TAMA	00:51.77	2016
5	Berkenfeld, C	SRAF	00:51.90	2018
6	Birchenough, C	REDW	00:52.04	2017
7	Slater, L	REDW	00:52.12	2009
8	Kreuzberger, K	MCAT	00:52.18	2012
9	Wortzman, Z	TAMA	00:52.20	2018
10	McCarthy, E	REDW	00:52.43	2014

500 FREESTYLE

1	Baca, Kim	TAMA	05:02.01	2012
2	Parker, E	SMHS	05:02.22	2002
3	Roth, D	REDW	05:02.75	2007
4	Sears, M	REDW	05:04.74	2016
5	Dalton, L	SMHS	05:04.90	1994
6	McCarthy, E	REDW	05:05.47	2015
7	Livingston, M	REDW	05:05.61	2009
8	Lo, A	SFRD	05:07.20	2008
9	Carrade, L	TERR	05:10.53	2014
10	Moynihan, B	SFRD	05:13.33	2018

100 BACKSTROKE

1	Raukar, C	MCAT	00:54.98	2013
2	Dresel, A	MCAT	00:55.52	2014
3	Roth, D	REDW	00:55.88	2010
4	Lo, K	SFRD	00:57.35	2009
5	Salmi, A	BRAN	00:57.77	2014
6	Berkenfeld, C	SRAF	00:58.67	2017
7	Greenberg, O	REDW	00:58.73	2018
8	Fineman, M	TAMA	00:58.83	2011
9	Miller, S	REDW	00:58.88	1985
10	Cunnam, M	TERR	00:59.13	2016

100 BREASTSTROKE

1	Morris, H	TERR	01:02.96	2017
2	Winkler, B	TAMA	01:03.27	2012
3	Alvarez, L	SFRD	01:03.46	2010
4	Alvarez, J	SFRD	01:03.88	2010
5	Jasko, N	TERR	01:04.46	2018
6	Livingstone, M	REDW	01:04.75	2011
7	Yamagata, T	NOVA	01:04.91	2009
8	Birchenough, C	REDW	01:05.00	2018
9	Alvarez, E	SFRD	01:05.41	2005
10	Beaty, C	NOVA	01:06.14	2014