

# Coaching Education

## Marin County Athletic League 2017 -2018

The Marin County Athletic League and the CIF requires that all persons who coach must have attended and passed a Coaching Education course. The league offers Coaching Education courses to their coaches based on the text of the **AMERICAN SPORTS EDUCATION PROGRAM** "Successful Coaching" and materials from the **CALIFORNIA INTERSCHOLASTIC FEDERATION**. Coaches who pass the **ASEP** and **CIF** tests will receive a lifetime diploma from ASEP. Coaches who attend the Sports First Aid & CPR course will receive a 2-year certification.

MCAL member schools pay the registration fee for the MCAL coaches. Coaches from outside of the MCAL are invited to join the MCAL classes. The fee for coaches outside of the MCAL is \$100.00 for the Coaching Education course and \$25.00 for the First Aid & CPR course. The fees cover text, instructor, initial testing, certification, and lunch.

All courses are held at: **Marin Catholic High School Library**  
**675 Sir Francis Drake Blvd.**  
**Kentfield, California 94904**

**THE COACHING PRINCIPLES COURSE** covers coaching philosophy, coaching styles, communication, motivation, setting goals, season planning, teaching sports skills, off-season training, risk management, self-management, and team management. The course is offered three times a year.

**Dates offered... register for one only...**

**Saturday, AUGUST 12<sup>th</sup>    Saturday, NOVEMBER 4<sup>th</sup>    Saturday, FEBRUARY 3<sup>th</sup>**

The Saturday course starts at 7:45 and ends at 4:30. Lunch is included

**THE SPORTS FIRST AID & CPR** course covers basic sports first aid and a 2-year CPR certification. The course is offered three times a year.

**Dates offered...**

**Sunday, AUGUST 13<sup>th</sup>    Sunday, NOVEMBER 5<sup>th</sup>    Sunday, FEBRUARY 4<sup>th</sup>**

The Sunday course starts at 7:45 and ends at 11:45

**PRE-REGISTRATION IS REQUIRED FOR THE Coaching Principles Class...DROP IN IS OK FOR THE CPR Class...**

**To register for classes, please visit our website at [MCALsports.org](http://MCALsports.org) and fill out the required registration form and FAX to the MCAL office at the number below.**

For more information contact: MARIN COUNTY ATHLETIC LEAGUE OFFICE

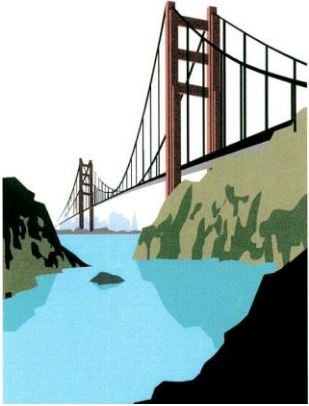
Rich Woodall, Program Coordinator

333 Doherty Drive

Larkspur, California 94939

Phone number: 415-924-4424 FAX 415-924-6430 Email [mc1@marinschools.org](mailto:mc1@marinschools.org) Website [MCALsports.org](http://MCALsports.org)

**REQUIRED REGISTRATION FOR SATURDAY COACHING EDUCATION CLASS**



**Marin County Athletic League**

Susie Woodall, Commissioner  
Rich Woodall, Asst. Commissioner & Program Coordinator  
333 Doherty Drive Larkspur, CA. 94939  
415-924-4424 mcal1@marinschools.org 415-924-6430 (fax)

PLEASE PRINT OUT, FILL IN, AND FAX OR EMAIL TO THE NUMBER ABOVE

**REGISTRATION FORM COACHING PRINCIPLES COURSE**

ALL AREAS MUST BE FILLED IN....( Please print clearly )

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

TELEPHONE: Home \_\_\_\_\_ Cell: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

**PLEASE PRINT**

ASEP NUMBER:

**THIS NUMBER WILL BE GIVEN TO YOU THE DAY OF THE COURSE**

SCHOOL WHERE YOU COACH: \_\_\_\_\_

SPORT & LEVEL: \_\_\_\_\_

DATE ATTENDING \* (Please circle one): AUGUST 12th    NOVEMBER 4th    FEBRUARY 3rd  
Marin Catholic High School Library 7:45 to 4:30

**LUNCH IS PROVIDED PLEASE NOTE WHICH KIND OF SANDWICH YOU WOULD LIKE:**

\_\_\_\_\_-TURKEY\_\_\_\_\_- TURKEY W/AVACADO\_\_\_\_\_- HAM\_\_\_\_\_- ROAST BEEF\_\_\_\_\_- VEGGIE

**QUESTIONS PLEASE CONTACT: Rich Woodall, Program coordinator**

\*Please be considerate of others...if your plans change and you cannot attend the class please notify the MCAL Office 48hrs in advance so someone can fill your reserved spot. Failure to do so results in a \$50 charge.