

MCAL 2017 – 2018 MEETING SCHEDULE

June 1, 2017

2017 Fall Season

| | <u>Pre-season All @ MCAL</u> | <u>Post Season</u> |
|-----------------------------|------------------------------|-----------------------------------|
| Football | August 17 7pm | November 13 @ Terra Linda 6:00 pm |
| Golf, Girls | August 17 5pm | October 18 @ Drake 4pm |
| Volleyball, Girls | August 17 7pm | *November 13 @ Branson 6:00 pm |
| Cross Country, Boys & Girls | August 17 5pm | November 14 @ MCAL @ 5pm |
| Waterpolo, Boys & Girls | August 17 7 pm | *November 13 @ Novato @ 6:00 |
| Tennis, Girls | August 17 7pm | *November 13 @ Tamalpais 6 pm |

• All league nominations due Oct. 30th.

2018 Winter Season

| | | |
|--------------------------|--------------------|---------------------------------|
| Wrestling | Oct. 25 6 pm @ MC* | March 6 6 pm @ San Marin |
| Basketball, Girls & Boys | Oct. 25 6 pm @ MC* | *** Sat. Feb. 10 9:30 am @ MCAL |
| Soccer, Girls & Boys | Oct. 25 6 pm @ MC* | **February 12 6 pm @ Redwood |

*In student center

** All league nominations due Jan 29

*** All league nominations due Feb 5

2018 Spring Season

| | | |
|-----------------------------|------------------------|------------------------|
| Tennis, Boys | January 22@ Tam @ 6 pm | *May14@ T 5:30 pm |
| Swimming & Diving | January 22@ TL @ 6pm | May 14 @ 5:30 pm |
| Volleyball, Boys | January 22@ B @ 6 pm | *May14@ B 5:30 pm |
| Softball | January 22@ SM @ 6pm | **May 12@ MCAL 9:30 am |
| Track & Field, Boys & Girls | January 24@ MCAL @ 5pm | May 15@ MCAL 5pm |
| Golf, Boys | January 22 @ D @ 4pm | May 3 @ D 4pm |
| Baseball | January 22 @ TL @ 6 pm | **May 12@MCAL 9:30 am |
| Lacrosse B & G | January 22 @ MC @ 6 pm | *May 14 @ MC 5:30 pm |

* All league nominations due April 30

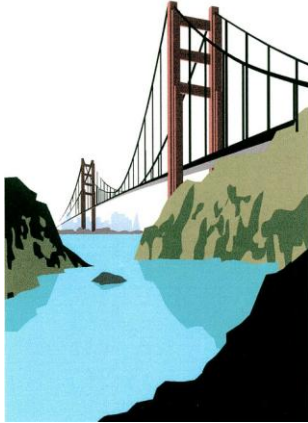
** All league nominations due May 7

Coaches Education—all classes are held at Marin Catholic in the library and starts @ 8am

| | | |
|--------|-------------------------------------|---------------------|
| Fall | 1. Coaching Principles | Saturday August 12 |
| | 2. CPR & Sports 1 st Aid | Sunday August 13 |
| Winter | 1. Coaching Principles | Saturday November 4 |
| | 2. CPR & Sports 1 st Aid | Sunday November 5 |
| Spring | 1. Coaching Principles | Saturday February 3 |
| | 2. CPR & Sports 1 st Aid | Sunday February 4 |

Pre-registration is required for Saturday
to register go to mcalsport.org

Walk-ins welcome Sunday



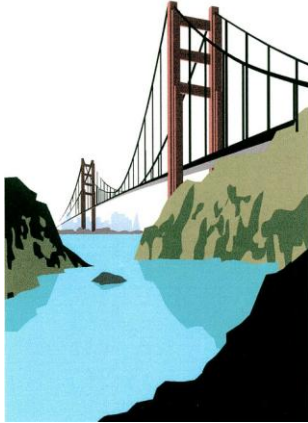
Marin County Athletic League

Susie Woodall, Commissioner Rich Woodall, Assistant Commissioner
 333 Doherty Drive Larkspur, CA. 94939
 415-924-4424 mcald@marinschools.org 415-924-6430 (fax)

