

MCAL Championships - Girls

Top Ten All-Time Individual Event Swimmers

200 FREESTYLE

1	Raukar, C	MCAT	01:48.78	2014
2	McCarthy, E	REDW	01:51.36	2014
3	Roth, D	REDW	01:52.54	2009
4	Becks, D	SMHS	01:52.78	1998
5	Lo, A	SFRD	01:53.53	2008
6	Baca, Kim	TAMA	01:53.88	2012
7	Salmi, A	BRAN	01:53.89	2014
8	Livingston, M	REDW	01:54.52	2008
9	DalPorto, S	MCAT	01:54.66	2013
10	Wortzman, Z	TAMA	01:55.71	2017

200 INDIVIDUAL MEDLEY

Morris, H	TERR	02:06.08	2016
Livingston, M	REDW	02:07.10	2011
Sears, M	REDW	02:07.59	2015
Hanley, B	SRAF	02:08.33	1989
Campbell, M	SMHS	02:08.38	2013
Cochrane, S	SMHS	02:08.89	2009
Lo, A	SFRD	02:10.15	2007
Baca, Kim	TAMA	02:10.74	2013
Alvarez, J	SFRD	02:10.82	2010
Alvarez, L	SFRD	02:10.94	2010

50 FREESTYLE

1	Murphy, K	MCAT	00:23.03	2009
2	Becks, D	SMHS	00:23.60	2000
3	Slater, L	REDW	00:23.85	2009
4	Raukar, C	MCAT	00:23.91	2013
5	Kreuzberger, K	MCAT	00:24.04	2011
6	Thomason, A	MCAT	00:24.08	2012
7	Dahlke, M	TAMA	00:24.10	2015
8	Trautner, E	REDW	00:24.15	2005
9	Shirado, A	REDW	00:24.15	2015
10	Williams, A	SMHS	00:24.21	2010

100 BUTTERFLY

Dahlke, M	TAMA	00:55.81	2016
Dresel, A	MCAT	00:56.02	2014
Parsons, K	REDW	00:56.19	2009
Campbell, M	SMHS	00:56.49	2013
DalPorto, S	MCAT	00:57.18	2015
Williams, A	REDW	00:57.46	2009
Duncan, E	TAMA	00:57.62	2015
Fineman, M	SMHS	00:57.67	2010
Lo, K	SFRD	00:57.75	2009
Ayan-Eaton, J	REDW	00:57.82	2016

100 FREESTYLE

1	Becks, D	SMHS	00:50.79	2000
2	Raukar, C	MCAT	00:50.84	2014
3	Murphy, K	MCAT	00:50.90	2009
4	Dahlke, M	TAMA	00:51.77	2016
5	Birchenough, C	REDW	00:52.04	2017
6	Slater, L	REDW	00:52.12	2009
7	Kreuzberger, K	MCAT	00:52.18	2012
8	McCarthy, E	REDW	00:52.43	2014
9	Thomason, A	MCAT	00:52.47	2012
10	Sundberg, A	REDW	00:52.50	2002

500 FREESTYLE

Baca, Kim	TAMA	05:02.01	2012
Parker, E	SMHS	05:02.22	2002
Roth, D	REDW	05:02.75	2007
Sears, M	REDW	05:04.74	2016
Dalton, L	SMHS	05:04.90	1994
McCarthy, E	REDW	05:05.47	2015
Livingston, M	REDW	05:05.61	2009
Lo, A	SFRD	05:07.20	2008
Carrade, L	TERR	05:10.53	2014
Moynihan, B	SFRD	05:15.43	2017

100 BACKSTROKE

1	Raukar, C	MCAT	00:54.98	2013
2	Dresel, A	MCAT	00:55.52	2014
3	Roth, D	REDW	00:55.88	2010
4	Lo, K	SFRD	00:57.35	2009
5	Salmi, A	BRAN	00:57.77	2014
6	Berkenfeld, C	SRAF	00:58.67	2017
7	Fineman, M	TAMA	00:58.83	2011
8	Miller, S	REDW	00:58.88	1985
9	Cunnam, M	TERR	00:59.13	2016
10	Schlueter, E	TAMA	00:59.39	2009

100 BREASTSTROKE

Morris, H	TERR	01:02.96	2017
Winkler, B	TAMA	01:03.27	2012
Alvarez, L	SFRD	01:03.46	2010
Alvarez, J	SFRD	01:03.88	2010
Livingstone, M	REDW	01:04.75	2011
Yamagata, T	NOVA	01:04.91	2009
Birchenough, C	REDW	01:05.14	2017
Alvarez, E	SFRD	01:05.41	2005
Beaty, C	NOVA	01:06.14	2014
Kamai, E	REDW	01:06.89	2006