2017 Fall Season

| | <u>Pre-season</u> | <u>Post Season</u> |
|--|-------------------------------|---|
| | <i>All @ MCAL</i> | Local Sites |
| | 375 Doherty Dr. | |
| | Larkspur | |
| Football | August 17 7pm | *November 13 @ Terra Linda 6:00 pm |
| Steve Farbstein | Meeting Room B (Southside) | Staff Lounge across from main office |
| Golf, Girls | August 17 5pm | October 18 @ Drake 4pm |
| Nate Severin | Meeting Room B (Southside) | Staff Lounge |
| Volleyball, Girls | August 17 7pm | *November 13 @ Branson 6:00 pm |
| Tom Ryan | Creekside | Study Hall, lower campus behind gym |
| Cross Country, Boys & Girls | August 17 5pm | November 14 @ MCAL @ 5pm |
| Rich Woodall | Creekside | MCAL 375 Doherty, meeting Rm |
| Waterpolo, Boys & Girls | August 17 7 pm | *November 13 @ Novato @ 6:00 |
| Nolan Godfrey & George Nessman | Mountain Side | |
| Tennis, Girls | August 17 7pm | *November 13 @ Tamalpais 6 pm |
| Christina Amoroso | Creekside | library |

***All league nominations due Oct. 30th for all sports to the MCAL office**
Email mcald@marinschools.org or fax [415-924-6430](tel:415-924-6430)



Marin County Athletic League

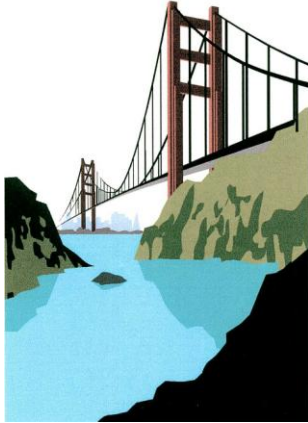
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2018 Winter Season

| | <u>Pre-season</u> | <u>Post Season</u> |
|--|--------------------|--|
| Wrestling Dennis Davis | Oct. 25 6 pm @ MC* | March 6 6 pm @ San Marin |
| Basketball, Girls & Boys Adam Callan & Nolan Godfrey | Oct. 25 6 pm @ MC* | ** Sat. Feb. 10 9:30 am @ MCAL |
| Soccer, Girls & Boys Jessica Peisch | Oct. 25 6 pm @ MC* | **February 12 6 pm @ Redwood Kreps hall |

*In student center

****All league nominations due Jan 29th for all soccer & February 5th for basketball to the MCAL office**
 Email mcall@marinschools.org or fax [415-924-6430](tel:415-924-6430)



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 415-924-4424 mcal@marinschools.org 415-924-6430 (fax)

2018 Spring Season

| | | |
|--|--------------------------------------|-------------------------------------|
| Tennis, Boys | January 22@ Tam @ 6 pm | *May14@ T@ 5:30 pm |
| Christina Amoroso | library | library |
| Swimming & Diving | January 22@ TL @ 6pm | May 14 @ 5:30 |
| George Nessman | cafeteria | TL portable |
| Volleyball, Boys | January 22@ B @ 6 pm | *May14@ B 5:30 |
| Tom Ryan | Study Hall, lower campus behind gym | Study Hall, lower campus behind gym |
| Softball | January 22@ SM @ 6pm | *May 12@ MCAL 9:30 am |
| Craig Pitti | | Creekside |
| Track & Field, Boys & Girls | January 24@ MCAL @ 5pm | May 15@ MCAL 5pm |
| Rich Woodall | Meeting Room B (Southside) | Meeting Room B (Southside) |
| Golf, Boys | January 22 @ D @ 4pm | May 3 @ D 4pm |
| Nate Severin | Staff Lounge | Staff Lounge |
| Baseball | January 22 @ TL @ 6 pm | *May 12@MCAL 9:30 am |
| Steve Farbstein | Staff Lounge across from main office | Mountain View |
| Lacrosse B & G | January 22 @ MC @ 6 pm | *May 14@MC 5:30 |
| Adam Callan, SR AD | library | library |

***All league nominations due April 30th for all sports except baseball & softball which are due May 7th to the MCAL office**

**Email Rich: mcal1@marinschools.org or fax [415-924-6430](tel:415-924-6430)
 For baseball and softball MUST be emailed to Susie mcal@marinschools.org please
 NO FAX**